

# Sammenlagtresultat

3 løp teller

Class	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
<b>D11-12</b>							
1	<b>Nanna Dybdal Abrahamsen</b> Aarhus 1900	01:13:02 2991	24:32-10 883	32:37-2 991	28:42-3 944	21:03-1 1000	19:22-1 1000
2	<b>Ellen Dyrhaug Mo</b> Østmarka OK	01:08:28 2943	19:32-2 983	34:36-3 951	25:54-1 1000	23:02-2 960	22:51-6 930
3	<b>Ida Tiltnes</b> IL Tyrving	01:07:21 2931	20:38-5 961	37:31-6 893	26:43-2 983	25:24-4 913	20:00-2 987
4	<b>Inger Anita Tollehaug</b> Eiker OL	01:20:33 2840	22:58-9 914	34:43-4 949	39:44-13 723	24:09-3 938	21:41-4 953
5	<b>Marion Rønning Huber</b> Tynset IF	01:27:19 2802	32:54-17 715	32:10-1 1000	33:41-8 844		21:28-3 958
6	<b>Henriette Kløvstad</b> Sandefjord OK	01:09:37 2789	18:41-1 1000	42:26-10 794	32:17-6 872	27:17-7 875	23:39-7 914
7	<b>Lisa Jørandli</b> Synnfjell OK	01:12:32 2731	20:20-3 967	38:15-7 878	35:10-11 814	26:53-6 883	25:19-9 881
8	<b>Ingrid Berge</b> IL Tyrving	01:17:27 2729	20:27-4 964	41:59-9 803	30:41-5 904		26:19-10 861
9	<b>Ida Bobach</b> Silkeborg OK	01:26:19 2724	25:40-12 860	35:32-5 932	34:37-9 825	26:13-5 896	24:34-8 896
10	<b>Anette Blix</b> Sandefjord OK	01:23:07 2616	20:47-6 958	46:13-14 719	29:46-4 922	38:58-12 641	32:34-12 736
11	<b>Astri Marie Remme</b> Porsgrunn OL	01:42:14 2536	31:20-15 747	38:35-8 871	32:35-7 866	31:04-10 799	
12	<b>Maren Kopland</b> Modum OK	01:30:58 2492	28:44-14 799	43:39-13 770	34:55-10 819	27:19-8 874	
13	<b>Silje Borge Hovi</b> Skien OK	01:44:15 2449	22:55-8 915	42:58-12 784	38:22-12 750		
14	<b>Synnøve Lofthus</b> Lillehammer OK	01:35:23 2418			44:39-16 625	28:00-9 861	22:44-5 932
15	<b>Hanne Kristine Jørgensen</b>	01:28:17	22:52-7	50:50-16	1:01:23-19	31:48-11	33:37-13

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Oddersjaa SSK	2416	916	626	290	785	715
16	<b>Elin-Kristin Hem</b>	01:40:32	25:25-11	48:56-15	41:25-14	40:03-13	33:42-14
	Sandefjord OK	2267	865	664	689	620	713
17	<b>Malene Christine Sævareid</b>	01:48:24	34:55-18	1:16:57-18	44:26-15	41:56-14	29:03-11
	Fana IL	2110	675	104	629	582	806
18	<b>Marita Grønhovd</b>	01:57:03	32:11-16	42:28-11	49:47-17	42:24-15	40:50-17
	Modum OK	2097	730	794	522	573	570
19	<b>Ingrid Gran Stiansen</b>	01:55:49	26:13-13	51:55-17	1:00:03-18		37:41-15
	Nydalens SK	2087	849	605	317		633
20	<b>Marit Grammeltvedt</b>	01:28:07				48:25-16	39:42-16
	Porsgrunn OL	1045				452	593
21	<b>Idunn Slettemark Silseth</b>	02:02:00			1:08:31-20	53:29-17	
	Varegg IL	498			147	351	

### **D11-12N**

1	<b>Nina Jeanette Tollehaug</b>	50:50	18:58-9	25:26-8	19:34-2	19:42-1	11:34-2
	Eiker OL	2245	700	632	749	750	746
2	<b>Vilde Ydse</b>	47:51	16:28-1	19:33-1		21:51-2	11:50-3
	OK Sør	2241	750	750		707	741
3	<b>Anne-Tine Markset</b>	48:58	16:55-5		19:31-1		12:32-4
	IL Koll	2218	741		750		727
4	<b>Belinda Jørandli</b>	53:12	22:28-17	21:38-2	20:11-3	22:58-3	11:23-1
	Synnfjell OK	2194	630	708	736	684	750
5	<b>Linn Kristin Gjesdal</b>	53:16	16:42-3	59:03-24	23:13-8	29:16-12	13:21-6
	Varegg IL	2131	745	0	676	558	710
6	<b>Gunhild Rogne Halland</b>	55:46	19:01-10	23:57-5	22:11-5	37:53-22	14:34-12
	Varegg IL	2081	699	662	696	386	686
7	<b>Eline Freim</b>	59:50		22:05-3	22:42-6	31:49-14	15:03-14
	Odda OL	2061		699	686	507	676
8	<b>Trine Elise Vestvik</b>	57:09	18:04-7	23:36-4	24:15-11	42:26-24	15:29-15
	Haugesund IL	2055	718	669	655	295	668
9	<b>Trine Enger</b>	57:13	16:28-1	24:43-7	25:03-14	28:31-10	16:02-18

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
	Modum OK	2053	750	646	639	573	657
10	<b>Lene Ingvaldsen</b>	57:55	18:22-8	25:55-9	25:07-15	31:15-13	14:26-10
	TIF Viking	2039	712	622	638	519	689
11	<b>Unni Øygaard</b>	59:17	16:47-4	26:57-12	26:51-16	29:07-11	15:39-16
	Løten OL	2010	743	602	603	561	664
12	<b>Jenny Berger Myhre</b>	59:36	22:29-18		22:52-7	43:06-25	14:15-9
	Sandefjord OK	2004	629		683	282	692
13	<b>Nomy Mong</b>	01:02:27	21:14-15	26:11-10	35:40-21	37:49-21	15:02-13
	Egersund OK	1948	654	617	427	387	677
14	<b>Hanne Merere Kristensen</b>	01:11:20	17:48-6	29:26-16	24:06-10		
	Måren OK	1933	723	552	658		
15	<b>Margit Veronica Kjemperud</b>	01:11:54	20:36-13	27:17-13	24:01-9		
	LF-Hønefoss Orientering	1922	667	595	660		
16	<b>Marte Nordrik Hallan</b>	01:12:31	20:54-14	24:42-6	28:57-17	26:55-7	
	Lillomarka OL	1913	661	647	561	605	
17	<b>Elina P. Valestrand</b>	01:04:33	22:27-16	26:21-11	24:22-12	36:00-18	17:44-22
	Risnes IL	1906	630	614	653	424	623
18	<b>Hanna Kolstad</b>	01:18:28			24:28-13	33:08-15	20:52-25
	Lillehammer OK	1692			651	481	560
19	<b>Ingeborg Alvheim</b>	01:24:40	20:31-12	31:57-17	32:12-20		
	IL Strand-Ulv	1667	669	502	496		
20	<b>Ingrid Granly</b>	01:29:25	25:47-22	51:24-23	29:28-18	34:10-16	27:29-27
	Lillomarka OL	1574	563	113	551	460	428
21	<b>Sunniva Sandvik Førde</b>	01:24:44			47:43-26	23:34-5	13:27-7
	Sveio OL	1566			186	672	708
22	<b>Cecilie Larsen</b>	01:32:02	23:41-20	1:02:18-25	30:37-19	37:44-20	
	IK Grane	1522	605	0	528	389	
23	<b>Marie Håversen</b>	01:24:04	27:49-23	34:46-18	44:07-25	35:45-17	21:29-26
	Østmarka OK	1516	523	445	258	429	548
24	<b>Ragnhild Femsteinevik</b>	01:25:08	31:42-25	48:38-22	36:24-22	40:28-23	17:02-20
	IL Strand-Ulv	1494	445	168	412	334	637
25	<b>Monica Strand</b>	01:26:15	30:08-24	40:51-20	39:51-23	36:58-19	19:09-24

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Måren OK	1474	476	324	343	404	594
26	<b>Andrea Holst</b>	01:26:20	24:09-21	47:54-21	47:45-27	1:07:53-27	14:26-10
	Varegg IL	1470	596	183	185	0	689
27	<b>Ragnhild Frugård</b>	01:27:23	22:38-19			47:36-26	17:09-21
	Stord IL	1452	626			192	634
28	<b>Karoline Anisdahl</b>	41:23				27:36-8	13:47-8
	Oppsal IF	1294				592	702
29	<b>Maren Nygård Basso</b>	41:26		28:16-14			13:10-5
	IL Skjalg	1289		575			714
30	<b>Ida Elisabeth Staff</b>	41:52				25:41-6	16:11-19
	IL Imås	1284				630	654
31	<b>Julie Heide Lund</b>	50:14		28:26-15	21:48-4		
	Kjose IL	1276		572	704		
32	<b>Idunn Slettemark Silseth</b>	39:10	20:28-11				18:42-23
	Varegg IL	1273	670				603
33	<b>Solveig Blandkjenn</b>	43:53				28:00-9	15:53-17
	Kristiansand OK	1244				584	660
34	<b>Ine Elene Nilsen</b>	01:54:35	34:09-26	38:23-19	42:03-24		
	IK Grane	1068	396	373	299		
35	<b>Liv Mari Corneliussen Rustad</b>	23:30				23:30-4	
	Nittedal OL	674				674	

### **D13**

1	<b>Rannveig Øverøyen</b>	01:32:32	19:16-1	39:24-1	33:52-1	41:04-1	29:14-1
	IL Tyrving	3000	1000	1000	1000	1000	1000
2	<b>Ingrid Skantze</b>	01:50:15	24:16-2	58:44-4	51:48-3	53:38-4	32:21-2
	IL Tyrving	2585	900	613	641	748	937
3	<b>Siri Vilberg</b>	02:07:46	30:57-4	50:02-2	54:26-4	46:47-2	
	Lillomarka OL	2438	766	787	588	885	
4	<b>Line Klyve</b>	02:16:23	1:01:04-7	1:17:05-7	50:48-2	52:51-3	32:44-3
	Oppsal IF	2355	164	246	661	764	930
5	<b>Ragnhild Grøndahl</b>	02:03:44	29:16-3	1:09:14-6	1:01:15-6	55:49-5	38:39-4

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Lillomarka OL	2316	800	403	452	705	811
6	<b>Lisbeth Voll</b>	02:14:23	36:28-5	55:09-3	1:07:33-7	59:30-6	42:46-5
	Haugesund IL	2070	656	685	326	631	729
7	<b>Marie Dybdal Abrahamsen</b>	02:33:10	39:25-6		1:00:59-5	1:01:43-7	52:02-6
	Aarhus 1900	1728	597		457	587	544
8	<b>Corinne Hess</b>	01:03:55		1:03:55-5			
	OLV Hindelbank	509		509			

### **D13-16C**

1	<b>Grete Smedberg</b>	01:18:04	22:53-1	47:41-3	28:18-1	41:04-5	26:53-1
	Eiker OL	2250	750	641	750	639	750
2	<b>Kine Mong</b>	01:32:58	24:03-2	53:29-5	33:24-2	35:31-1	
	Egersund OK	2124	726	525	648	750	
3	<b>Ingrid Falck</b>	01:58:32	37:59-7	46:52-2	49:16-9	38:58-3	32:42-4
	Stavanger OK	1972	448	658	330	681	633
4	<b>Ingvild Jon</b>	01:41:16	26:37-4	1:04:16-9	43:13-4	39:57-4	34:42-6
	Måren OK	1929	675	310	451	661	593
5	<b>Corinne Hess</b>	01:53:31			46:21-8	35:52-2	31:18-2
	OLV Hindelbank	1793			389	743	661
6	<b>Therese Mogstad</b>	02:13:30	53:39-9	49:11-4	44:01-5	49:53-8	34:26-5
	Fana IL	1672	134	611	435	462	599
7	<b>Vilde Eia Holtung</b>	02:02:54		1:03:05-6	41:29-3	49:40-7	31:45-3
	OL Trollo	1605		333	486	467	652
8	<b>Mari Flatekval</b>	02:00:24	35:56-6	1:20:03-10	44:05-6	43:15-6	41:13-7
	Oppsal IF	1547	489	0	434	595	463
9	<b>Randi Damgaard</b>	02:15:13		42:16-1	45:48-7		47:09-8
	OL Trollo	1494		750	400		344
10	<b>Ruth Helen Bøe</b>	02:07:41	24:24-3		56:03-10		47:14-9
	Varegg IL	1257	719		195		343
11	<b>Marte Melnes</b>	01:34:17	30:27-5	1:03:50-8			
	Lillehammer OK	916	598	318			
12	<b>Emilie Veggeland Knudsen</b>	39:20	39:20-8				

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
	Oddersjaa SSK	421	421				
13	<b>Mina Lund Roland</b>	01:03:07		1:03:07-7			
	IF Sturla	333		333			
<b>D13-16N</b>							
1	<b>Anne Katrine Straume</b>	01:04:02	15:39-1	33:45-3	27:37-1	20:46-1	17:18-2
	Drangedal OL	2250	750	628	750	750	746
2	<b>Tone Vollen</b>	01:12:22	16:54-2	27:39-1	27:49-2	26:52-3	19:15-4
	Rond OL	2221	725	750	746	628	707
3	<b>Karoline B. Øksenholt</b>	01:07:13	20:16-4	32:59-2	29:49-3	25:24-2	17:08-1
	Skien OK	2113	657	643	706	657	750
4	<b>Ragnhild B. Bjerknes</b>	01:20:56	19:21-3	36:30-4	1:03:39-6		25:05-5
	Kjose IL	1840	676	573	29		591
5	<b>Guro Rosseland</b>	01:22:48	26:16-7		37:34-5	36:25-5	18:58-3
	Odda OL	1801	537		551	437	713
6	<b>Sabrina Hintermann</b>	01:28:19	23:28-5	50:45-7	33:35-4	31:16-4	
	OLG Basel	1763	593	288	630	540	
7	<b>Ingrid Frugård</b>	01:40:06	30:04-8	40:46-5			29:16-6
	Stord IL	1455	461	487			507
8	<b>Ida Cristine Brårmo</b>	01:48:26	23:59-6	48:56-6	1:11:05-7	55:20-6	35:31-7
	OK Skeidi	1289	583	324	0	58	382
<b>D14</b>							
1	<b>Kine H. Steiwer</b>	01:59:46	20:29-1	58:59-1	40:18-1	37:15-1	27:22-1
	Lillomarka OL	3000	1000	1000	1000	1000	1000
2	<b>Tone Marie Jørgensen</b>	01:52:32	23:43-2	1:01:07-2	49:38-4	46:19-2	27:42-2
	Oddersjaa SSK	2885	935	957	813	818	993
3	<b>Päivi Nieminen</b>	02:01:42	24:55-4	1:01:56-3	55:37-8		34:51-3
	Keravan Urheilijat	2702	911	941	693		850
4	<b>Heidi Ø. Bjøntegaard</b>	02:28:16	24:27-3	1:09:43-6	54:06-5	1:11:58-8	49:03-8
	Kongsberg OL	2429	920	785	724	305	566
5	<b>Silje Rognsvåg</b>	02:49:06	39:05-12	1:07:54-5	49:33-3	51:39-5	44:59-6

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Fana IL	2348	628	821	815	712	647
6	<b>Britt Kari Legård</b>	02:31:46	28:15-5	1:12:23-7	1:04:41-10	51:08-4	1:01:56-10
	Odda OL	2298	844	732	512	722	308
7	<b>Beate Wollen Steen</b>	02:03:36	31:18-9	1:27:40-11	56:37-9	1:14:53-9	35:41-4
	Fana IL	2289	783	426	673	247	833
8	<b>Kine Gulliksen</b>	02:03:20	29:53-7			55:04-6	38:23-5
	Sandefjord OK	2234	812			643	779
9	<b>Susan Bøbel</b>	02:43:38	34:38-10	1:13:37-8	55:23-7		
	IL Imås	2122	717	707	698		
10	<b>Ingrid Damgaard</b>	03:03:29		1:18:58-9	54:20-6	50:11-3	
	OL Trollo	2060		600	719	741	
11	<b>Helene Johansen</b>	02:34:29	28:42-6	1:07:40-4			58:07-9
	OK Moss	2046	835	826			385
12	<b>Oda Ildahl Svendsen</b>	02:51:17	30:28-8	1:31:18-12	49:31-2		
	IF Sturla	1968	800	353	815		
13	<b>Heidi Dybesland</b>	02:21:23	36:26-11	1:26:49-10	1:10:46-11	59:48-7	45:09-7
	Søgne & Songdalen OK	1874	681	443	390	549	644

### **D15**

1	<b>Benedikte Wiig Bøen</b>	02:11:33	46:00-8	1:04:04-2	47:36-1	48:07-1	35:50-2
	Porsgrunn OL	2999	566	720	1000	1000	999
2	<b>Guro Flatekval</b>	02:14:38	29:11-4	1:06:04-4	48:28-2	50:21-3	35:49-1
	Oppsal IF	2937	902	680	982	955	1000
3	<b>Adele Johannessen</b>	02:07:34	24:18-1	50:04-1	53:37-5	53:12-4	41:20-5
	Oddersjaa SSK	2898	1000	1000	879	898	889
4	<b>Sina Blix</b>	01:54:02	27:46-2	1:04:23-3	51:34-3	49:38-2	36:38-3
	Sandefjord OK	2882	930	713	920	969	983
5	<b>Anette Schive</b>	02:04:45	28:20-3	1:06:07-5	59:55-7	57:31-6	38:54-4
	OK Moss	2669	919	679	753	812	938
6	<b>Ingrid Berger Myhre</b>	02:06:58	31:35-5	1:24:09-7	52:08-4	1:12:36-8	43:15-7
	Sandefjord OK	2614	854	318	909	510	851
7	<b>Sissel Emmerense Hovda</b>	02:10:49	31:38-6	1:17:12-6	55:50-6	1:03:30-7	43:21-8

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
	Haugesund IL	2537	853	457	835	692	849
8	<b>Toril Granly</b>	02:39:33	32:16-7	1:24:13-8	1:28:53-8	1:51:54-10	43:04-6
	Lillomarka OL	2012	840	317	174	0	855
9	<b>Line Okkenhaug</b>	01:46:09				56:19-5	49:50-9
	Verdal OK	1555				836	719
10	<b>Liv Kolås</b>	04:52:25	1:01:37-9	2:36:38-9		1:40:49-9	01:14:10-10
	OL Vallset -Stange	486	253	0		0	233

### D16

1	<b>Lone K. Brochmann</b>	02:10:30	30:56-1	54:22-1	45:12-1	50:25-2	30:12-1
	Eiker OL	3000	1000	1000	1000	991	1000
2	<b>Siri Svendsen</b>	02:17:14	31:27-2	55:47-2	49:40-4	50:00-1	33:35-3
	Fossum IF	2960	989	971	910	1000	932
3	<b>Marie Bakkehaug</b>	01:55:52	35:17-5	59:16-3	48:47-3	55:57-4	31:48-2
	Sandefjord OK	2809	913	902	928	881	968
4	<b>Sigrid Ringdalen Vatne</b>	02:17:02	31:37-3	1:08:38-4	47:40-2	57:45-5	39:26-6
	Mo OK	2781	986	714	950	845	815
5	<b>Inglin Sognnæs</b>	02:01:53	35:04-4	01:15:37-6	51:39-5	1:09:00-6	35:10-4
	Bergens TF	2688	917	575	871	620	900
6	<b>Vibeke Giil</b>	02:08:25	38:21-6	1:26:19-7	52:53-6	52:13-3	37:51-5
	Rond OL	2653	851	361	846	955	847
7	<b>Maren Sommerstad Juveli</b>	02:54:30	51:56-8	1:11:11-5	1:03:28-7	1:18:45-7	39:51-7
	Konnerud IL	2104	580	663	634	425	807
8	<b>Kristin Heivoll</b>	02:34:24	44:26-7	1:51:42-8	1:05:29-8	1:21:13-8	44:29-8
	Søgne & Songdalen OK	2038	730	0	594	375	714

### D17-20AL

1	<b>Kristin Øverøyen</b>	02:22:25	32:30-1	58:55-1	51:00-1		
	IL Tyrving	3000	1000	1000	1000		
2	<b>Ragnhild Utstumo</b>	01:56:32	33:29-3	1:08:45-4	54:20-2	1:14:57-9	28:43-2
	IK Grane	2911	980	803	933	732	998
3	<b>Sunniva Jørgensen</b>	02:07:48	37:24-8	1:10:51-6	56:50-4	1:01:47-2	28:37-1

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Namsos OK	2897	902	761	883	995	1000
4	<b>Noora-Sofia Ruotsalainen</b>	02:08:00	33:36-4	1:23:39-8	1:03:56-7	1:01:33-1	32:51-5
	Finn Karelia Team	2893	978	505	741	1000	915
5	<b>Anne Øverøyen</b>	02:10:10	32:40-2	1:04:09-2	1:00:17-5	1:07:32-5	33:21-6
	IL Tyrving	2796	996	895	814	880	905
6	<b>Johanna Ritano</b>	02:12:57	37:19-7	1:14:50-7	56:30-3	1:03:55-3	31:43-3
	Turun Suunnistajat	2793	903	681	890	952	938
7	<b>Hanna Tuomisto</b>	02:14:00	37:12-6	1:08:57-5	1:00:28-6	1:04:07-4	32:41-4
	Finn Karelia Team	2772	906	799	810	948	918
8	<b>Ann Kristin Bjerke</b>	02:25:41	42:55-11	1:49:49-12	1:31:05-13	1:07:37-6	35:09-7
	Hedrum OL	2538	791	0	198	878	869
9	<b>Kirsten Bjerkreim Pedersen</b>	02:35:22	43:04-12		1:11:32-8	1:11:11-7	41:07-10
	Fossum IF	2345	788		589	807	750
10	<b>Monica Johansen</b>	02:41:42	43:36-14	1:26:53-10		1:13:44-8	44:22-12
	OK Moss	2219	778	440		756	685
11	<b>Beate Giil</b>	02:36:33	45:02-16		1:15:58-9		35:33-8
	Rond OL	2110	749		500		861
12	<b>Natalia Kopteva</b>	03:14:47	42:26-10	2:21:44-13	1:16:31-10	1:15:50-10	1:05:56-14
	OK Mysl	2004	801	0	489	714	253
13	<b>Kristin Vollen</b>	02:52:25	45:00-15	1:25:49-9	1:39:16-14	1:31:45-12	41:36-11
	Rond OL	1952	750	462	34	396	740
14	<b>Vibeke Falck</b>	02:57:12	43:25-13			1:29:03-11	44:44-13
	Stavanger OK	1908	781			450	677
15	<b>Guro Fasting</b>	01:42:47	38:15-9	1:04:32-3			
	OK Moss	1772	885	887			
16	<b>Inga Ringdalen Vatne</b>	03:00:16	49:41-17		1:29:52-12		40:43-9
	Mo OK	1636	656		222		758
17	<b>Janne Thygesen</b>	35:47	35:47-5				
	IK Grane	934	934				
18	<b>Katrine Damgaard</b>	03:07:42		1:39:55-11	1:27:47-11		
	OL Trollo	444		180	264		

Class	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
	<b>D17AK</b>						
1	<b>Ingvild Gjessing</b> NTNUI	01:54:26 2250	25:23-1 750	46:40-1 750	43:11-2 670	42:23-1 750	29:27-1 750
2	<b>Ellen Aure Skogedal</b> Nydalens SK	02:09:37 2222	27:55-2 699	47:06-2 741	39:13-1 750	43:18-2 731	43:09-19 476
3	<b>Kristin Aure</b> Drangedal OL	02:04:45 2043	28:25-3 689	47:24-3 735	48:10-7 571	48:56-3 619	
4	<b>Anne Berit Bredholt</b> Sandefjord OK	01:49:59 1930	31:01-5 637	1:02:28-12 434	44:54-5 636		34:04-6 657
5	<b>Linda Rykkje</b> Fana IL	02:07:57 1910	34:50-7 561	59:57-11 484	43:41-3 660	50:21-4 590	33:55-5 660
6	<b>Kirsti Arvela</b> Finn Karelia Team	02:17:55 1797	39:39-12 464	57:11-7 539	47:04-6 593	1:02:06-20 355	33:40-4 665
7	<b>Bjørn Granly</b> Lillomarka OL	02:01:09 1771	32:26-6 609	1:11:02-17 262	1:01:20-16 307	50:55-5 579	37:48-11 583
8	<b>Randi Sundsdal</b> Melum IL	02:22:13 1711	44:19-21 371	55:56-5 564	49:35-8 542		36:42-9 605
9	<b>Taran Aure</b> Drangedal OL	02:36:22 1687		48:49-4 707	49:53-9 536	57:40-16 444	
10	<b>Anu Vesisenaho</b> Finn Karelia Team	02:29:29 1630	38:16-10 492	59:13-9 499	54:07-11 452	51:08-6 575	39:08-14 556
11	<b>Hege Pran</b> Odal OL	02:29:24 1550	41:30-15 427	56:31-6 553		51:23-7 570	
12	<b>Åshild Lobben Haugenes</b> IK Grane	02:22:12 1544	28:43-4 683	1:20:41-23 69	59:59-15 334	53:30-9 527	1:07:03-26 0
13	<b>June Mong</b> Egersund OK	02:29:33 1484	35:56-9 539	59:33-10 492	54:04-10 453		
14	<b>Inger Skjævesland</b> Oddersjaa SSK	02:15:28 1484	40:26-13 449	1:14:00-20 203	1:19:56-22 0	56:40-15 464	38:22-12 571
15	<b>Siri Thortveit Myhre</b> Søgne & Songdalen OK	02:26:03 1467	35:43-8 543	1:03:58-14 404	55:35-12 422	54:45-12 502	50:12-24 335
16	<b>Hilde Bottolfsen</b>	02:21:05	43:40-19	1:10:23-16	1:04:39-19	54:06-10	43:19-20

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Varegg IL	1371	384	275	241	515	472
17	<b>Lill Kristin Enger</b>	02:21:24	38:22-11	1:12:38-19	1:05:55-20	1:07:42-22	35:20-8
	Modum OK	1365	490	230	216	243	632
18	<b>Inger Marie Damsgaard</b>	02:37:01		1:11:25-18	1:02:37-17	57:41-17	36:43-10
	Hisøy OK	1330		255	282	444	604
19	<b>Tone Cecilie Nystrøm</b>	02:21:16	44:38-23	1:08:16-15	57:54-14	1:09:48-23	38:44-13
	Stavanger OK	1305	365	318	376	201	564
20	<b>Helene Lillemo</b>	01:23:55				52:16-8	31:39-2
	Kongsberg OL	1258				552	706
21	<b>Sara Mathisen</b>	02:41:36	41:22-14	1:03:49-13	56:25-13		
	Porsgrunn OL	1243	430	407	406		
22	<b>Kate Evensen</b>	02:27:33	43:36-18		1:16:24-21	58:11-18	45:46-22
	Stavanger OK	1242	385		6	434	423
23	<b>Hanne Narvestad</b>	01:27:15				55:24-13	31:51-3
	Halden SK	1191				489	702
24	<b>Solveig Hopsnes</b>	03:01:49		57:47-8	44:45-4	1:19:17-24	
	Fana IL	1178		527	639	12	
25	<b>Ingvild Fossøy</b>	01:34:33				54:34-11	39:59-17
	Lia IL	1045				506	539
26	<b>Arnhild U. Bråten</b>	01:35:28				1:00:40-19	34:48-7
	Vegårshei IL	1027				384	643
27	<b>Elin Rike Johansen</b>	01:35:27				56:14-14	39:13-15
	Hisøy OK	1027				473	554
28	<b>Björg Wiik</b>	01:45:24				1:04:21-21	41:03-18
	OK Sør	828				310	518
29	<b>Heidi Gabrielsen</b>	03:03:49	44:27-22	1:16:24-21	1:02:58-18		
	Raumar OL	798	368	155	275		
30	<b>Laila Wiberg Johnsen</b>	39:27					39:27-16
	IL Høvdingen	550					550
31	<b>Idunn Melnes</b>	02:02:57	42:48-16	1:20:09-22			
	Lillehammer OK	481	401	80			
32	<b>Reidun Lilleholt</b>	02:31:23				01:46:37-25	44:46-21

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Holt IF	443				0	443
33	<b>Irene Arnevik</b>	46:18					46:18-23
	Kristiansand OK	413					413
34	<b>Trude Pedersen Sundtjønn</b>	43:14	43:14-17				
	Kristiansand OK	393	393				
35	<b>Stine Arntzen</b>	04:03:03	44:00-20	1:53:27-24	1:25:36-23		
	Sandefjord OK	377	377	0	0		
36	<b>Kristin Kornmo</b>	50:12					50:12-24
	Porsgrunn OL	335					335
37	<b>Bente Kristin Olsen</b>	46:37	46:37-24				
	Nydalens SK	325	325				
38	<b>Elin Frysjøenden</b>	03:36:48		2:15:56-25			1:20:52-27
	OK Moss	0		0			0

### **D17C**

1	<b>Heidi Herum</b>	01:32:02	21:33-1	42:55-2	37:43-6	27:34-1	28:46-2
	OK Skeidi	2205	750	705	562	750	693
2	<b>Cathrine Palmgren</b>	01:26:43	23:29-3		33:26-3	37:32-2	29:48-4
	Halden SK	2030	711		647	550	672
3	<b>Cathrine Lillestrand</b>	01:27:37	22:22-2		35:43-4		29:32-3
	Trøsken IL	2013	733		602		678
4	<b>Idun Augland</b>	01:33:48			28:19-1	39:33-3	25:56-1
	Voss IL	2010			750	510	750
5	<b>Kari-Ann O. Birkeland</b>	01:49:24	26:41-7	46:20-4	36:23-5	40:54-4	55:21-13
	Fossum IF	1872	647	637	588	483	161
6	<b>Kirsten Aaslund</b>	01:53:03	32:09-12	59:05-7	39:23-7	41:31-6	42:46-8
	Måren OK	1537	538	382	528	471	413
7	<b>May Lene Slettebøe</b>	02:06:23	30:08-9	48:15-5		48:00-9	
	Søgne & Songdalen OK	1518	578	599		341	
8	<b>Unn Christin Ruttenborg</b>	01:55:14	30:18-10	1:01:59-8	42:09-9	1:08:43-16	42:47-9
	OL Toten-Troll	1461	575	324	473	0	413
9	<b>Marit Svenning Berg</b>	01:05:16	24:34-5	40:42-1			

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	IL Dyre Vaa	1439	689	750			
10	<b>Beate Lofseik</b>	01:07:02	23:53-4	43:09-3			
	Lillomarka OL	1404	703	701			
11	<b>Nina Berger</b>	01:58:36	26:37-6		45:59-10	48:13-10	46:00-11
	Sandefjord OK	1392	648		396	337	348
12	<b>Ellen Sannes</b>	02:09:20		1:04:21-9	41:34-8	48:24-11	39:22-7
	Nydalens SK	1299		277	485	333	481
13	<b>Elisabeth Bakkehaug</b>	02:08:25	39:30-15	1:04:47-10	1:16:11-16	45:22-8	43:33-10
	Sandefjord OK	1182	391	268	0	394	397
14	<b>Anniken Erichsen</b>	02:11:57	28:02-8	1:21:14-15	49:08-11	54:47-13	1:00:01-15
	Fana IL	1158	620	0	333	205	68
15	<b>Gro Kleven Rød</b>	01:13:49				41:26-5	32:23-5
	Lia IL	1093				472	621
16	<b>Celine Fjukstad</b>	01:21:59				44:58-7	37:01-6
	Søgne & Songdalen OK	930				402	528
17	<b>Anette Sundsdal</b>	02:29:31	35:55-14	1:13:14-14	57:30-14	56:06-14	1:04:49-16
	Lifjell OL	807	462	99	166	179	0
18	<b>Anne Torbjørnsen</b>	32:02			32:02-2		
	IK Grane	675			675		
19	<b>Irene Hallberg</b>	02:55:16		1:05:19-11	56:00-12	53:57-12	58:51-14
	Sandefjord OK	675		257	196	222	91
20	<b>Marianne Tveit</b>	02:52:48	33:01-13	1:12:32-13	1:07:15-15		
	TIF Viking	633	520	113	0		
21	<b>Inger Aakre</b>	31:41	31:41-11				
	Drangedal OL	547	547				
22	<b>Else Berit Øvereng</b>	02:58:21	46:26-16	1:05:19-11		1:06:36-15	
	Kongsberg OL	509	252	257		0	
23	<b>Lee-Heidi Lauritzen</b>	02:45:53	59:28-17	1:25:24-16	57:07-13	1:23:31-17	49:18-12
	Heming/Njård OL	456	0	0	174	0	282
24	<b>Eva Coward</b>	02:00:02	1:01:25-18	58:37-6			
	OK Sør	391	0	391			
25	<b>Signe S. Jordheim</b>	02:58:56				1:32:07-18	1:26:49-17

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	OK Horten	0				0	0
<b>D17N</b>							
1	<b>Kari Zimmermann</b>	01:07:41	17:49-1		38:11-2	29:18-1	20:34-1
	OL Trollo	2250	750		722	750	750
2	<b>Birgit Vollen</b>	01:43:37		45:04-2	36:47-1	32:29-3	21:46-3
	Rond OL	2172		696	750	686	726
3	<b>Camilla Aspenberg</b>	01:50:06	31:52-3	56:55-3	1:09:04-5		21:19-2
	IL Tyrving	1663	469	459	104		735
4	<b>Marit Carlsen</b>	55:23				31:33-2	23:50-4
	Notodden OL	1389				705	684
5	<b>Gro Elisabeth Herum</b>	01:16:30			50:27-3		26:03-5
	OK Skeidi	1116			476		640
6	<b>Turid Eskøy</b>	02:32:46		1:11:28-4	01:21:37-6	45:58-4	35:20-6
	Fossum IF	1038		168	0	416	454
7	<b>Hege Thorson Nordskar</b>	42:24		42:24-1			
	Fossum IF	750		750			
8	<b>Nina Lokøen</b>	18:45	18:45-2				
	IL Gneist	731	731				
9	<b>Lise Nordvik</b>	51:25			51:25-4		
	Asker SK	457			457		
10	<b>Lise Rogne</b>	50:27				50:27-5	
	IL Tyrving	327				327	
<b>D21AL</b>							
1	<b>Giedre Vovriene</b>	02:00:20	29:51-1	57:36-3	1:02:23-4	54:48-2	32:53-3
	Drangedal OL	2836	1000	936	860	869	900
2	<b>Julie F. Lande</b>	02:26:28		58:00-4	55:23-1	1:01:46-8	33:05-4
	Lifjell OL	2824		928	1000	730	896
3	<b>Birte Riddervold</b>	02:29:12	31:55-2	1:00:22-6	56:55-2		
	NTNUI	2807	958	880	969		
4	<b>Ekaterina Tchijkova</b>	02:33:40	33:24-6	56:56-2	1:03:20-5	57:51-3	38:32-11

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	OK Mysl	2719	929	949	841	808	787
5	<b>Kjersti Rønning</b>	02:07:48	34:20-8	54:24-1			39:04-12
	Tynset IF	2687	910	1000			777
6	<b>Ann-Kristin Høgseth</b>	02:07:51	34:07-7	59:51-5	1:01:27-3		33:53-5
	Lillomarka OL	2685	914	891	878		880
7	<b>Tone Fidje Gryting</b>	02:11:31	32:39-3	1:06:56-10	1:03:35-6	58:52-4	35:17-8
	Oddersjaa SSK	2632	944	749	836	788	852
8	<b>Minna Kapiainen</b>	02:13:10	33:00-5	1:04:39-8	1:05:01-8	1:04:03-12	35:09-7
	Finn Karelia Team	2599	937	795	807	684	855
9	<b>Torunn Økern Jensen</b>	02:07:45	32:40-4		1:06:43-9	59:18-5	35:47-9
	Nydalens SK	2564	943		773	779	842
10	<b>Kine Bøhlerengen</b>	02:14:46	35:45-10	1:03:03-7		1:03:17-10	35:58-10
	Fana IL	2548	882	827		699	839
11	<b>Vigdis Hobøl</b>	02:45:35	36:52-12		1:08:29-10	1:00:14-6	
	Østmarka OK	2357	859		738	760	
12	<b>Kristin D Ausland</b>	02:49:34	38:26-15	1:05:07-9		1:06:01-13	
	Oddersjaa SSK	2258	828	785		645	
13	<b>Randi Wold</b>	02:23:49	36:40-11			1:02:16-9	44:53-14
	NTNUI	2243	863			720	660
14	<b>Anne Kataja</b>	02:31:10	39:22-16	1:11:05-13	1:15:21-12	1:09:26-14	40:43-13
	Finn Karelia Team	2219	809	666	600	576	744
15	<b>Grethe Brennhovd</b>	03:25:28		1:09:35-12	1:15:03-11	1:00:50-7	
	Larvik OK	2050		696	606	748	
16	<b>Hanne Staff</b>	01:16:11				48:16-1	27:55-1
	Bækkelagets SPK	2000				1000	1000
17	<b>Astrid Fugleneb</b>	03:12:34	36:58-13	1:17:42-15	1:17:54-13		
	NTNUI	1940	857	534	549		
18	<b>Gunn Mariken Bjerva</b>	02:40:52	39:39-17	1:39:41-20	1:25:19-14	1:09:40-15	51:33-16
	Drangedal OL	1903	804	94	401	572	527
19	<b>Vibeke S. Nørstebø</b>	02:57:18	45:02-20	1:18:40-16		1:26:19-19	53:36-18
	NTNUI	1696	696	514		239	486
20	<b>Rachel West</b>	03:00:59	49:42-22	1:22:40-17	1:31:10-15	1:25:25-18	48:37-15

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Western Nomads	1623	603	434	284	257	586
21	<b>Kirsti Kringhaug</b> Lillomarka OL	01:44:02 1604	34:42-9 903	1:09:20-11 701			
22	<b>Hilde Slørdahl Conradi</b> NTNUI	01:38:12 1559				1:03:45-11 690	34:27-6 869
23	<b>Anne Tuomisto</b> Finn Karelia Team	02:58:39 1547	48:33-21 626	1:25:03-18 387	1:32:08-16 265	1:14:07-17 483	55:59-20 438
24	<b>Cath Chalmers</b> Western Nomads	03:13:04 1381	43:57-19 718	1:35:40-19 174	1:40:49-17 91	1:31:44-20 130	53:27-17 489
25	<b>Gunhild Vikhamar</b> Lillomarka OL	01:55:33 1373	38:05-14 835	1:17:28-14 538			
26	<b>Trude Harstad</b> Oddersjaa SSK	30:32 947					30:32-2 947
27	<b>Irina Barkova</b> OK Mysl	03:38:53 865	1:00:59-23 377	1:42:35-21 36	2:00:40-18 0	1:45:01-21 0	55:19-19 452
28	<b>Anne Edith Corneliusen</b> Nittedal OL	01:03:59 828			1:03:59-7 828		
29	<b>Ann Helen Aabogen</b> Skaukameratene OL	41:17 771	41:17-18 771				
30	<b>Anne Sandnes</b> Fredrikstad SK	01:13:40 492				1:13:40-16 492	
<b>D35AK</b>							
1	<b>Thrine Måbø</b> OK Skeidi	02:02:04 2090	29:43-9 644	56:28-1 750	50:41-6 592		35:53-2 696
2	<b>Brita Tosseviken</b> Holt IF	02:11:53 2085	26:51-6 701	1:02:15-4 634	42:47-1 750	51:49-7 580	40:52-9 596
3	<b>Margit Sagvolden</b> Østmarka OK	01:59:20 2073	26:19-5 712	1:02:55-5 621	45:38-2 693	47:23-2 668	39:12-6 630
4	<b>Nina Bjerke</b> Hedrum OL	01:50:02 2067	26:02-3 717	1:05:59-7 559	1:02:18-11 359	50:48-6 600	33:12-1 750
5	<b>May Jorunn Bakke</b>	01:59:57	24:25-1	1:03:03-6	47:53-5	47:39-3	40:19-8

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Løten OL	2061	750	618	648	663	607
6	<b>Signe Ottesen Ellevset</b>	02:15:05	26:11-4	1:02:07-3	46:47-3	1:03:10-14	41:46-10
	Sandnes IL	2021	714	637	670	353	578
7	<b>Gro Jørgensen</b>	02:10:21	33:24-15	1:16:07-12	47:17-4	49:40-5	47:49-11
	Porsgrunn OL	1853	570	357	660	623	457
8	<b>Margareth Wathne</b>	02:02:05	27:33-7			56:26-9	38:06-4
	OK Sør	1826	687			487	652
9	<b>Sissel Tvedten</b>	02:33:00	28:27-8	1:01:22-2	1:03:11-12		
	Kongsberg OL	1663	669	652	342		
10	<b>Bodil Silseth</b>	02:20:18	31:20-11	1:15:25-11	51:35-7	57:23-11	
	Varegg IL	1653	611	371	574	468	
11	<b>Kirsti Aas Olsen</b>	01:21:11				43:19-1	37:52-3
	Eiker OL	1406				750	656
12	<b>Mai Helen Linga</b>	02:37:40	32:02-13	1:25:39-13		1:17:36-15	39:59-7
	IL Gular	1377	597	166		64	614
13	<b>Anne Westergård</b>	02:47:37	34:50-16	1:14:35-10	58:12-10		
	Varegg IL	1369	541	387	441		
14	<b>Bente Tveito</b>	02:50:06		1:45:38-15	53:47-8	56:37-10	59:42-14
	Varegg IL	1234		0	530	484	220
15	<b>Gro L Bjorvatten</b>	01:31:23				52:34-8	38:49-5
	Vegårshei IL	1202				565	637
16	<b>Liv Grete Voll</b>	01:58:01		1:10:10-8		47:51-4	
	Haugesund IL	1135		476		659	
17	<b>Inger Styrvold</b>	01:29:19	33:08-14		56:11-9		
	Kjose IL	1057	575		482		
18	<b>Ranja Simonsen</b>	02:40:20	44:23-17	2:13:50-16	1:03:55-13	1:23:56-16	52:02-13
	Varegg IL	1050	350	0	327	0	373
19	<b>Maria Hoveid</b>	01:45:07	31:59-12	1:13:08-9			
	Porsgrunn OL	1014	598	416			
20	<b>Anne M. H. Håversen</b>	01:49:12				59:17-12	49:55-12
	Østmarka OK	845				430	415
21	<b>Heidi Ravndal Johnsen</b>	02:09:12	25:39-2	1:43:33-14			

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Arnadal IL	725	725	0			
22	<b>Anniken Ausen</b>	30:19	30:19-10				
	Porsgrunn OL	632	632				
23	<b>Else Grandal</b>	59:18				59:18-13	
	IL Tyrving	430				430	
<b>D35AL</b>							
1	<b>Torunn Spets Storhov</b>	01:36:50	26:04-2	47:25-3	44:46-7	42:50-1	27:56-1
	OL Trollelg	2987	987	948	906	1000	1000
2	<b>Kjersti Holt Hanssen</b>	01:36:13	25:27-1	50:46-4	40:46-2	56:02-13	30:00-4
	Måren OK	2944	1000	881	986	736	958
3	<b>Tove Strand</b>	01:40:10	26:18-3	47:11-2		44:38-3	29:14-3
	Måren OK	2921	983	953		964	974
4	<b>Linda Hanssen</b>	01:57:28		51:10-5	42:43-4	43:43-2	31:02-6
	Østmarka OK	2867		873	947	982	938
5	<b>Tove Agdestein</b>	02:16:13		44:50-1	44:28-5	46:55-4	
	Stord IL	2830		1000	912	918	
6	<b>Lise Roll</b>	01:44:36	29:04-5		44:51-8	1:01:25-18	30:41-5
	Fana IL	2776	927		904	628	945
7	<b>Sidse Økstra</b>	02:08:47	35:28-13	51:26-6	45:54-9	53:17-8	31:27-7
	Suldal OL	2680	799	868	883	791	929
8	<b>Heidi Schatvet</b>	01:49:51	28:44-4		47:38-10	51:45-6	33:29-10
	Notodden OL	2672	934		849	821	889
9	<b>Inger Synnøve Liset</b>	02:06:26	29:22-6	1:02:30-13	40:05-1	56:59-14	45:50-16
	OL Trollo	2638	921	646	1000	717	642
10	<b>Ursina Mathys</b>	02:09:52	34:57-11	1:00:52-11	49:24-13	51:26-5	29:02-2
	OLG Stäfa	2619	810	679	813	828	978
11	<b>Elisabeth Sæthre</b>	01:57:18	31:23-8	51:26-6	49:40-14	55:54-12	34:29-11
	SPK Freidig	2618	881	868	808	738	869
12	<b>Tove Heimdal</b>	01:54:37	31:17-7	56:48-10	50:29-15	55:42-11	32:51-9
	IF Sturla	2576	883	760	792	742	901
13	<b>Charlotte H. Thune</b>	02:17:41	32:22-9	52:31-8	52:08-17	52:48-7	38:02-13

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Farum OK	2507	861	846	759	800	798
14	<b>Camilla Oftebro</b>	02:15:48	38:06-17	55:05-9	42:37-3		
	IL Tyrving	2491	747	795	949		
15	<b>Bente Blix</b>	02:15:13	32:31-10	1:07:32-15	48:08-11	54:34-10	45:28-15
	Sandefjord OK	2462	858	546	839	765	649
16	<b>Zoe Griffin</b>	02:01:39	35:40-14	1:31:07-19	51:23-16	54:08-9	34:36-12
	Grambian Orienteers	2435	795	74	774	774	866
17	<b>Tiri Rebård</b>	02:25:35	35:01-12	1:02:19-12	48:15-12		
	Sandefjord OK	2294	808	650	836		
18	<b>Hilde Kløvstad</b>	02:21:44	38:32-18	1:07:08-14	1:00:55-19	57:57-16	45:15-14
	Sandefjord OK	2088	738	554	583	697	653
19	<b>Ellen Gulliksen</b>	02:25:36	37:40-16	1:14:06-18	55:30-18		52:26-18
	Sandefjord OK	1956	755	414	691		510
20	<b>Torild Jørgensen</b>	02:54:34	36:58-15	1:13:59-17	1:03:37-20	1:13:55-20	1:12:50-20
	Østmarka OK	1715	769	417	529	378	102
21	<b>Emma Smeland Nygårdseter</b>	01:29:43				57:54-15	31:49-8
	Vegårshei IL	1620				698	922
22	<b>Ida Kierulf</b>	03:32:53		1:10:41-16	1:17:05-21	1:05:07-19	
	Larvik OK	1297		483	260	554	
23	<b>Sille Winsnes</b>	03:17:54	50:00-19		1:22:25-22	1:34:38-21	1:05:29-19
	NLHI - Orientering	911	509		153	0	249
24	<b>Gry Dengerud</b>	44:35			44:35-6		
	Nydalens SK	910			910		
25	<b>Ingvild Mulen</b>	59:28				59:28-17	
	Kristiansand OK	667				667	
26	<b>Ingjerd Vestengen</b>	45:51					45:51-17
	Lillomarka OL	641					641
<b>D35C</b>							
1	<b>Wenche Gjesdal</b>	01:20:56	28:26-12	47:38-8	26:33-1	28:25-1	25:58-1
	Varegg IL	2250	607	604	750	750	750
2	<b>Berit Aa. Stokke</b>	01:36:16	25:31-6	40:20-1	30:25-2		

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Sandefjord OK	2087	665	750	672		
3	<b>Ida Merete Hem</b>	01:42:52	23:25-2	46:45-5	43:05-17	35:20-3	32:42-4
	Sandefjord OK	1943	707	621	419	611	615
4	<b>Hege B. Øksenholt</b>	01:30:39	24:12-4		33:29-3	41:03-7	32:58-5
	Skien OK	1912	691		611	497	610
5	<b>Tove Liberg Sannes</b>	01:51:49	35:09-24	40:46-2	36:56-8	40:39-4	34:07-6
	Lillomarka OL	1870	472	741	542	505	587
6	<b>Trude Fjeldbo</b>	01:49:36	21:17-1	47:24-7		40:55-6	
	Sandefjord OK	1858	750	608		500	
7	<b>Kirsten Grevskott</b>	01:54:40		48:58-11		33:26-2	32:16-3
	Varegg IL	1850		577		649	624
8	<b>Liv Astri Jørgensen</b>	01:50:20	25:32-7	48:43-10	36:05-5		52:34-16
	Oddersjaa SSK	1806	665	582	559		218
9	<b>Kari Fredriksen</b>	01:52:44	23:50-3	44:47-4	46:50-21	44:07-9	
	Nittedal OL	1796	699	661	344	436	
10	<b>Heidi Kristin Bø</b>	01:36:43	25:45-8	54:46-16	35:46-4	40:48-5	35:12-8
	Gjø-Vard OL	1790	660	461	565	502	565
11	<b>Kjersti Bjørkevoll</b>	01:54:18	29:15-16	48:14-9	36:49-7		55:19-19
	Odda OL	1726	590	592	544		163
12	<b>Gunnbjørg Rosseland</b>	01:56:36	34:57-22	41:01-3	40:38-12	55:17-19	47:22-14
	Odda OL	1680	476	736	468	212	322
13	<b>Kristin Tosseviken</b>	02:01:42	43:14-31	50:25-13	36:16-6	48:17-13	35:01-7
	Holt IF	1672	311	548	555	352	569
14	<b>Anne-Lone Wollen</b>	01:43:25	29:04-15		38:24-9		35:57-9
	Fana IL	1657	594		513		550
15	<b>Kathrine Tollehaug</b>	01:58:02	28:53-14	1:01:00-20	1:05:31-27	50:55-14	28:09-2
	Eiker OL	1640	598	336	0	300	706
16	<b>Nina Dahl</b>	02:03:37	27:02-11	55:13-17	41:22-15	52:23-16	
	Varegg IL	1540	635	452	453	270	
17	<b>Brita Remme</b>	02:06:40	38:36-26	46:47-6	41:17-14	56:39-21	59:14-20
	Porsgrunn OL	1479	403	621	455	185	84
18	<b>Anne Marie Larsen</b>	02:12:06	40:57-28	52:32-14	38:37-10		

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	IK Grane	1370	356	506	508		
19	<b>Kjersti Andersen</b>	02:14:10	35:02-23	53:21-15		45:47-10	1:29:41-24
	Odda OL	1366	475	489		402	0
20	<b>Mette Rogne</b>	02:11:52	24:26-5	1:01:21-21	54:41-23	52:18-15	46:05-13
	Varegg IL	1363	687	329	187	272	347
21	<b>Ellen Hasaas</b>	02:02:10	32:09-21		42:14-16	47:47-12	
	OK Skeidi	1330	532		436	362	
22	<b>Berit Dybvik</b>	02:14:26	30:08-18	58:25-18	45:53-20	52:40-17	54:21-18
	IL Solid	1324	573	388	363	265	182
23	<b>Inger -Lise Hansen</b>	02:17:09	31:17-19	1:03:01-23		42:51-8	49:12-15
	OK Silsand	1307	550	296		461	285
24	<b>Turid Vrålstad</b>	02:09:36		1:08:21-25	39:52-11	53:27-18	36:17-10
	Varegg IL	1275		189	483	249	543
25	<b>Vigdis Finmark</b>	02:18:14	29:57-17	1:04:05-24	44:12-18		
	OK Skeidi	1248	576	275	397		
26	<b>Magnhild Sævareid</b>	02:23:05	45:28-32	58:29-19	40:51-13		43:45-12
	Fana IL	1245	266	387	464		394
27	<b>Sidsel Brabrand Urfjell</b>	01:34:02		49:22-12	44:40-19		
	IL Imås	956		569	387		
28	<b>Michele Rønnestad</b>	01:33:02	31:35-20	1:01:27-22			
	Haslum IL	871	544	327			
29	<b>Oddveig Åsheim Hansen</b>	02:38:00	28:34-13		56:02-25		1:13:24-22
	IL Gular	764	604		160		0
30	<b>Liv Skretting</b>	02:30:00	39:17-27	1:22:52-28	56:29-26		54:14-17
	Torridal IL	725	390	0	151		184
31	<b>Liv Inger Larsen</b>	26:08	26:08-9				
	Porsgrunn OL	653	653				
32	<b>Anne Kari Birkeland</b>	26:28	26:28-10				
	Birkenes IL	646	646				
33	<b>Anne Engelbreth</b>	03:17:30	37:19-25	1:10:46-26	1:29:25-30		1:17:29-23
	Varegg IL	570	429	141	0		0
34	<b>Marit Lie</b>	01:35:52	42:27-30		53:25-22		

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
	Stokke IL	538	326		212		
35	<b>Kitty Dahl</b>	43:11					43:11-11
	Sørkedalens IF	405					405
36	<b>Vibeke P. Valestrand</b>	03:11:06	1:10:40-34		1:13:37-29	46:49-11	
	Risnes IL	382	0		0	382	
37	<b>Kirsti A. Frugård</b>	03:15:35	42:20-29	1:26:51-29		1:06:24-22	1:31:02-25
	Stord IL	329	329	0		0	0
38	<b>Jonna Larsen</b>	03:54:49	46:48-33		1:34:25-31	1:33:36-23	
	Silkeborg OK	239	239		0	0	
39	<b>Ellen Vårli</b>	03:14:11			1:09:11-28	56:33-20	1:08:27-21
	OK Skeidi	187			0	187	0
40	<b>Randi T. Legård</b>	02:15:32		1:20:02-27	55:30-24		
	Odda OL	171		0	171		

### D35N

1	<b>Björg Marit Straume</b>	01:14:00	17:57-1	28:27-1	27:36-1	28:59-4	14:52-1
	Drangedal OL	2250	750	750	750	686	750
2	<b>Astrid Sandvik</b>	01:13:44	26:27-12	30:45-2	34:47-6	27:49-2	15:10-2
	Sveio OL	2157	580	704	606	709	744
3	<b>Stine Holte</b>	01:19:48	20:22-4	34:58-4	29:55-2	29:31-5	20:09-6
	OK Skeidi	2079	701	619	703	675	644
4	<b>Gro L. Aakre</b>	01:26:08	22:48-10	44:22-10	32:21-3	30:59-6	28:31-13
	Drangedal OL	1954	653	431	655	646	477
5	<b>Åse Britt Havre</b>	01:15:34	20:50-6	42:57-8	32:28-4	39:29-13	22:16-10
	Odda OL	1946	692	460	652	476	602
6	<b>Marit Garberg</b>	01:16:42	21:21-8	1:01:45-15	36:43-8		18:38-3
	Odda OL	1923	682	84	567		674
7	<b>Inger Kjølstad</b>	01:16:45	22:46-9	41:51-7	34:55-7	32:35-8	21:24-8
	OL Trollo	1886	653	482	603	614	619
8	<b>Gjertrud Røneid</b>	01:27:54		43:21-9	33:25-5	34:46-10	19:43-5
	Odda OL	1856		452	633	570	653
9	<b>Anne Gjestemoen</b>	01:22:43	21:14-7		55:20-18	41:14-14	20:15-7

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Bergens TF	1767	684		195	441	642
10	<b>Randi Trætteberg</b>	01:36:21		38:27-5	38:37-10	37:09-12	19:17-4
	Fana IL	1740		550	529	522	661
11	<b>Gro Valestrand</b>	01:33:56		40:17-6	37:19-9	31:08-7	25:29-12
	Bergens TF	1735		513	555	643	537
12	<b>Nina Lokøen</b>	01:52:04		31:48-3	51:43-15	28:33-3	
	IL Gneist	1644		683	267	694	
13	<b>May Helen Freim</b>	01:38:49	51:38-16	47:44-13	40:19-11	36:55-11	21:35-9
	Odda OL	1637	76	364	495	527	615
14	<b>Tordis Suleng</b>	01:31:02	26:59-13			33:19-9	30:44-14
	OK Moss	1600	569			599	432
15	<b>Jorunn Irene Tokheim</b>	01:44:02	27:06-14	45:30-11	54:25-17		31:26-15
	Odda OL	1394	567	409	213		418
16	<b>Toril B. Olsen</b>	02:02:43	25:08-11	47:01-12	50:34-12		
	Lillomarka OL	1274	606	378	290		
17	<b>Daniela Hintermann</b>	02:22:47	20:41-5	1:07:48-16	54:18-16		
	OLG Basel	911	695	0	216		
18	<b>Wenche Hesthammar</b>	02:31:16		54:42-14	1:12:42-19		23:52-11
	IL Gular	795		225	0		570
19	<b>Gunhild Strand</b>	01:22:52	31:39-15		51:13-13		
	Bergens TF	753	476		277		
20	<b>Eva Watne</b>	25:47				25:47-1	
	IK Grane	750				750	
21	<b>Irene Schive</b>	01:23:41	19:16-2			1:04:25-16	
	OK Moss	723	723			0	
22	<b>Sidsel Brabrand Urfjell</b>	19:20	19:20-3				
	IL Imås	722	722				
23	<b>Björg Monsrud</b>	01:49:09			51:22-14	57:47-15	
	Frogner IL	384			274	110	
24	<b>Åse Holst</b>	01:15:22		1:15:22-17			
	Varegg IL	0		0			
25	<b>Lisbeth N. Solheim</b>	01:07:24				1:07:24-17	

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
	Fana IL	0				0	
<b>D40</b>							
1	<b>Toril Hallan</b> Lillomarka OL	01:44:36 2984	22:00-1 1000	43:36-3 984	41:39-6 872	39:00-1 1000	31:41-4 961
2	<b>Berit Danielsen</b> IL Tyrving	01:37:09 2948	23:47-4 964	42:48-1 1000	39:09-5 922	43:04-2 918	30:34-2 984
3	<b>Eli Marie Wiig</b> Porsgrunn OL	01:43:11 2937	24:24-5 952	43:31-2 985	35:16-1 1000		39:02-16 814
4	<b>Ingeborg L. Gjennestad</b> IK Grane	01:46:14 2875	23:35-2 968	44:04-4 974	38:35-3 933	45:07-5 877	
5	<b>Dorthe Hansen</b> Silkeborg OK	01:39:01 2834	24:38-8 947	49:27-8 867	46:16-11 780	43:06-3 918	31:17-3 969
6	<b>Reidunn Halland</b> Lillomarka OL	01:43:09 2828	28:00-17 880	45:23-5 948	46:48-13 769	45:48-7 864	29:46-1 1000
7	<b>Torun Dyrkorn</b> Eiker OL	01:50:55 2782	24:24-5 952	48:59-7 876	37:32-2 954	45:24-6 872	39:10-17 812
8	<b>Turid Rognsvåg</b> Fana IL	01:50:02 2724	24:56-10 941	53:15-11 791	38:40-4 932	46:26-8 851	41:49-22 759
9	<b>Kjersti Skantze</b> IL Tyrving	01:49:19 2704	23:36-3 968	52:59-10 796	48:30-15 735	54:18-17 694	32:44-6 940
10	<b>Ann Karin Tjørhom</b> Ganddal IL	01:42:00 2699	24:46-9 944	52:36-9 804	44:14-9 820	1:05:18-26 474	33:00-7 935
11	<b>Kjersti Høglund</b> Oppsal IF	02:00:19 2669	26:15-13 915	45:56-6 937	46:23-12 777	48:08-9 817	
12	<b>Berit Berge</b> IL Tyrving	01:49:13 2630	26:41-15 906	55:23-15 748	53:10-23 642	48:45-11 805	33:47-9 919
13	<b>Siri Bjorvand</b> OK Sør	01:48:33 2569	25:07-11 937		49:01-18 725	54:38-18 687	34:25-12 907
14	<b>Frøy Grøndahl</b> Lillomarka OL	01:48:32 2569	28:50-19 863	55:25-16 747	45:21-10 798	50:42-14 766	34:21-11 908
15	<b>Marit Lundanes</b>	01:54:03	29:46-22	57:34-19	51:31-20	48:23-10	35:54-13

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Emblem IL	2533	844	704	675	812	877
16	<b>Bente Landmark</b>	01:58:43	29:23-20	55:03-13	48:32-16	52:05-15	34:17-10
	Fossum IF	2516	852	755	734	738	909
17	<b>Tone Jahren Herud</b>	02:14:59		55:14-14	47:43-14	1:00:25-23	32:02-5
	Fossum IF	2456		751	751	571	954
18	<b>Ingrid Opsahl Bredesen</b>	01:59:23	28:00-17	1:05:18-24		52:27-16	38:56-15
	Fossum IF	2427	880	550		731	816
19	<b>Anita Wiberg Gjelsten</b>	02:20:19	37:22-32	54:00-12	52:22-22	44:18-4	42:01-23
	IL Høvdningen	2425	692	776	658	894	755
20	<b>Arja Vestola</b>	02:13:39	44:12-33	1:05:19-25	42:08-7	50:04-12	41:27-21
	Finn Karelia Team	2406	556	549	862	778	766
21	<b>Gro Hege Ludvigsen</b>	02:04:59	27:21-16	57:38-20	51:33-21	1:10:38-30	40:00-19
	Måren OK	2391	893	703	674	367	795
22	<b>Gerd Fossetøl</b>	02:00:19	24:26-7	1:14:28-29	50:19-19	1:07:41-29	45:34-26
	Nittedal OL	2334	951	366	699	426	684
23	<b>Heidi Falck</b>	02:14:45	29:40-21	1:01:16-23	43:49-8	57:56-19	
	Stavanger OK	2305	846	630	829	621	
24	<b>Eva Mathisen</b>	02:27:38		58:42-21	55:41-24	50:17-13	38:39-14
	IL Tyrving	2278		682	591	774	822
25	<b>Elisabeth Johansen</b>	02:11:00	26:06-12	55:38-17			49:16-28
	OK Moss	2271	918	743			610
26	<b>Anne Heidrun Kvifte Risdal</b>	02:17:14	31:34-27	56:44-18	48:56-17		
	IK Grane	2255	808	721	726		
27	<b>Kjersti Sommerstad Juveli</b>	02:12:42	30:55-25	1:00:33-22			41:14-20
	Konnerud IL	2236	821	645			770
28	<b>Turid Giil</b>	02:12:18	30:16-23	1:12:31-28	1:07:18-28	1:02:44-25	39:18-18
	Rond OL	2168	834	405	359	525	809
29	<b>Inger Marie Øygaard</b>	02:18:02	31:36-28	1:11:47-26	1:03:14-26	1:01:36-24	44:50-25
	Løten OL	2054	808	420	440	548	698
30	<b>Anne Margit Bratten</b>	02:19:53	36:04-31	1:20:46-30	1:02:48-25	59:08-22	44:41-24
	Måren OK	2016	718	240	449	597	701
31	<b>Inger Johanne Eikeland</b>	02:26:08	32:26-29	1:11:53-27		1:05:22-27	48:20-27

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Nydalens SK	1891	791	418		472	628
32	<b>Siri Melby Holvik</b>	02:32:53	31:07-26		1:11:23-29	58:15-20	1:03:31-29
	Fossum IF	1757	817		277	615	325
33	<b>May Meling</b>	02:39:45	30:19-24	1:27:37-31	1:21:21-30	1:05:50-28	1:03:36-30
	Stavanger OK	1619	833	103	78	463	323
34	<b>Anne- Karine Wang Haflan</b>	33:29					33:29-8
	Nydalens SK	925					925
35	<b>Gro Pedersen</b>	26:16	26:16-14				
	OK Skeidi	914	914				
36	<b>Eirill Bø</b>	03:15:38	44:27-34	2:36:16-34		1:26:01-31	1:05:10-31
	Asker SK	902	551	0		59	292
37	<b>Marit Kjemperud</b>	02:10:45	32:38-30	1:38:07-32			
	LF-Hønefoss Orientering	787	787	0			
38	<b>Gunnhild Hennum</b>	58:53				58:53-21	
	Nydalens SK	602				602	
39	<b>Kristin Ianssen</b>	01:05:39			1:05:39-27		
	Indre Østfold OK	392			392		
40	<b>Hilde Kolås</b>	05:18:51		2:22:35-33		1:30:30-32	1:25:46-32
	OL Vallset -Stange	0		0		0	0
<b>D45AK</b>							
1	<b>Hanne Herum</b>	01:31:06	23:54-1	47:09-2	32:31-1	34:41-1	34:43-2
	OK Skeidi	2250	750	728	750	750	734
2	<b>Gro Sissel Vilberg</b>	01:55:56	26:44-2	46:04-1	36:07-2	35:56-2	33:56-1
	Lillomarka OL	2225	693	750	678	725	750
3	<b>Oddny Jørgensen</b>	02:10:25	31:30-3	59:25-3	39:30-3		
	IK Grane	1691	598	483	610		
4	<b>Grethe Wanvik Johansen</b>	01:58:33	32:04-4	1:00:49-4	40:19-4	57:25-6	46:10-4
	IF Sturla	1685	586	455	594	295	505
5	<b>Gunn Botnen</b>	02:18:58	41:08-7	1:22:32-7	53:34-6	46:16-3	51:34-5
	Lifjell OL	1320	405	20	329	518	397
6	<b>Anne Omland</b>	01:14:28	32:34-5				41:54-3

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	GeoForm IL	1166	576				590
7	<b>Aud Gran</b>	01:48:43		1:08:14-5	40:29-5		
	IL Tyrving	896		306	590		
8	<b>Torhild Gregersen</b>	01:51:20				46:20-4	1:05:00-6
	Vegårshei IL	645				517	128
9	<b>Ingunn Gimre</b>	02:54:19	1:00:41-8	1:25:04-8	1:02:06-7	51:32-5	
	Ganndal IL	585	14	0	158	413	
10	<b>Solveig Melnes</b>	01:55:48	35:08-6	1:20:40-6			
	Lillehammer OK	583	525	58			
11	<b>Lesley Bromby</b>	04:58:28	1:01:07-9	2:35:38-9	1:21:43-8	1:31:54-7	
	Grambian Orienteers	5	5	0	0	0	

#### **D45AL**

1	<b>Siri Flatekval</b>	01:48:48	20:46-1	44:31-1	43:46-3	43:31-1	35:33-3
	Oppsal IF	3000	1000	1000	913	1000	937
2	<b>Kari Øverøyen</b>	01:39:45	22:16-3	55:53-9	46:11-5	45:05-3	32:24-1
	IL Tyrving	2938	970	772	865	968	1000
3	<b>Nina Soligard</b>	01:48:59	22:14-2	47:18-3	39:27-1		36:20-4
	Bergens TF	2914	970	944	1000		921
4	<b>Margrete Jørandli</b>	01:45:42	26:23-8	46:24-2	45:42-4	49:29-4	32:55-2
	Synnfjell OK	2838	887	962	875	880	989
5	<b>Elle Melbye</b>	01:44:45	22:21-5	51:27-6	47:59-6	43:38-2	38:46-8
	Heming/Njård OL	2837	968	861	829	997	872
6	<b>Astrid W. Syversen</b>	01:47:01	22:17-4	48:02-4	57:20-13	50:47-7	36:42-5
	Halden SK	2812	969	929	642	854	914
7	<b>Bente Dybesland</b>	02:00:30	27:33-12	49:37-5	43:20-2	51:01-8	39:25-9
	Søgne & Songdalen OK	2684	864	898	922	850	859
8	<b>Marit Nipen</b>	01:57:18	25:26-6	53:50-8	49:56-7	52:58-10	38:02-7
	IL Gneist	2606	906	813	790	811	887
9	<b>Hannele Mallat</b>	01:56:37	26:15-7	59:07-11	54:33-10	50:30-6	39:52-11
	Finn Karelia Team	2600	890	708	698	860	850
10	<b>Aud Mona Røste</b>	01:56:59	27:53-13	1:01:21-14	51:23-9	49:39-5	39:27-10

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Hadeland OL	2593	857	663	761	877	859
11	<b>Raili Liimatainen</b>	02:06:29	31:18-15	58:28-10	1:13:07-18	1:00:13-12	36:43-6
	Finn Karelia Team	2423	789	721	326	666	913
12	<b>Guri Larssen</b>	02:13:44	27:10-11	1:00:24-12	51:03-8	55:31-11	49:30-15
	Lillehammer OK	2400	872	682	768	760	658
13	<b>Solveig Olsen</b>	02:19:55	27:01-10	1:00:57-13	57:10-12	51:57-9	
	Oddersjaa SSK	2377	875	671	645	831	
14	<b>Gjertrud Sandåker</b>	02:44:49			59:12-15	1:02:26-13	43:11-12
	IL Imås	2010			605	621	784
15	<b>Eli Ringdalen</b>	02:35:03	29:16-14	1:07:13-15	58:34-14	1:21:07-20	59:01-18
	Mo OK	1993	830	546	617	248	467
16	<b>Lisbeth Beyer</b>	02:23:28	38:23-21	1:12:11-16	54:38-11	1:05:40-16	50:27-16
	Mo OK	1982	647	446	696	557	639
17	<b>Anne Smedberg</b>	02:28:19	35:46-17	1:13:50-17		1:06:51-18	45:42-13
	Eiker OL	1967	700	413		533	734
18	<b>Tove Damgaard</b>	02:37:48	46:03-22		1:07:21-17	1:03:37-15	48:08-14
	OL Trollo	1777	494		442	598	685
19	<b>Lone Dybdal</b>	02:38:09	36:47-18	1:15:58-18	1:30:39-21	1:06:48-17	54:34-17
	Aarhus 1900	1769	679	371	0	534	556
20	<b>Aud Fasting</b>	01:19:55	26:32-9	53:23-7			
	OK Moss	1706	884	822			
21	<b>Anne Lise Andreassen</b>	02:41:33	33:50-16	1:16:14-19	1:04:01-16	1:15:01-19	1:03:42-19
	Sandefjord OK	1620	738	365	508	370	374
22	<b>Brit Danielsen</b>	01:39:50	37:07-19			1:02:43-14	
	Oddersjaa SSK	1289	673			616	
23	<b>Bjørn Midttun</b>	03:19:37	37:15-20	1:25:44-20	1:16:38-19	1:27:42-21	
	Bergens TF	1101	670	175	256	116	
24	<b>Wenche Hjelmseth</b>	04:20:52			1:17:59-20	1:54:09-22	1:08:44-20
	Mo OK	502			229	0	273
<b>D50</b>							
1	<b>Ingjerd Sognnæs</b>	02:06:52	24:54-2	49:00-1	39:28-1	38:24-1	33:10-3

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Bergens TF	3000	928	1000	1000	1000	922
2	<b>Ann-Marie Westerheim</b>	01:43:50	21:20-1	53:12-2	46:35-5	43:32-2	29:18-1
	Stord IL	2916	1000	916	857	897	1000
3	<b>Inger Tiltnes</b>	01:52:38	26:40-5	53:18-3	45:32-2	47:41-6	32:40-2
	IL Tyrving	2739	893	914	878	814	932
4	<b>Pirjo Luchsinger</b>	01:57:17	25:08-4	1:07:57-8	46:29-4	45:40-3	37:47-4
	Kongsberg OL	2637	924	621	859	854	830
5	<b>Kaija Heitto</b>	01:52:49	28:15-6		45:59-3	55:13-10	38:35-6
	Finn Karelia Team	2544	861		869	663	814
6	<b>Rudite Limbena</b>	02:34:10	50:15-27	59:27-4	48:33-8	46:10-5	
	Sigulda	2453	421	791	818	844	
7	<b>Annikki Rinne</b>	02:17:20	25:00-3	1:06:12-7	1:11:44-21	46:08-4	47:43-11
	Finn Karelia Team	2427	926	656	354	845	631
8	<b>Signe Heivoll</b>	02:11:37	28:48-7	1:18:30-11	47:16-6	55:33-11	50:34-17
	Søgne & Songdalen OK	2351	850	410	844	657	574
9	<b>Doris Kläy</b>	02:13:09	31:55-10	1:31:19-17	50:34-9	50:40-9	44:48-7
	OLV Hindelbank	2320	788	153	778	754	690
10	<b>Marja Suomalainen</b>	02:14:35	33:10-12	1:03:17-6	57:56-11		38:08-5
	Finn Karelia Team	2300	763	714	630		823
11	<b>Anne Karin Jørgensen</b>	02:26:24			47:21-7	50:26-8	48:37-15
	IL Imås	2214			842	759	613
12	<b>Olga Mukhina</b>	02:32:11	47:47-26	1:13:32-9	53:29-10	50:25-7	48:17-14
	OK Mysl	2098	471	509	719	759	620
13	<b>Astrid Ormberg</b>	02:16:19	31:40-9	1:19:26-12	1:17:20-23	56:54-12	47:45-12
	Fana IL	2054	793	391	242	630	631
14	<b>Tamara Bortnovskaia</b>	02:20:33	32:48-11	1:13:32-9	1:01:19-17	1:01:15-15	46:26-9
	OK Mysl	1990	770	509	563	543	657
15	<b>Christina Flordal</b>	02:21:15	34:35-14	1:20:48-13	59:04-14	1:05:09-18	47:36-10
	Ljusdal OK	1977	735	364	608	465	634
16	<b>Hilkka Liikonen</b>	02:25:50	36:46-16	1:45:28-22	1:00:52-15	1:11:26-24	48:12-13
	Finn Karelia Team	1885	691	0	572	339	622
17	<b>Ingeborg Bøbel</b>	02:28:53	38:37-21	1:37:36-19	1:01:14-16	1:02:20-17	49:02-16

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	IL Imås	1823	654	28	564	521	605
18	<b>Marit Vågsnes</b> Kolbotn & Skimt OL	02:38:33 1812	33:10-12 763	1:22:42-15 326	58:11-12 625	1:07:12-20 424	
19	<b>Eli Østenfor</b> Kongsberg OL	03:01:38 1700		1:02:19-5 733	1:20:36-24 177	1:07:51-21 411	51:28-19 556
20	<b>Madlen Zwahlen</b> OLG Biel	02:50:47 1567	37:33-18 675	1:42:50-20 0	58:29-13 619	1:14:45-25 273	
21	<b>Janet Clenaghan</b> Solway	02:53:55 1513	37:54-19 668	1:21:41-14 346	01:13:32-22 318	1:45:49-32 0	54:20-21 499
22	<b>Eli Spiten</b> Kongsberg OL	03:01:59 1502		1:32:20-18 133	1:08:35-20 417	1:00:38-14 555	52:46-20 530
23	<b>Elin Balchen</b> Oddersjaa SSK	03:06:47 1460	38:16-20 661	1:23:33-16 309	1:04:58-18 490		
24	<b>Bodil Fidje Lien</b> Laget IL	01:47:40 1200				1:01:47-16 532	45:53-8 668
25	<b>Gerd-Torun Rike Johansen</b> Hisøy OK	01:50:31 1143				59:55-13 569	50:36-18 574
26	<b>Lioudmila Tchijikova</b> OK Mysl	03:02:50 1124	36:29-15 697	1:43:38-21 0	1:27:10-26 46	1:18:18-26 202	1:08:03-26 225
27	<b>Eila Rinne</b> Finn Karelia Team	03:04:11 1096	40:13-22 622			1:06:03-19 447	01:17:55-27 27
28	<b>Astri E. Hole</b> Bergens TF	03:11:54 963	47:31-25 476	1:47:18-23 0	1:27:04-25 48	1:37:13-28 0	57:19-22 439
29	<b>Annie Bøving Michaelsen</b> Tisvilde Hegn OK	03:41:59 928	37:14-17 682		1:57:45-30 0	1:28:34-27 0	1:07:00-25 246
30	<b>Ragna Grande</b> Skien OK	28:55 848	28:55-8 848				
31	<b>Kari Natås</b> Bergens TF	04:27:56 810	45:29-24 517	2:37:48-25 0	1:33:03-28 0	1:38:28-30 0	1:04:39-24 293
32	<b>Ingebjørg Bakko</b> Notodden OL	02:11:34 722				1:10:45-23 353	1:00:49-23 369
33	<b>Kristin Østhagen</b>	04:12:22	42:30-23	1:47:18-23		1:42:34-31	

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	OL Vallset -Stange	576	576	0		0	
34	<b>Ingrid Thunold</b>	01:07:34			1:07:34-19		
	Porsgrunn OL	438			438		
35	<b>Berit Werner-Èrikchen</b>	02:39:39			1:29:03-27	1:10:36-22	
	Vandarringen	364			8	356	
36	<b>Marit Odden</b>	06:21:22		2:55:23-26	1:47:41-29	1:38:18-29	1:51:57-28
	Drangedal OL	0		0	0	0	0

### **D55**

1	<b>Edel Slettemark</b>	02:05:11	34:58-13	44:20-1	35:12-1	45:39-2	41:12-10
	Stord IL	2965	780	1000	1000	965	785
2	<b>Björg Kocbach</b>	02:05:26	30:29-7	49:30-3	41:07-2	43:55-1	32:01-2
	Bergens TF	2865	870	896	881	1000	969
3	<b>Torill Nebell Mikkelsen</b>	02:00:12	26:42-2	47:11-2	41:32-3	46:19-3	35:36-5
	Berger og Svelvik OL	2841	946	943	873	952	897
4	<b>Galina Vershinina</b>	01:47:07	24:00-1	1:02:43-9	55:55-14	52:38-8	30:29-1
	OK Mysl	2825	1000	632	585	825	1000
5	<b>Kristin Vigander</b>	01:52:14	27:09-3	1:11:57-17	48:25-5	52:44-9	32:21-3
	Fossum IF	2722	937	447	735	823	962
6	<b>Haldis Glendrange</b>	01:56:37	28:46-5	53:40-6	51:26-7	51:13-6	36:38-6
	Stavanger OK	2635	904	813	675	854	877
7	<b>Liv Horntvedt</b>	01:58:04	31:19-9	1:03:55-10	51:49-8	46:33-4	40:12-9
	IL Imås	2605	853	608	667	947	805
8	<b>Christina Westman</b>	01:59:17	31:33-10	52:25-4	52:14-9	59:59-14	35:19-4
	Hudiksvalls IF	2590	849	838	659	678	903
9	<b>Kjellaug Hodnekvam</b>	02:22:02	37:54-16	52:30-5	52:28-10	50:27-5	39:05-7
	Bergens TF	2533	722	836	654	869	828
10	<b>Gry Bruland Vråle</b>	02:21:23	32:46-11	54:32-7	52:36-11	54:05-10	50:04-12
	IF Sturla	2416	824	796	652	796	608
11	<b>Else-Margrethe Bredland</b>	02:14:17	27:47-4	59:18-8	47:12-4	1:06:22-15	
	Søgne & Songdalen OK	2384	924	700	760	551	
12	<b>Sissel Olaisen</b>	02:17:52	30:32-8	1:08:22-12	49:40-6	57:40-11	

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Kolbotn & Skimt OL	2304	869	519	710	725	
13	<b>Astrid R. Lie</b>	02:18:08	36:10-14	1:21:21-22	56:00-15	1:13:11-19	45:58-11
	Hedrum OL	2030	756	259	584	414	690
14	<b>Kjellaug Hopsnes</b>	02:35:21	33:39-12	1:08:46-14	52:56-12	1:10:39-18	
	Fana IL	1963	807	511	645	465	
15	<b>Åshild Huse</b>	02:36:49	41:16-20		55:54-13	59:39-13	
	Stord IL	1925	654		586	685	
16	<b>Henny H. Reinhold</b>	02:53:05	36:44-15	1:09:55-15	1:15:27-22	1:06:26-16	56:14-13
	Drangedal OL	1782	745	488	195	549	485
17	<b>Irina Dessinova</b>	02:47:02	46:16-22	1:24:07-23	1:08:18-18	52:28-7	1:08:06-15
	OK Mysl	1721	554	204	338	829	247
18	<b>Liv Røe</b>	03:10:30		1:04:40-11	1:06:24-17	59:26-12	
	Rudsbygd IL	1658		593	376	689	
19	<b>Ingvild Vold</b>	03:07:07	39:41-18	1:08:30-13		1:18:56-21	1:09:11-16
	Fana IL	1501	686	516		299	226
20	<b>Bjørn Lillemo</b>	01:49:33				1:09:59-17	39:34-8
	Kongsberg OL	1296				478	818
21	<b>Brit S. Straume</b>	03:09:05	39:52-19	1:17:22-20	1:11:51-20		1:14:45-17
	Drangedal OL	1288	682	339	267		114
22	<b>Inger Elisabeth Kvaase</b>	03:28:47		1:14:25-19	1:14:52-21	1:17:34-20	56:48-14
	Bækkelaget SPK	1198		398	206	327	473
23	<b>Kari Mehlum Hasle</b>	02:08:51		1:11:19-16	57:32-16		
	Sandefjord OK	1013		460	553		
24	<b>Kathe Basso</b>	02:00:18	42:50-21	1:17:28-21			
	IK Grane	960	623	337			
25	<b>Gerd Yttervik</b>	30:24	30:24-6				
	Lia IL	872	872				
26	<b>Astrid Gjelstad</b>	02:23:23		1:12:42-18	1:10:41-19		
	Sandefjord OK	722		432	290		
27	<b>Reidun Karlsen</b>	39:01	39:01-17				
	Stavanger OK	699	699				

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
<b>D60</b>							
1	<b>Unni Drage</b>	02:01:52	27:20-1	58:53-1	1:05:57-10	35:39-1	38:07-1
	Haugerud IF	3000	1000	1000	515	1000	1000
2	<b>Margith Reppesgård</b>	01:48:19	27:34-2		47:20-3	39:42-2	41:03-2
	Hedrum OL	2855	995		887	919	941
3	<b>Ann-Charlotte Jensen</b>	02:32:10	34:30-5	1:00:03-2	47:11-2	45:25-4	44:56-4
	Hässleholms OK	2729	856	976	890	804	863
4	<b>Inger Johanne Ruud</b>	02:15:14	51:34-12	1:13:09-5	41:43-1	49:46-6	43:45-3
	Hamar OK	2604	515	714	1000	717	887
5	<b>Johanna Ytterbøl</b>	02:22:17	31:18-3	1:08:06-3		42:53-3	50:36-6
	Gimle IF	2590	920	815		855	750
6	<b>Vesle Mari Pran</b>	02:33:47	33:06-4	1:10:04-4		50:37-7	
	Odal OL	2360	884	776		700	
7	<b>Torunn Frøvoll</b>	02:29:24	36:51-6	1:27:47-9	56:30-6	57:00-9	56:03-7
	IF Sturla	2154	809	422	704	573	641
8	<b>Irja Topo</b>	02:47:42	39:09-8	1:16:42-6	1:01:09-7	51:51-8	1:00:07-9
	Finn Karelia Team	2082	763	643	611	676	560
9	<b>Eldfrid Tosseviken</b>	02:42:20	43:28-10	1:50:42-14	1:02:25-9	1:16:54-13	56:27-8
	Holt IF	1896	677	0	586	175	633
10	<b>Inger Rundberget</b>	02:52:17			55:16-5	1:09:16-12	47:45-5
	Kjellmyra IL	1863			729	327	807
11	<b>Synøve Amundsen</b>	02:39:15	38:27-7		1:17:05-15	58:38-10	1:02:10-10
	Kolbotn & Skimt OL	1836	777		292	540	519
12	<b>Vera Blom</b>	03:14:29	1:00:23-14	1:31:51-11	54:32-4	48:06-5	
	Hudiksvalls IF	1834	339	340	743	751	
13	<b>Olaug Lingelem</b>	03:26:25	44:02-11	1:28:03-10	1:14:20-13	1:19:37-15	1:22:01-12
	Sandefjord TIF	1429	666	416	347	120	122
14	<b>Liv Hundland</b>	03:09:15	55:39-13		1:01:26-8	1:23:48-16	1:12:10-11
	Sandefjord OK	1357	433		605	37	319
15	<b>Marta Fersnes</b>	02:28:43		1:22:30-7	01:06:13-11		
	Oddersjaa SSK	1037		527	510		
16	<b>Aud Margaret Lykkjen</b>	03:58:57		1:34:23-12	1:17:28-16	1:07:06-11	

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Måren OK	946		290	285	371	
17	<b>Gerd Aussen</b>	02:36:16		1:24:13-8	1:12:03-12		
	Porsgrunn OL	886		493	393		
18	<b>Ella Bezsonova</b>	03:37:38	1:03:16-15	1:46:03-13	1:15:14-14	1:19:08-14	
	OK Mysl	740	281	56	329	130	
19	<b>Eli Tellesbø</b>	42:56	42:56-9				
	Porsgrunn OL	688	688				
20	<b>Irina Charnaya</b>	05:36:27	1:23:07-16	2:35:06-15	1:38:14-17		1:40:27-13
	OK Mysl	0	0	0	0		0
21	<b>Ragnhild Kjernsmo</b>	05:28:34	2:17:10-17			3:11:24-17	
	Lillomarka OL	0	0			0	

## **D65**

1	<b>Ingrid Roll</b>	01:58:22	26:02-1	55:41-1	36:39-1	43:11-1	40:03-2
	Fana IL	3000	1000	1000	1000	1000	967
2	<b>Gudveig Jørundland</b>	02:34:05		1:08:59-3	1:03:51-12	46:41-2	38:25-1
	OK Sør	2664		734	456	930	1000
3	<b>Unni Bøhlerengen</b>	02:06:54	27:24-2	1:10:20-4	47:41-4	51:49-6	54:07-8
	Måren OK	2578	972	707	779	827	686
4	<b>Olaug F. Johansen</b>	02:21:26	54:11-14	1:06:36-2	47:21-3	53:29-8	40:36-3
	Sauda OK	2536	437	781	786	794	956
5	<b>Inga-Lena Bergfält</b>	02:05:24	32:16-3	1:22:16-7	46:53-2	1:03:47-11	46:15-6
	Hudiksvalls IF	2513	875	468	795	588	843
6	<b>Kaarina Holopainen</b>	02:11:27	32:27-4	1:30:52-10	50:01-6	48:59-3	54:31-9
	Finn Karelia Team	2487	871	296	732	884	678
7	<b>Anbjørg Laukli</b>	02:15:17	34:30-5		53:15-7	57:29-10	43:18-4
	Konnerud IL	2446	830		668	714	902
8	<b>Turid Rosseland</b>	02:37:30	59:27-15	1:16:50-5	53:58-9	51:51-7	51:41-7
	Hisøy OK	2213	331	577	653	826	734
9	<b>Else Ellingsen</b>	02:28:04	42:31-9	1:39:44-13	53:51-8	51:42-5	
	Fana IL	2155	670	119	656	829	
10	<b>Eva Bujordet</b>	02:34:42	40:06-8	1:23:21-8	59:48-10	54:48-9	1:06:57-11

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Kristiansand OK	2022	718	446	537	767	429
11	<b>Rannveig Sommerheim</b>	02:54:20	39:32-7	1:25:37-9	49:11-5		
	OK Horten	1880	730	401	749		
12	<b>Gerd Jahren</b>	03:12:32	52:07-12	1:20:58-6	1:00:35-11	50:59-4	
	Bærums SK	1859	478	494	521	844	
13	<b>Ellen Mathisen</b>	03:00:58	53:02-13		1:04:00-13	1:03:56-12	1:13:26-12
	Porsgrunn OL	1498	460		453	585	299
14	<b>Randi Kjølstad</b>	03:21:34	45:30-11	1:31:23-11	1:04:41-14		
	OL Trollo	1335	610	286	439		
15	<b>Sigfrid Dagestad</b>	02:07:03	35:05-6	1:31:58-12			
	Vaulen OK	1093	819	274			
16	<b>Tora Ottersland</b>	45:09					45:09-5
	Austre Moland IL	865					865
17	<b>Signe Mathisen</b>	43:52	43:52-10				
	Sandefjord OK	643	643				
18	<b>Inger Katla</b>	02:50:34				1:43:40-14	1:06:54-10
	IL Express	430				0	430
19	<b>Olga Johannessen</b>	04:55:16	1:32:34-17		2:01:31-17	2:02:38-16	1:21:11-13
	Bergens TF	144	0		0	0	144
20	<b>Ingeborg Veggeland</b>	01:12:48	1:12:48-16				
	IL Express	64	64				
21	<b>Rannveig Nordhagen</b>	04:39:30			1:30:49-15	1:40:30-13	1:28:11-14
	Asker SK	4			0	0	4
22	<b>Reidunn Prydz</b>	02:17:52					2:17:52-15
	Fossum IF	0					0
23	<b>Haldis Fossnes</b>	01:43:56				1:43:56-15	
	Hisøy OK	0				0	
24	<b>Larisa Kuzmina</b>	05:52:43	1:36:59-18	02:21:21-14	1:54:23-16		
	OK Mysl	0	0	0	0		
<b>H11-12</b>							
1	<b>Harri Luchsinger</b>	54:33	16:19-2	27:22-6	20:39-2	18:32-1	15:22-1

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
	Kongsberg OL	2990	949	958	990	1000	1000
2	<b>Erlend Ø. Bjøntegaard</b>	54:25	13:47-1	26:59-4	21:03-3	19:35-4	23:35-12
	Kongsberg OL	2961	1000	966	982	979	835
3	<b>Gaute H. Steiwer</b>	01:01:18	17:16-4	25:18-1	22:06-4	19:15-3	16:45-2
	Lillomarka OL	2957	930	1000	961	985	972
4	<b>Tobias Stokke</b>	01:09:36	26:13-25	26:03-3	20:11-1	23:22-10	28:39-19
	Sandefjord OK	2888	751	985	1000	903	734
5	<b>Lasse Solheim</b>	01:09:52	17:28-5	27:23-7	23:21-5	19:08-2	22:30-11
	Fana IL	2882	926	958	936	988	857
6	<b>Ivar Lundanes</b>	01:00:50	16:34-3	27:01-5	24:36-6	27:42-15	17:15-3
	Emblem IL	2871	944	965	911	816	962
7	<b>Christian Schive</b>	57:20	17:40-6	34:21-11	39:06-24	21:32-6	18:08-4
	OK Moss	2806	922	819	621	940	944
8	<b>Øyvind Enger</b>	01:11:00	24:58-23	25:42-2	29:09-10	24:47-11	20:31-8
	Modum OK	2764	776	992	820	875	897
9	<b>Eivind Landmark Tandrevold</b>	01:07:14			26:47-7	20:07-5	20:20-6
	Fossum IF	2736			868	968	900
10	<b>Mikkel Gulliksen</b>	01:05:45	19:25-10	49:30-21	26:47-7	30:29-21	19:33-5
	Sandefjord OK	2671	887	516	868	761	916
11	<b>Anders Opsahl Bredesen</b>	01:13:22	18:38-8	34:15-9	32:27-15		20:29-7
	Fossum IF	2621	903	821	754		897
12	<b>Trygve Grøndahl</b>	01:20:00	20:05-13	36:49-13	49:37-28	23:06-8	51:28-30
	Lillomarka OL	2551	874	769	411	908	278
13	<b>Vegard Danielsen</b>	01:10:34	22:44-20			23:07-9	24:43-14
	Oddersjaa SSK	2542	821			908	813
14	<b>Brynjar L. Bakken</b>	01:12:50	20:25-15	36:10-12	30:47-11	36:01-28	21:38-10
	Lillehammer OK	2529	867	782	788	650	874
15	<b>Finn-Eivind Eskøy</b>	01:21:10	23:36-22	30:40-8	35:13-21	26:54-14	28:24-18
	Fossum IF	2527	803	892	699	832	739
16	<b>Thor Chr. Coward</b>	01:12:18	19:19-9	56:58-25	33:06-16	26:13-13	26:46-16
	OK Sør	2507	889	366	741	846	772
17	<b>Sindre W. Nordhagen</b>	01:22:10	20:07-14		33:18-17	28:45-17	31:23-23

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
	NLHI - Orientering	2405	873		737	795	679
18	<b>Geir Kolås</b>	01:22:30	21:42-17		31:37-13	29:11-19	29:24-20
	OL Vallset -Stange	2399	841		771	787	719
19	<b>Jørgen Pedersen</b>	01:30:32	34:17-27	39:50-17	38:24-23	25:02-12	25:40-15
	TIF Viking	2373	590	709	635	870	794
20	<b>Espen Roll Karlsen</b>	01:32:52	25:25-24	34:15-9	31:39-14	33:13-27	26:58-17
	Fana IL	2359	767	821	770	706	768
21	<b>Mathias Hintermann</b>	01:30:35	22:28-18	37:47-14	34:25-19	30:20-20	
	OLG Basel	2340	826	750	715	764	
22	<b>Glenn Adrian Hallberg</b>	01:30:39	19:40-12	39:30-16	36:46-22	31:29-24	30:47-22
	Sandefjord OK	2339	882	716	668	741	691
23	<b>Magnus Beyer Brattli</b>	01:31:40	18:05-7	42:46-19	41:05-25	30:49-22	34:21-28
	Mo OK	2318	914	650	582	754	620
24	<b>Audun Glemmestad</b>	01:40:16	36:09-28	38:13-15	33:56-18	28:07-16	34:18-27
	OL Toten-Troll	2274	552	741	725	808	621
25	<b>Yngve Skogstad</b>	01:26:23	22:32-19	47:42-20	45:11-26	32:03-26	31:48-25
	Mo OK	2225	825	552	500	729	671
26	<b>Mathias Benjaminsen</b>	01:38:00	20:59-16	42:28-18	34:33-20		
	Lillomarka OL	2224	856	656	712		
27	<b>Gudmund T. Høglund</b>	01:44:22	23:31-21	51:48-24	56:22-29	29:03-18	45:18-29
	Oppsal IF	2064	805	470	276	789	401
28	<b>Magnus Rogne Halland</b>	01:53:36		51:21-23	31:26-12	30:49-22	
	Varegg IL	2008		479	775	754	
29	<b>Sigbjørn Holte</b>	02:00:32	27:49-26	49:46-22	47:55-27	42:57-31	1:06:43-31
	Lillehammer OK	1740	719	510	445	511	0
30	<b>Eirik Heggedal</b>	48:08	19:27-11		28:41-9		
	Kongsberg OL	1716	886		830		
31	<b>Kasper P. Valestrand</b>	02:04:56		1:00:23-26		40:08-30	24:25-13
	Risnes IL	1685		298		568	819
32	<b>Kjetil Okkenhaug</b>	53:15				31:55-25	21:20-9
	Verdal OK	1612				732	880
33	<b>Atle Ombustvedt</b>	54:21				22:35-7	31:46-24

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	OK Moss	1591				919	672
34	<b>Ørjan Aas</b>	01:13:39				39:42-29	33:57-26
	Birkenes IL	1204				576	628
35	<b>Henrik Aas</b>	30:32					30:32-21
	Birkenes IL	696					696
<b>H11-12N</b>							
1	<b>Vegard Fredriksen</b>	38:07	12:38-1	20:12-10	14:43-1	28:26-17	10:46-6
	Nittedal OL	2234	750	631	750	535	734
2	<b>Bjørn Lundanes</b>	42:45	14:32-7	17:22-2	17:29-5	17:41-1	10:32-4
	Emblem IL	2201	712	688	694	750	739
3	<b>Sindre Rønning Huber</b>	42:39		14:17-1	18:22-10		10:00-1
	Tynset IF	2177		750	677		750
4	<b>Sondre Bjerke</b>	41:24	14:33-8	20:04-9	16:41-2	20:33-5	10:10-2
	Hedrum OL	2167	711	634	710	692	746
5	<b>Henrik Thoresen</b>	42:38	14:09-5		17:33-6		10:56-7
	Alvdal IL	2143	719		693		731
6	<b>Tord Hanevik</b>	49:09	16:04-17	18:44-7	17:27-4	18:45-2	12:57-11
	Fana IL	2114	681	661	695	728	691
7	<b>Håkon Westergård</b>	44:59	14:23-6	18:34-5	17:12-3	26:00-14	13:24-14
	Varegg IL	2097	715	664	700	583	682
8	<b>Anders Dybvik Fosse</b>	45:38	13:13-3	26:47-27	17:41-7	30:20-21	14:44-19
	IL Solid	2083	738	500	690	497	655
9	<b>Thomas Hess</b>	48:44	13:21-4	20:46-12	24:23-24	19:26-4	15:57-24
	OLV Hindelbank	2081	735	620	556	715	631
10	<b>Henrik Andersen</b>	52:20		23:41-18	19:31-13	19:19-3	13:30-15
	Odda OL	2051		562	654	717	680
11	<b>Torbjørn Agdestein</b>	54:45	12:40-2	17:43-3	22:00-19	24:22-10	
	Stord IL	2046	749	681	604	616	
12	<b>Didrik Dukefoss</b>	47:22	14:50-10	20:17-11		51:21-30	12:15-8
	Lillehammer OK	2041	706	630		76	705
13	<b>Halvor Landmark</b>	48:51	15:12-14	19:49-8	18:19-9	24:40-12	15:20-22

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Fossum IF	2019	698	639	678	610	643
14	<b>Halvard Mysen</b>	53:56	14:43-9	21:16-14	17:57-8		
	Indre Østfold OK	2003	708	610	685		
15	<b>Steffen Simonsen</b>	52:55	15:56-15	23:41-18	21:38-17	24:16-9	12:43-10
	Øvrebø/Vindbjart Orientering	1997	684	562	611	618	695
16	<b>Erlend Røneid</b>	53:22	16:23-21	22:18-15	25:52-27	24:39-11	12:20-9
	Odda OL	1988	675	589	527	610	703
17	<b>Christian Brårmo</b>	50:44	15:00-11	24:54-22	20:18-15	35:32-25	15:26-23
	OK Skeidi	1981	702	537	638	393	641
18	<b>Håvard Langan</b>	58:49	15:58-16	18:37-6	28:46-32	24:14-8	16:34-27
	OK Sør	1965	683	663	469	619	618
19	<b>Helge Kopland</b>	51:41	16:08-18	25:27-23	22:24-21	28:49-19	13:09-12
	Modum OK	1963	680	526	596	527	687
20	<b>Lasse Kløvstad</b>	52:14	16:21-20	32:11-31	22:14-20	43:46-28	13:39-16
	Sandefjord OK	1951	675	392	599	228	677
21	<b>Stian Sandnes Trydal</b>	53:06	15:08-12	24:18-20	23:12-22	33:09-22	14:46-20
	IL Hope	1934	700	549	580	440	654
22	<b>Dag Lofthus</b>	58:50			21:42-18	26:58-15	10:10-2
	Lillehammer OK	1920			610	564	746
23	<b>Jarle Haugerud Birkeland</b>	58:06	16:50-23	21:07-13	20:09-14		
	Årvoll IL	1920	666	613	641		
24	<b>Sindre Hesthammar</b>	56:29	19:55-33	22:49-16	37:24-37	33:19-23	13:45-17
	IL Gular	1858	604	579	296	437	675
25	<b>Sondre Zimmermann Hana</b>	01:00:29	18:57-30	28:35-29	25:19-25	27:38-16	13:54-18
	OL Trollo	1846	623	464	538	551	672
26	<b>Henrik Våge</b>	01:06:17	17:45-27	24:47-21	26:02-28	23:45-7	
	Varegg IL	1815	647	540	523	628	
27	<b>Joakim Bringedal</b>	01:07:06	17:26-24	26:10-26	37:24-37	23:30-6	23:33-30
	IL Gular	1799	654	512	296	633	479
28	<b>Carl Christian Hansen</b>	01:04:05	18:04-29	34:58-34	41:46-39	29:44-20	16:17-25
	IL Gular	1774	641	336	209	509	624
29	<b>Sondre Alvheim</b>	01:09:45	16:34-22	33:52-32	19:19-12		

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	IL Strand-Ulv	1687	671	358	658		
30	<b>Peter Alvheim</b>	01:09:51	16:19-19	34:28-33	19:04-11		
	IL Strand-Ulv	1685	676	346	663		
31	<b>Kris Emil Hadland</b>	01:05:49	24:20-37	30:06-30	26:14-29	37:11-26	15:15-21
	Egersund OK	1680	516	433	519	360	645
32	<b>Espen Nilsen</b>	01:11:23	17:54-28	25:50-25	27:39-30		
	IK Grane	1654	644	519	491		
33	<b>Rudi B. Olsen</b>	01:11:43	20:19-34	25:39-24	25:45-26		
	Lillomarka OL	1647	596	522	529		
34	<b>Njål Vassenden</b>	01:07:31	21:50-35	28:17-28	30:08-33	44:56-29	17:24-29
	Halsnøy OL	1638	566	470	441	205	602
35	<b>Martin Femsteinevik</b>	01:12:53	17:34-25	40:02-35	36:19-36	38:19-27	17:00-28
	IL Strand-Ulv	1598	651	235	318	337	610
36	<b>Sindre Holst</b>	01:25:45	24:45-38		48:49-40	35:17-24	25:43-31
	Varegg IL	1340	507		68	398	435
37	<b>Stian Holmefjord</b>	36:33				25:53-13	10:40-5
	Fana IL	1322				586	736
38	<b>Ånund Lid Byggland</b>	36:10	17:37-26	18:33-4			
	Høydalsmo IL	1314	650	664			
39	<b>Per-Kristian Cappelen</b>	32:40	19:23-31				13:17-13
	Hisøy OK	1299	615				684
40	<b>Haakon Hildisch</b>	01:35:28	19:38-32	47:19-38	28:31-31		
	Lillomarka OL	1173	610	89	474		
41	<b>Sindre Ruud</b>	01:36:39	22:08-36	40:18-36	34:13-35		
	Varegg IL	1149	560	229	360		
42	<b>Sverre Kollerud</b>	46:40		23:17-17	23:23-23		
	Lillomarka OL	1146		570	576		
43	<b>Erik Diaz</b>	01:45:03	26:55-39	44:23-37	33:45-34		
	Lillomarka OL	981	464	148	369		
44	<b>Eirik Soligard</b>	01:03:37				28:48-18	34:49-33
	Bergens TF	780				527	253
45	<b>Erik H. Mathisen</b>	15:08	15:08-12				

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
	Skien OK	700	700				
46	<b>Haakon Dahl Føyen</b>	16:24					16:24-26
	Sørkedalens IF	622					622
47	<b>Bjørn Kroken</b>	21:10			21:10-16		
	Vegårshei IL	621			621		
48	<b>Ole Kristian Mosand</b>	28:13					28:13-32
	Oppsal IF	385					385

### H13

1	<b>Søren Bobach</b>	01:25:49	20:17-3	31:39-1	33:14-3	32:09-1	22:01-1
	Silkeborg OK	3000	953	1000	865	1000	1000
2	<b>Morten Westergård</b>	01:11:50	18:14-2	45:45-4	28:36-2	38:05-2	25:00-2
	Varegg IL	2892	994	718	958	881	940
3	<b>Håkon Heggedal</b>	01:15:06	22:31-5	53:56-9	26:31-1	38:47-3	26:04-3
	Kongsberg OL	2827	908	554	1000	867	919
4	<b>Vegard Ruttenborg</b>	01:30:33	24:02-6	43:58-3	35:09-5	45:27-5	31:22-5
	OL Toten-Troll	2518	878	753	827	734	813
5	<b>Såmund Botnen</b>	01:49:16	35:00-16	40:00-2	37:31-6	45:07-4	31:45-6
	Lifjell OL	2418	659	833	780	740	805
6	<b>Trygve Markset</b>	01:53:24	17:57-1	45:57-5	44:47-11	49:30-8	52:11-17
	IL Koll	2367	1000	714	634	653	396
7	<b>Håvar Stormoen</b>	01:46:35	26:17-7	47:29-7		51:30-12	32:49-9
	Birkenes IL	2300	833	683		613	784
8	<b>Snorre Sebastian Slettemark</b>	01:47:59	21:35-4	1:06:01-18	49:28-12	46:39-6	39:45-14
	Varegg IL	2282	927	312	541	710	645
9	<b>Ole Marius Sandnes</b>	01:42:19	27:13-8	56:24-10	39:42-7	57:23-17	35:24-11
	IL Hope	2282	814	505	736	495	732
10	<b>Mikal Brastad Larsen</b>	01:48:10	31:15-14	46:56-6		50:47-9	29:59-4
	OK Sør	2268	734	694		627	840
11	<b>Kristian Bjerke</b>	01:54:40	29:09-11	1:14:43-19	34:31-4	51:00-10	
	Hedrum OL	2239	776	138	840	623	
12	<b>Ståle Gjelsten</b>	01:53:20	30:15-12	1:00:43-13	1:08:29-17	51:07-11	31:58-7

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	IL Høvdingen	2175	754	418	160	620	801
13	<b>Stian Tokheim</b>	01:53:00	30:38-13	1:01:21-14	43:19-9	1:02:16-19	39:03-13
	Odda OL	2069	746	406	664	397	659
14	<b>Eirik Bjørkevoll</b>	02:17:17	38:18-18	48:03-8	41:08-8	48:06-7	57:04-19
	Odda OL	2060	593	672	707	681	299
15	<b>Bård Kolås</b>	02:01:46	36:46-17	1:02:13-15	55:31-14	52:46-15	32:14-8
	OL Vallset -Stange	2005	623	388	420	587	795
16	<b>Christian Gedde- Dahl</b>	02:16:34	28:08-9	56:24-10		52:02-13	
	Eiker OL	1903	796	505		602	
17	<b>Vegard Paulsen</b>	02:11:20	42:20-21	1:03:06-16	1:19:13-18	53:59-16	35:01-10
	Odda OL	1815	512	371	0	563	740
18	<b>Espen Bjørkevoll</b>	02:09:15	44:16-22	1:22:12-20	44:12-10	1:04:49-20	40:47-15
	Odda OL	1743	473	0	646	346	624
19	<b>Håvard Ydse</b>	02:26:34	28:18-10	58:34-12		59:42-18	1:01:14-21
	OK Sør	1703	793	461		449	215
20	<b>Sondre Holvik</b>	02:19:19	40:56-20	1:04:44-17	1:07:20-16	52:21-14	46:02-16
	Fossum IF	1655	540	338	183	596	519
21	<b>Lars Erik Bakke</b>	02:39:56	34:52-15	1:45:24-22	1:03:56-15	1:14:35-22	1:01:08-20
	Løten OL	1129	661	0	251	151	217
22	<b>Bjørn Rustad</b>	01:42:32				1:05:31-21	37:01-12
	SPK Freidig	1032				332	700
23	<b>Vegard Skogstad</b>	03:10:43		1:25:04-21	53:55-13	1:20:01-24	56:47-18
	Mo OK	798		0	452	42	304
24	<b>Eivind Valestrand</b>	01:58:29	38:29-19			1:20:00-23	
	Bergens TF	632	589			43	
<b>H13-16C</b>							
1	<b>Rune Liberg Sannes</b>	01:22:23	20:02-2	40:07-6	33:04-3	24:23-1	24:56-1
	Lillomarka OL	2209	658	604	709	750	750
2	<b>Vegard Brun Saga</b>	01:14:02	15:26-1	35:40-2	31:42-2	26:54-2	29:10-2
	Skien OK	2185	750	693	736	699	665
3	<b>Glenn Jørgensen</b>	01:28:08	23:39-6	32:51-1	41:29-10	31:38-4	

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Skien OK	1940	585	750	540	605	
4	<b>Andreas Gavle</b>	01:44:42	27:56-13	40:56-7	33:53-4	35:45-6	29:53-3
	Odda OL	1931	500	588	692	522	651
5	<b>Sigbjørn Lindgren</b>	01:40:38	20:43-3	43:19-9	36:36-6		41:30-12
	Melum IL	1822	644	540	638		418
6	<b>Knut Sveinung Rekaa</b>	01:44:54		38:09-3	43:05-14	32:46-5	33:59-8
	Notodden OL	1795		644	508	582	569
7	<b>Håkon B. Tangen</b>	01:34:07	25:30-10	47:20-11	37:26-7		31:11-4
	Kjose IL	1794	548	460	621		625
8	<b>Martin Børvik</b>	01:33:43	26:23-11	53:24-15	31:01-1	36:19-7	39:53-11
	Birkenes IL	1792	531	339	750	511	451
9	<b>Rune Sagvolden</b>	01:36:26	25:06-9	39:38-5	42:15-13	54:38-17	31:42-5
	Østmarka OK	1784	556	614	525	145	614
10	<b>Vegard Fossestøl</b>	01:44:04	23:07-5	41:15-8	39:42-9	42:24-11	49:49-15
	Nittedal OL	1754	596	582	576	389	252
11	<b>Øystein Nipen Egeland</b>	01:41:49	21:40-4	48:08-12		43:27-12	32:01-6
	IL Gneist	1677	625	444		368	608
12	<b>Jostein Rekdal Christensen</b>	01:42:49	27:01-12	38:30-4		52:13-16	37:18-10
	Notodden OL	1657	518	637		193	502
13	<b>Hans Christian Bakken</b>	01:57:12	28:20-16	45:38-10	43:14-15	38:53-9	45:33-13
	Eiker OL	1491	492	494	505	460	337
14	<b>Per Anders Bakkehaug</b>	02:06:39		51:59-13	36:35-5	38:05-8	53:59-17
	Sandefjord OK	1481		367	638	476	169
15	<b>Øystein Freim</b>	01:49:39	30:31-18		47:46-18	31:22-3	55:16-18
	Odda OL	1473	448		415	610	143
16	<b>Espen Holte</b>	01:50:03	24:08-7	56:20-16	45:45-16	40:10-10	49:56-16
	Lillehammer OK	1465	576	280	455	434	250
17	<b>Kristian Sandvik Førde</b>	01:45:46	24:31-8	1:22:09-22	1:02:37-20	45:21-13	35:54-9
	Sveio OL	1428	568	0	118	330	530
18	<b>Glenn Remi Hadland</b>	01:55:58	28:05-14	58:24-18	42:14-12		45:39-14
	Egersund OK	1357	497	239	525		335
19	<b>Kristoffer Nerhus</b>	02:02:21	32:55-19	59:39-19	41:56-11	47:30-14	55:50-19

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
	IL Strand-Ulv	1218	400	214	531	287	132
20	<b>Håvard Dahl Våge</b>	02:14:31	28:14-15	1:08:15-21	38:02-8	1:00:51-19	
	Varegg IL	1145	494	42	609	20	
21	<b>Henning Sommerfelt</b>	02:16:06	29:45-17	52:34-14	53:47-19	1:10:17-21	57:28-20
	Laget IL	1112	463	355	294	0	99
22	<b>Kjetil Sollie Lund</b>	02:41:47		1:07:07-20	47:10-17	47:30-14	
	OL Trollo	778		64	427	287	
23	<b>Andreas Sommerfelt</b>	02:26:53	35:07-20	56:57-17	1:03:16-21	54:49-18	1:07:36-22
	Laget IL	765	356	268	105	141	0
24	<b>Eivind Valestrand</b>	32:11					32:11-7
	Bergens TF	605					605
25	<b>Christian H. Mathisen</b>	39:53	39:53-21				
	Skien OK	261	261				
26	<b>Ole-Thomas Cappelen</b>	02:57:25	53:35-22			1:02:20-20	1:01:30-21
	Hisøy OK	18	0			0	18
<b>H13-16N</b>							
1	<b>Sondre Jørgensen</b>	53:26	15:53-1		26:31-1	27:02-3	11:02-1
	Skien OK	2250	750		750	686	750
2	<b>Sondre Jørgensen</b>	01:11:37	18:10-2	37:19-3	29:37-3	23:50-1	
	Østmarka OK	2142	704	589	688	750	
3	<b>Espen Coward</b>	01:12:45		29:33-2		27:53-4	15:19-3
	OK Sør	2077		744		669	664
4	<b>Morten Dybo Kjølstad</b>	01:10:54		1:03:41-6	29:07-2	26:41-2	15:06-2
	OL Trollo	2059		62	698	693	668
5	<b>Erik Natås</b>	01:05:59	21:18-4	29:17-1	34:42-5	46:29-6	15:24-4
	Bergens TF	2053	641	750	586	297	662
6	<b>Torstein Røed</b>	01:09:18	20:10-3	46:28-5	33:00-4	37:53-5	16:08-5
	OL Vallset -Stange	1932	664	406	620	469	648
7	<b>Mathias O. Hauge</b>	40:21		40:21-4			
	NOTEAM	528		528			

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
<b>H14</b>							
1	<b>Erik Sagvolden</b>	01:26:42	16:44-2	31:15-1	32:56-1	45:12-3	22:31-1
	Østmarka OK	3000	986	1000	1000	758	1000
2	<b>Serguei Chorokhov</b>	01:35:54	26:59-18	44:12-4	34:33-2	33:06-1	28:15-2
	OK Mysl	2852	781	741	967	1000	885
3	<b>Harald Berge</b>	01:28:14	16:03-1	31:45-2	40:26-5		33:44-7
	IL Tyrving	2840	1000	990	850		775
4	<b>Karsten Kopland</b>	01:34:47	17:58-3	46:23-5	35:42-3	41:07-2	51:03-19
	Modum OK	2744	961	697	944	839	429
5	<b>Bjørn Ekeberg</b>	01:29:29	19:51-4	39:31-3	41:28-7	48:52-6	30:07-3
	IL Tyrving	2606	924	834	829	684	848
6	<b>Erling Grammeltvedt</b>	01:31:08	23:01-7	49:26-6	36:27-4	56:30-15	31:40-5
	Porsgrunn OL	2606	860	636	929	532	817
7	<b>Vegard Omdal</b>	01:33:09	20:04-5	57:25-12	41:04-6	48:24-5	32:01-6
	Øvrebø/Vindbjart Orientering	2566	919	476	837	694	810
8	<b>Kristian Opsahl Bredeesen</b>	01:55:55	22:58-6	49:57-8	43:00-8	53:35-11	
	Fossum IF	2285	861	626	798	590	
9	<b>Andreas Hem</b>	02:01:29	23:43-10	54:18-10	47:48-9	49:58-7	47:29-16
	Sandefjord OK	2210	846	539	702	662	500
10	<b>Jostein Utstumo</b>	01:52:04	24:27-13	1:17:55-21	51:41-12	57:45-16	35:56-9
	IK Grane	2188	832	66	625	507	731
11	<b>Erlend Gjestemoen</b>	01:52:28	24:50-15	1:03:17-16	57:57-17	53:34-10	34:04-8
	Bergens TF	2183	824	359	499	590	769
12	<b>Nikita Oskine</b>	02:15:19		1:10:57-20	49:02-10	55:33-12	30:44-4
	OK Mysl	2064		206	678	551	835
13	<b>Truls Bech Jensen</b>	01:59:03	24:24-12	53:25-9	1:00:09-19	58:49-17	41:14-11
	IL Tyrving	2014	833	556	455	485	625
14	<b>Anders Heivoll</b>	02:17:55		1:00:06-15	49:31-11	51:36-9	36:48-10
	Søgne & Songdalen OK	2012		423	668	630	714
15	<b>Steinar Fredriksen</b>	02:09:42	24:12-11	49:49-7	55:41-15		52:46-20
	Nittedal OL	2010	837	628	545		395
16	<b>Øystein L. Bakken</b>	02:03:29	23:33-9			55:48-13	44:08-14

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
	Lillehammer OK	1963	850			546	567
17	<b>Fredrik Rønningen</b>	02:03:58	23:19-8	58:54-13	56:34-16	1:01:38-18	44:05-13
	Sandefjord OK	1949	854	447	527	429	568
18	<b>Sverre Rasmussen Grevskott</b>	02:13:45	24:28-14	56:12-11	53:05-13		
	Varegg IL	1929	831	501	597		
19	<b>Stian Solheim</b>	02:15:19	34:56-22	1:06:08-18	59:49-18	55:52-14	44:31-15
	Fana IL	1726	622	302	462	544	560
20	<b>Ådne Mong</b>	02:16:16	27:47-19	1:05:27-17	1:00:57-20	1:20:21-20	47:32-17
	Egersund OK	1703	765	316	439	55	499
21	<b>Lars Jørgensen Tveito</b>	02:27:02	26:43-16	1:06:08-18	54:11-14	1:11:22-19	1:02:53-22
	Varegg IL	1663	786	302	575	234	192
22	<b>Andrei Beliaev</b>	02:57:59		1:00:01-14	1:06:31-21	51:27-8	57:37-21
	OK Mysl	1385		424	328	633	298
23	<b>Magnus Ombustvedt</b>	01:29:35				47:57-4	41:38-12
	OK Moss	1320				703	617
24	<b>Kjetil Øygaard</b>	03:08:14	26:46-17	1:38:12-23	1:28:06-23	1:26:56-22	1:03:16-23
	Løten OL	970	785	0	0	0	185
25	<b>Bengt Vestvik</b>	03:00:56	34:23-21		1:20:14-22	1:22:52-21	1:06:19-24
	Haugesund IL	811	633		54	4	124
26	<b>Endre Oppen</b>	01:59:44	33:49-20	1:25:55-22			
	IF Sturla	644	644	0			
27	<b>Kristoffer Rundhaug</b>	04:32:02		1:59:04-24	1:44:35-24	1:28:46-23	48:23-18
	Mo OK	482		0	0	0	482
<b>H15</b>							
1	<b>Olav Lundanes</b>	01:24:39	20:56-1	32:26-1	31:17-1	39:00-1	25:40-3
	Emblem IL	3000	1000	1000	1000	1000	994
2	<b>Christian Bobach</b>	01:36:34	24:40-2	46:52-4	45:02-6	46:32-3	25:22-1
	Silkeborg OK	2774	925	711	725	849	1000
3	<b>Kristian Wollen Steen</b>	01:29:46	28:26-5	46:46-3	35:45-2	49:52-7	25:35-2
	Fana IL	2755	850	713	910	782	995
4	<b>Martin Hess</b>	01:44:04	29:50-6	51:25-7	46:14-7	47:39-6	26:35-4

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	OLV Hindelbank	2624	822	620	701	827	975
5	<b>John Anders Bakke</b>	01:44:28	32:41-10		44:08-4	42:01-2	29:46-5
	Løten OL	2616	765		743	939	912
6	<b>Martin Sørensen</b>	01:55:55	26:19-3	45:25-2	43:02-3	46:34-4	40:04-8
	Eiker OL	2505	892	740	765	848	706
7	<b>Håkon Smedberg</b>	01:53:57	32:23-9	54:36-8	58:47-10	51:38-8	29:56-6
	Eiker OL	2426	771	556	450	747	908
8	<b>Leif Inge Kjemperud</b>	02:07:32	26:59-4	48:25-5	52:08-8		
	LF-Hønefoss Orientering	2142	879	680	583		
9	<b>Niklas Grønhovd</b>	02:16:32	38:45-14	50:38-6	1:02:57-11	47:09-5	
	Modum OK	2116	643	636	366	837	
10	<b>Arne Suleng</b>	02:10:04	40:03-15		44:20-5	1:13:48-10	45:41-10
	OK Moss	1949	617		739	304	593
11	<b>Gian-Luca Poltéra</b>	02:29:05	35:07-12	1:34:56-13		1:21:21-11	32:37-7
	Quack OK	1724	716	0		153	855
12	<b>Bjarne Skretting Aurebekk</b>	02:41:52	36:40-13	1:22:07-10	1:06:54-13	58:18-9	
	Torridal IL	1586	685	6	287	614	
13	<b>Eirik B. Bjerknes</b>	02:39:14	31:16-7	1:04:43-9	1:03:15-12		1:07:13-12
	Kjose IL	1507	793	354	360		163
14	<b>Håvard Bauge</b>	02:57:43	32:42-11	1:32:05-12	52:56-9		
	Haugesund IL	1331	764	0	567		
15	<b>Trond Suleng</b>	01:34:59	49:30-16				45:29-9
	OK Moss	1025	428				597
16	<b>Jon Morten Mosand</b>	03:07:41	50:18-17	1:25:45-11	1:10:36-14	1:24:10-12	1:06:47-11
	Oppsal IF	796	412	0	213	96	171
17	<b>Kristoffer Stenstad</b>	31:55	31:55-8				
	Oppsal IF	780	780				
<b>H16</b>							
1	<b>Kristoffer Fiane Pedersen</b>	01:57:41	24:04-1	49:36-1	44:01-1	45:09-1	23:30-1
	IK Grane	3000	1000	1000	1000	1000	1000
2	<b>Tore Dyrhaug Mo</b>	01:34:42	25:14-2	54:35-4	44:51-2	50:10-4	24:37-2

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Østmarka OK	2936	976	900	983	899	977
3	<b>Ola Marius Pedersen</b>	01:39:35	26:59-4	54:47-5	45:39-3	49:31-3	26:57-7
	OK Skeidi	2839	941	896	967	912	931
4	<b>Eiminas Vovris</b>	01:45:54	26:50-3	52:11-2	50:14-7	59:48-9	26:53-6
	Drangedal OL	2824	944	948	875	707	932
5	<b>Eivind Aardal</b>	01:41:37	28:48-6	1:08:21-12	49:04-4	48:08-2	24:41-3
	Raumar OL	2821	905	625	899	940	976
6	<b>Yngve Volden</b>	01:49:20	28:01-5	53:45-3	49:19-5	53:16-6	27:34-9
	Løten OL	2756	921	917	894	837	918
7	<b>Ole R. Jørgensen</b>	01:44:08	29:31-7	1:01:04-8	49:21-6	52:35-5	25:16-4
	Østmarka OK	2748	891	770	893	851	964
8	<b>Espen Rognsvåg</b>	02:21:06	37:25-17	56:40-7	1:03:50-15	57:03-7	27:23-8
	Fana IL	2542	733	858	603	762	922
9	<b>Sigmund Størset</b>	02:23:18	36:36-15	55:57-6	53:22-8	1:09:10-16	33:59-11
	Molde & Omegn IF	2476	749	873	813	519	790
10	<b>Sveinung W. Syversen</b>	01:58:28	33:50-12	1:04:17-9	58:21-13	1:11:01-17	26:17-5
	Halden SK	2461	804	706	713	482	944
11	<b>Johannes Sandvik Førde</b>	02:28:39	31:58-10	1:18:21-16	55:23-10	1:01:18-11	
	Sveio OL	2291	842	425	772	677	
12	<b>Dag Freddy Røed</b>	02:08:12	38:37-19	1:07:18-11	56:09-11		33:26-10
	OL Vallset -Stange	2267	709	646	757		801
13	<b>Alf Johan Lima</b>	02:34:50	32:50-11	1:07:07-10	54:53-9		
	Gjesdal IL	2255	824	649	782		
14	<b>Åsmund Hasaas</b>	02:34:13	31:51-9		58:41-14	1:03:41-12	
	OK Skeidi	2179	844		706	629	
15	<b>Sven Hatteland</b>	02:40:56	31:10-8	1:12:43-14	1:22:49-20	57:03-7	
	Klepp IL	2157	858	537	224	762	
16	<b>Atle Fossetøl</b>	02:19:28	34:20-13			1:06:55-14	38:13-14
	Nittedal OL	2063	794			564	705
17	<b>Vidar Fauske</b>	02:19:58	38:10-18	1:21:47-19	1:05:07-18	1:08:42-15	36:41-13
	Bergens TF	2032	718	356	578	529	736
18	<b>Øystein Grøndahl</b>	02:23:46	37:24-16	1:14:27-15	1:04:12-16	1:06:42-13	42:10-17

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Lillomarka OL	1955	733	503	596	569	626
19	<b>Ole Andre Skage</b>	02:27:04	40:20-20		1:04:45-17	1:19:45-18	41:59-16
	IL Gneist	1889	674		585	308	630
20	<b>Arthur Andreassen</b>	02:54:21	35:00-14	1:21:40-18	57:41-12		
	Sandefjord OK	1865	781	358	726		
21	<b>Marius Uv Nagell</b>	02:57:39	1:07:50-23	1:12:30-13	1:24:17-21	1:01:07-10	44:02-18
	IF Sturla	1811	124	542	194	680	589
22	<b>Andrei Loukine</b>	03:02:14	1:02:57-22	1:49:34-20	1:05:37-19	1:21:55-19	34:42-12
	OK Mysl	1608	222	0	568	264	776
23	<b>Knut Inge Engelbreth</b>	02:58:37	58:32-21	1:21:04-17		1:30:15-20	39:01-15
	Varegg IL	1369	310	370		98	689

### **H17-20AL**

1	<b>Kristian Ruud</b>	01:43:51	28:00-1	46:35-1	49:16-3	54:40-4	29:16-1
	Østmarka OK	3000	1000	1000	935	895	1000
2	<b>Murray Strain</b>	02:09:34	31:43-5	52:47-4	48:25-2	49:26-1	33:44-7
	Østmarka OK	2877	925	876	952	1000	910
3	<b>Tor Øyvind Omdal</b>	01:51:07	30:06-2	54:24-7	51:03-6	1:01:48-14	29:58-2
	Øvrebø/Vindbjart Orientering	2844	958	843	900	752	986
4	<b>Lars Christian Unger</b>	01:56:23	33:02-7	1:05:16-29	51:01-5		32:20-3
	Østmarka OK	2737	899	626	900		938
5	<b>Knut Petter Åstebøl</b>	01:56:42	34:03-9	1:00:15-17	49:58-4	1:07:11-23	32:41-4
	Oppsal IF	2731	879	726	921	645	931
6	<b>Aleksander Østhagen</b>	02:02:35	32:19-6	53:57-6	53:55-11	55:26-5	34:50-10
	OL Vallset -Stange	2681	913	852	842	880	888
7	<b>Håkon Teigen Røed</b>	02:01:21	34:16-10	58:32-12	54:16-13	1:08:45-26	32:49-5
	Kongsberg OL	2638	874	761	835	613	929
8	<b>Arno Grønhovd</b>	02:18:58	34:36-12	50:56-3	53:26-9	57:58-6	44:06-30
	Modum OK	2633	868	913	852	829	703
9	<b>Tim Christoffersen</b>	02:03:39	33:47-8	53:54-5		58:56-9	35:58-14
	OK Pan	2603	884	853		810	866
10	<b>Pauli Nieminen</b>	02:04:35	30:24-3	56:03-8	1:00:34-23	1:00:16-10	38:08-19

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
	Keravan Urheilijat	2584	952	810	709	783	822
11	<b>Kjell-Christian Markset</b>	02:27:51		1:06:48-32	1:00:15-22	52:13-3	35:23-11
	IL Koll	2537		595	716	944	877
12	<b>Magne Knudsen Jr.</b>	02:27:50		57:57-11	56:45-20	58:00-7	33:05-6
	Østmarka OK	2537		772	786	828	923
13	<b>Sigve Botnen</b>	02:06:32	35:45-16	1:02:57-25	51:39-7	1:03:27-16	39:08-22
	Lifjell OL	2535	845	672	888	719	802
14	<b>Åsulv Stormoen</b>	02:08:39	36:09-18	1:01:54-23	53:22-8	1:05:02-20	39:08-22
	Ås-NLH Orientering	2492	837	693	853	688	802
15	<b>Kjetil Smedberg</b>	02:09:07	35:00-13	59:27-15	54:02-12	1:01:19-12	40:05-26
	Eiker OL	2483	860	742	840	762	783
16	<b>Tarald Langan</b>	02:15:32	36:31-20	1:04:00-27	1:00:55-25	1:01:09-11	37:52-18
	OK Sør	2422	829	651	702	765	828
17	<b>Nicholas Almeland</b>	02:34:48		1:09:02-35	54:30-14	1:02:29-15	37:49-17
	Fana IL	2399		551	831	739	829
18	<b>Torgeir Wiik</b>	02:31:08	37:56-22	59:38-16	53:34-10	1:04:37-19	42:36-28
	OK Moss	2389	801	739	849	696	733
19	<b>Rune Jensen</b>	02:14:57	39:13-25	58:32-12	1:12:06-33	1:22:07-34	37:12-16
	OK Pan	2377	775	761	479	346	841
20	<b>Kim Andre R. Sveen</b>	02:32:28	35:39-15	1:00:47-18	56:02-17	1:06:16-22	
	Hadeland OL	2363	847	716	800	663	
21	<b>Øystein Botnen</b>	02:34:15	49:35-42	57:43-10	1:02:22-29	1:14:11-28	34:10-9
	Lifjell OL	2352	568	777	673	505	902
22	<b>Sindre Lea Olsen</b>	02:16:53	38:45-24	1:01:44-22		1:06:12-21	36:24-15
	Ganddal IL	2339	785	697		664	857
23	<b>Joakim Aardal</b>	02:35:08	41:00-28	57:15-9	56:23-18		41:30-27
	Raumar OL	2334	740	786	793		755
24	<b>Erik Mygind</b>	02:38:57	45:01-35	1:01:35-20	1:01:13-26	58:50-8	38:32-20
	OK Pan	2326	659	700	696	812	814
25	<b>Anders Beyer Brattli</b>	02:17:56	34:32-11	1:06:03-30	54:50-16	1:17:16-31	48:34-36
	Mo OK	2307	869	610	824	443	614
26	<b>Fredrik Sandal</b>	02:41:05	52:48-44	1:04:19-28	1:12:12-34	1:01:19-12	35:27-12

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Ganddal IL	2283	504	645	477	762	876
27	<b>Lars Grønhovd</b>	02:37:17	36:20-19	59:21-14	1:01:36-28		
	Modum OK	2266	833	744	689		
28	<b>Erik Lima</b>	02:39:14	42:57-32	1:01:42-21	54:35-15		
	Gjesdal IL	2227	701	697	829		
29	<b>Jostein Bø Fløystad</b>	02:26:43	39:35-26	1:13:14-40	1:09:56-31	1:07:40-24	39:28-24
	Gjø-Vard OL	2199	768	467	522	635	796
30	<b>Kenneth Sandvold</b>	02:43:00	42:32-29	1:03:56-26	56:32-19		
	Eiker OL	2152	709	653	790		
31	<b>Sigbjørn Ytrehus</b>	02:43:01	42:46-31	1:02:22-24	57:53-21		
	Ringerike OL	2151	704	684	763		
32	<b>Dani Voreland</b>	02:47:43		1:07:10-33		1:04:36-18	35:57-13
	IL Imås	2150		588		696	866
33	<b>Håvard Suleng</b>	02:29:48	38:07-23	1:08:13-34		1:08:09-25	43:32-29
	OK Moss	2136	797	567		625	714
34	<b>Per Ivar Vaaje</b>	02:27:24	47:25-39	1:09:27-36	1:01:24-27		38:35-21
	Marnardal IL	2117	611	542	693		813
35	<b>Bjørnar Storsveen</b>	02:30:55	35:47-17			1:04:29-17	50:39-37
	Nydalens SK	2115	844			699	572
36	<b>Kristoffer Ødgaard</b>	02:29:24	40:34-27	1:01:21-19	1:06:08-30	1:13:50-27	47:29-34
	OK Moss	2087	748	704	598	512	635
37	<b>Kristian Kullerud</b>	01:35:22		49:19-2	46:03-1		
	Sarpsborg OL	1945		945	1000		
38	<b>Øystein Sørensen</b>	01:25:10				51:24-2	33:46-8
	Eiker OL	1870				960	910
39	<b>Sveinung Tveito</b>	02:44:15	45:10-37	1:11:42-39	1:27:27-41	1:16:09-30	47:23-33
	Varegg IL	1790	656	497	172	465	637
40	<b>Bård Simonsen</b>	02:47:07	48:40-40	1:11:14-38	1:15:28-36	1:22:33-35	47:13-31
	Varegg IL	1734	586	507	411	337	641
41	<b>Andrew Brown</b>	02:48:00	49:38-43	1:10:32-37	1:17:48-40	1:15:36-29	47:50-35
	Østmarka OK	1716	567	521	365	476	628
42	<b>Anders Eidstuen</b>	03:05:51	45:08-36	1:06:42-31	1:14:01-35	1:18:09-32	1:00:17-39

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Lillomarka OL	1694	657	597	440	425	379
43	<b>Aslak Stokkeland</b>	02:54:49	46:11-38	1:37:59-44		1:21:16-33	47:22-32
	Ganddal IL	1637	636	0		363	638
44	<b>Thomas Furuheim</b>	01:37:17	36:33-21		1:00:44-24		
	Porsgrunn OL	1535	829		706		
45	<b>Nils Hesthag</b>	03:16:29	44:13-34	1:21:25-41	1:10:51-32	1:54:25-37	1:07:02-41
	Austre Moland IL	1482	675	303	504	0	244
46	<b>Espen Karlsen</b>	03:07:14	49:03-41	1:26:00-42	1:16:20-39	1:36:43-36	1:01:51-40
	Stavanger OK	1321	579	211	394	54	348
47	<b>Nils Petter Rundhaug</b>	03:40:18		1:33:18-43	1:16:06-37		50:54-38
	Mo OK	1031		65	399		567
48	<b>Oscar Andersen</b>	30:24	30:24-3				
	Porsgrunn OL	952	952				
49	<b>Hans Christian Hasaas</b>	35:22	35:22-14				
	Porsgrunn OL	852	852				
50	<b>Niklas Norman</b>	39:40					39:40-25
	Heming/Njård OL	792					792
51	<b>Dag Aalvik</b>	42:40	42:40-30				
	Austre Moland IL	706	706				
52	<b>Thomas Rønningen</b>	43:03	43:03-33				
	Porsgrunn OL	699	699				
53	<b>Jonas E Lunde</b>	04:36:29	1:17:40-45	2:02:31-46	1:16:18-38	2:39:44-38	
	Austre Moland IL	401	6	0	395	0	
54	<b>Hallstein Ulvshus</b>	01:54:02		1:54:02-45			
	IL Imås	0		0			
<b>H17AK</b>							
1	<b>Uille Halonen</b>	01:24:26	22:58-1	43:10-2	33:53-2	38:29-1	22:59-1
	Finn Karelia Team	2250	750	700	748	750	750
2	<b>Geir Ottar Kvernstuen</b>	01:40:16		40:41-1	33:49-1	44:26-4	25:46-6
	NTNUI	2194		750	750	631	694
3	<b>Sveinung Rykkje</b>	01:33:41	25:30-4	43:26-3	38:39-5	43:32-3	24:45-3

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Fana IL	2108	699	695	653	649	714
4	<b>Mattis Myhre</b>	02:00:34		44:20-5	34:35-3	41:39-2	27:46-10
	NTNUI	2097		677	734	686	654
5	<b>Trond Døskeland</b>	01:29:54	27:39-9	46:01-7	36:05-4	44:56-5	26:10-7
	Fana IL	2046	656	643	704	621	686
6	<b>Stig Bjørnløw Dalsøren</b>	01:40:42	28:41-13	46:38-8	40:28-7	1:08:36-32	25:23-4
	Oslo Studentenes IK	1968	635	631	617	147	702
7	<b>Heikki Jokinen</b>	01:51:45	26:11-5	44:50-6	40:44-9		
	Finn Karelia Team	1963	685	667	611		
8	<b>Endre Nygaard</b>	01:36:29	27:05-7	51:02-14	40:28-7	1:02:05-23	28:56-14
	Vaulen OK	1915	667	543	617	278	631
9	<b>Geir Holm Gundersen</b>	01:43:46	27:19-8	47:37-9	45:27-16	51:53-12	28:50-12
	IF Sturla	1907	663	611	517	482	633
10	<b>Steinar Låg</b>	01:44:26	28:15-12	48:27-10	43:45-12	47:04-8	27:44-9
	Østmarka OK	1893	644	594	551	578	655
11	<b>Tero Vesisenaho</b>	01:53:19			40:08-6	46:21-7	26:50-8
	Finn Karelia Team	1888			623	592	673
12	<b>Vegard Triseth</b>	01:55:55	24:53-3	49:22-12	41:40-10		
	NTNUI	1880	711	576	593		
13	<b>Harald Torbjørnsen</b>	01:44:52	28:41-13		46:06-18	48:25-9	27:46-10
	Stor-Elvdal SK	1840	635		504	551	654
14	<b>Torstein Hole</b>	01:47:53	28:10-11	55:12-16	51:39-31	50:48-10	28:55-13
	Nydalens SK	1780	646	459	393	503	631
15	<b>Steinar Høgseth</b>	01:43:27	30:46-19	1:02:59-31	41:50-11		30:51-20
	Lillomarka OL	1775	594	304	589		592
16	<b>Vidar Mong</b>	02:07:32		50:11-13	48:03-22	51:58-13	25:23-4
	Egersund OK	1742		560	465	480	702
17	<b>Kristian Løvås</b>	02:02:41	30:24-18	56:10-17	46:52-20	45:25-6	
	Varegg IL	1701	601	440	489	611	
18	<b>Trond Jacob Bøe</b>	02:08:23	32:09-22	52:21-15	43:53-13		
	Suldal OL	1630	566	516	548		
19	<b>Christian Pedersen</b>	01:57:54	29:29-17	57:51-21		57:44-17	30:34-19

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
	TIF Viking	1623	619	406		365	598
20	<b>Bent Ove B. Rinden</b>	02:06:49			48:30-24	53:47-14	24:32-2
	Oslo Studentenes IK	1619			456	444	719
21	<b>Marko Määttä</b>	01:59:26	34:51-31	59:21-25		55:33-16	29:02-15
	Kaustisen Pohjan-Veikot	1549	512	376		408	629
22	<b>Torstein Fjermestad</b>	01:56:03	32:22-23	1:02:09-29	49:48-27	1:02:48-24	33:53-27
	NTNUI	1524	562	320	430	263	532
23	<b>Erlend Rosseland</b>	01:57:54	34:11-29	1:01:43-27	48:04-23	1:06:48-30	35:39-32
	Odda OL	1486	525	329	465	183	496
24	<b>Henning K. Pedersen</b>	02:15:57	28:54-16	56:20-18	50:43-28		
	IL Tyrving	1480	631	437	412		
25	<b>Anders Mjaaland</b>	02:13:45	32:28-24		45:54-17	55:23-15	
	Oddersjaa SSK	1480	560		508	412	
26	<b>Are Biseth</b>	02:17:21		59:03-24	47:04-21		31:14-21
	Kongsberg OL	1452		382	485		585
27	<b>Erik Skantze</b>	02:00:09	31:19-20	1:06:39-35	53:37-34	1:05:37-28	35:13-31
	IL Tyrving	1442	583	230	354	207	505
28	<b>Ketil Døskeland</b>	02:18:07		58:40-23	49:31-26	1:11:49-38	29:56-17
	Fana IL	1437		390	436	83	611
29	<b>Gisle Nysæter</b>	01:08:18	24:01-2	44:17-4			
	IL Tyrving	1407	729	678			
30	<b>Jyrki Tuokko</b>	02:02:14	48:19-51	1:24:49-47	44:45-15	1:15:50-41	29:10-16
	Finn Karelia Team	1400	243	0	531	3	626
31	<b>Jon Øyvind Pedersen</b>	02:07:07	33:13-25	1:13:05-43	57:49-36	58:11-18	35:43-33
	OK Skeidi	1396	545	102	270	356	495
32	<b>Henning Jordheim</b>	02:03:21	31:23-21		1:01:47-43		30:11-18
	OK Horten	1377	581		190		606
33	<b>Stian Valestrand</b>	02:14:45	41:38-44	59:39-26	53:32-33	1:01:50-22	33:28-26
	Bergens TF	1286	376	370	355	283	540
34	<b>Lars Benestad</b>	02:26:56	35:43-32	56:20-18	54:53-35		
	IK Grane	1260	495	437	328		
35	<b>Vemund Kongsnes</b>	02:14:00	37:36-35			1:03:21-25	33:03-25

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Østmarka OK	1257	457			252	548
36	<b>Tom Idar Haugen</b>	02:16:49	43:12-48	57:16-20		1:01:12-19	36:21-34
	Drangedal OL	1245	345	418		295	482
37	<b>Knut Eliassen</b>	02:14:49	39:03-40	1:12:35-42	1:00:05-40	1:01:22-20	34:24-30
	Vaulen OK	1241	428	112	224	292	521
38	<b>Dag Magne Vedå</b>	02:15:30	27:40-10			1:13:37-40	34:13-29
	IL Express	1228	656			47	525
39	<b>Øystein Røysland Sørli</b>	02:10:58	34:00-28	1:13:49-44	51:00-29		45:58-48
	Notodden OL	1225	529	87	406		290
40	<b>John Åsmund Westberg</b>	02:30:48	33:44-26	1:05:50-33	51:14-30		
	Lillomarka OL	1182	534	247	401		
41	<b>Jørgen B. Øksenholt</b>	02:18:46	38:21-36	1:08:15-37	1:15:30-54	1:01:42-21	38:43-42
	Skien OK	1162	442	198	0	285	435
42	<b>Lars Erik Halvorsen</b>	02:14:48	38:46-38	1:10:23-39	58:20-37		37:42-38
	Berger og Svelvik OL	1148	434	156	259		455
43	<b>Rune Vassenden</b>	02:14:59	37:28-34	1:08:02-36	1:00:49-41	1:10:07-35	36:42-35
	Halsnøy OL	1145	460	203	210	117	475
44	<b>Helge Vassenden</b>	02:17:03	42:09-45	1:51:15-52	53:09-32	1:08:26-31	41:45-46
	Halsnøy OL	1103	366	0	363	151	374
45	<b>Stein Inge Skage</b>	02:25:25	39:02-39	1:04:57-32	1:11:16-52	1:31:55-43	41:26-44
	IL Gneist	1073	428	264	1	0	381
46	<b>Jan Erik Sire</b>	02:37:51		1:02:11-30	58:42-38	1:12:19-39	36:58-36
	Ringerike OL	1042		320	252	73	470
47	<b>Vemund Hansen</b>	02:37:53	36:28-33	1:01:59-28	59:26-39		
	TIF Viking	1041	480	324	237		
48	<b>Thomas Blix</b>	02:20:41	38:29-37	1:30:14-48	1:01:28-42	1:09:14-33	40:44-43
	Sandefjord OK	1031	439	0	197	135	395
49	<b>John Tore Daland</b>	01:39:43			48:30-24	51:13-11	
	IL Imås	951			456	495	
50	<b>Svein Erik Egeland</b>	02:29:23	44:21-49	1:12:10-41		1:06:26-29	38:36-40
	Hisøy OK	950	322	120		191	437
51	<b>Jørn Sønsterudbråten</b>	01:42:26		58:32-22	43:54-14		

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
	Lillomarka OL	941		393	548		
52	<b>Marcel Birrer</b>	02:32:15	40:09-42	1:10:24-40	1:08:01-49	1:10:42-37	41:42-45
	OLG Cordoba	936	406	155	66	105	375
53	<b>Jørn Roar Bamle</b>	02:33:55	42:20-46	1:05:51-34	1:04:49-45	1:04:19-26	45:44-47
	OK Skeidi	903	362	246	130	233	295
54	<b>Øyvind Støren</b>	02:44:13			1:04:49-45	1:05:19-27	34:05-28
	Porsgrunn OL	871			130	213	528
55	<b>Tor Asbjørn Grændsen</b>	02:47:53	33:58-27	1:08:59-38	1:04:56-47		
	IK Grane	841	530	184	127		
56	<b>Asbjørn Myhre</b>	26:46	26:46-6				
	Kristiansand OK	674	674				
57	<b>Pål Elvegård</b>	28:53	28:53-15				
	Vinn IL	631	631				
58	<b>Chris Almeland</b>	02:56:37	43:01-47		1:03:31-44	1:10:05-34	
	Fana IL	623	349		156	118	
59	<b>Håkon Lohne</b>	31:21					31:21-22
	Søgne & Songdalen OK	582					582
60	<b>Asbjørn Byggland</b>	49:18		49:18-11			
	Høydalsmo IL	577		577			
61	<b>Torstein Omestad</b>	32:04					32:04-23
	Kristiansand OK	568					568
62	<b>Helge Chr. Pedersen</b>	01:48:07				1:10:12-36	37:55-39
	Alta OL	566				115	451
63	<b>Jan Aarrestad</b>	32:15					32:15-24
	Lia IL	564					564
64	<b>Dan Egil Ljådal</b>	01:51:39	34:48-30	1:16:51-45			
	IL Hauken	539	513	26			
65	<b>Magne Mathisen</b>	46:34			46:34-19		
	Porsgrunn OL	495			495		
66	<b>Rune Rosbach</b>	03:26:14	39:10-41	01:38:58-51	1:08:06-50		
	Skien OK	490	426	0	64		
67	<b>Ole Jørgen Legård</b>	37:23					37:23-37

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Odda OL	462					462
68	<b>Geir Spieler</b>	38:38					38:38-41
	IK Grane	437					437
69	<b>Martin Mikkelsen</b>	01:50:38	41:22-43		1:09:16-51		
	TIF Viking	423	382		41		
70	<b>Poltéra Flavio</b>	03:32:39	45:52-50	1:32:19-49	1:14:28-53	1:23:30-42	
	Quack OK	292	292	0	0	0	
71	<b>Øystein Henningsen</b>	47:35					47:35-49
	IL Express	258					258
72	<b>Hans Rune Bergheim</b>	01:04:56			1:04:56-47		
	Skien OK	127			127		
73	<b>Rune Egeland</b>	02:13:35	54:34-52	1:19:01-46			
	Hisøy OK	118	118	0			
74	<b>Frode Nilsen</b>	02:35:44	57:35-53	1:38:09-50			
	IK Grane	57	57	0			

### H17C

1	<b>Simen Sandelien</b>	01:59:28	21:58-9	49:56-4	34:09-1	35:23-2	27:36-2
	Heming/Njård OL	2196	659	707	750	739	699
2	<b>Per Arne Martinsen</b>	01:45:28	18:30-3	47:47-1	39:11-3	52:40-19	32:23-8
	Indre Østfold OK	2128	729	750	649	394	603
3	<b>Roar Myhre</b>	01:37:43	21:13-7	51:26-5	41:50-5	38:53-4	25:04-1
	Søgne & Songdalen OK	2101	674	677	596	669	750
4	<b>Espen Liset</b>	01:46:55	18:19-2	48:27-2	40:09-4	49:53-15	31:36-7
	OL Trollo	2098	732	736	630	449	619
5	<b>Leif Jarle Skaara</b>	01:40:08	20:47-5	49:46-3	43:36-8	50:31-17	29:35-4
	Egersund OK	2052	683	710	561	437	659
6	<b>Stian Johannessen</b>	01:54:08	24:01-12	55:15-7		34:52-1	
	IL Hauken	1968	618	600		750	
7	<b>Sigvart Bjøntegaard</b>	01:45:24	20:15-4	54:51-6		46:43-12	30:18-6
	Kongsberg OL	1947	694	608		513	645
8	<b>Morten Sørum</b>	01:52:23	27:22-16	58:10-8	38:53-2	43:30-7	30:00-5

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Raumar OL	1883	551	542	655	577	651
9	<b>Svein Per Thoresen</b>	01:55:30			43:11-7	42:57-6	29:22-3
	Alvdal IL	1821			569	588	664
10	<b>Olav Hana</b>	01:48:44	20:55-6	1:01:37-11	43:50-10	43:59-9	36:12-9
	OL Trollo	1803	680	473	556	567	527
11	<b>Samuel Hertner</b>	01:50:58	23:22-11	59:49-10	43:40-9	43:56-8	38:08-12
	OLV Baselland	1758	631	509	559	568	488
12	<b>Lars Vråle</b>	01:53:49	24:23-13	1:40:26-18	44:00-11	45:26-11	37:39-11
	IF Sturla	1702	611	0	553	538	498
13	<b>Thor Magne Sævareid</b>	01:47:18	25:47-15	1:14:49-16		40:15-5	41:16-15
	Fana IL	1651	583	209		642	426
14	<b>Tom Anders Wanvik</b>	02:09:41	22:57-10	1:04:23-13	42:21-6	51:35-18	1:06:08-23
	IF Sturla	1644	640	418	586	415	0
15	<b>Einar Odden</b>	02:11:26		1:40:40-19	47:36-14	45:19-10	38:31-14
	Drangedal OL	1503		0	481	541	481
16	<b>Kjetil Kløvstad</b>	01:58:18	24:50-14	1:12:28-15		49:59-16	43:29-17
	Sandefjord OK	1430	602	256		447	381
17	<b>Torjus Ledaal</b>	02:12:24	21:40-8			1:06:16-22	44:28-18
	Austre Moland IL	1149	665			122	362
18	<b>Kjell Erik Lima</b>	01:45:33		58:18-9	47:15-13		
	Gjesdal IL	1027		539	488		
19	<b>Harald Løvenskiold</b>	01:26:22				47:53-13	38:29-13
	IL Koll	970				489	481
20	<b>Jens Morten Hanssen</b>	01:53:25		1:06:44-14	46:41-12		
	Lillomarka OL	870		371	499		
21	<b>Stig Andersen</b>	01:31:46				48:34-14	43:12-16
	Lia IL	863				476	387
22	<b>Tom Ivar Clausen</b>	01:56:45		1:02:56-12		53:49-20	
	Larvik OK	818		447		371	
23	<b>Lars-Erik Østerud</b>	02:32:09	32:13-17	1:33:16-17	1:08:06-15	1:07:23-23	52:33-20
	IL Tyrving	753	454	0	71	99	200
24	<b>Ola Mjaaland</b>	17:27	17:27-1				

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Oddersjaa SSK	750	750				
25	<b>Bjørn Wingereid</b>	38:10				38:10-3	
	OK Skeidi	684				684	
26	<b>Svein-Tore G. Narvestad</b>	01:48:18				1:02:58-21	45:20-19
	Halden SK	532				188	344
27	<b>Per Våge</b>	37:17					37:17-10
	Varegg IL	505					505
28	<b>Ole Oppen</b>	33:35	33:35-18				
	IF Sturla	427	427				
29	<b>Ragnar Holte</b>	59:31					59:31-21
	Porsgrunn OL	61					61
30	<b>Jan Egil Johnsen</b>	01:01:34					1:01:34-22
	IL Høvdningen	20					20

### **H17N**

1	<b>Arkhan Helu</b>	02:08:08	29:25-1	53:21-1	45:22-1	37:59-2	25:21-2
	Måren OK	2250	750	750	750	490	529
2	<b>Karl-Berge Rød</b>	39:21				25:01-1	14:20-1
	Lia IL	1500				750	750

### **H21AL**

1	<b>Pål Skogedal</b>	02:15:04	28:46-1	52:18-1	54:00-1	57:10-1	30:05-3
	Nydalens SK	3000	1000	1000	1000	1000	984
2	<b>Tallak Olav Gryting</b>	01:55:50	28:52-2	55:40-5	55:14-3	1:03:28-11	31:44-6
	Kristiansand OK	2924	998	932	975	874	951
3	<b>Arild Aasheim</b>	02:20:43	32:29-10	53:28-2	54:46-2	1:12:53-33	34:12-16
	Sandnes IL	2885	925	976	984	685	902
4	<b>Edgaras Vovris</b>	02:01:28	31:21-5	56:54-6	56:51-5	58:07-2	32:00-8
	Drangedal OL	2875	948	908	943	981	946
5	<b>Bjarthe Westerheim</b>	01:56:35	30:45-4	54:39-3		1:02:01-8	31:11-5
	IL Gular	2875	960	953		903	962
6	<b>Jari Lehtonen</b>	02:23:05	32:20-9	55:26-4	56:43-4	1:05:50-16	30:56-4

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
	Finn Karelia Team	2849	928	937	945	826	967
7	<b>Esten Koren</b>	02:05:53	30:00-3	1:01:21-14	59:41-7	1:01:30-7	34:23-18
	Nydalens SK	2786	975	819	886	913	898
8	<b>Kenneth Westerheim</b>	02:03:20	31:37-7	57:59-10	57:20-6	1:08:19-22	34:23-18
	IL Gular	2774	943	886	933	777	898
9	<b>Lars Jøran Sundsdal</b>	02:31:30	32:34-11	57:32-8	1:00:41-8	1:01:24-6	34:35-22
	Lifjell OL	2734	924	895	866	915	894
10	<b>Tore Hansen</b>	02:32:04	31:22-6	57:49-9	1:02:05-10	1:02:53-10	38:12-35
	OK Skeidi	2722	948	889	838	885	822
11	<b>Helge Gisholt</b>	02:09:20	32:16-8	58:21-12	1:03:34-14	1:02:37-9	34:27-21
	Sentrum OK	2718	930	879	808	891	897
12	<b>Stein Arne Olsen</b>	02:04:55	33:15-14	57:16-7	1:03:01-13	01:13:36-35	34:24-20
	Sandnes IL	2708	910	900	819	671	898
13	<b>Sami Löfbacka</b>	02:07:24	35:05-20	58:15-11	1:04:23-15	1:06:11-17	34:04-14
	Hiisirasti	2658	873	881	792	819	904
14	<b>Steinar Lande</b>	02:08:28	35:08-22	1:00:25-13	1:04:48-16	1:05:33-15	32:55-11
	Lifjell OL	2636	872	837	784	832	927
15	<b>Øyvind Flaatten</b>	02:08:45	32:42-12	1:03:40-19	1:12:02-26	1:17:39-38	32:23-9
	OK Skeidi	2631	921	772	639	590	938
16	<b>Jørgen Frøyd</b>	02:11:11	34:13-17	1:02:12-18	1:11:16-24	1:08:49-23	34:46-23
	Nydalens SK	2583	891	802	654	767	890
17	<b>Dag Ausen</b>	02:12:52	34:27-18	1:02:04-17	1:01:06-9	1:07:58-20	37:19-33
	Porsgrunn OL	2583	886	804	858	784	839
18	<b>Jussi Pohjola</b>	02:15:38	34:52-19	1:06:57-27	1:02:16-11	1:10:25-27	38:30-36
	Finn Karelia Team	2528	878	707	834	735	816
19	<b>Jarkko Ryyppö</b>	02:15:40	40:17-39	1:10:42-35	1:02:54-12	1:11:27-31	32:29-10
	Finn Karelia Team	2527	769	632	822	714	936
20	<b>Rune Torgersen</b>	02:18:51	35:19-23			1:08:11-21	35:21-26
	IL Gular	2527	869			779	879
21	<b>Sven Arne Gylterud</b>	02:15:23	33:37-15	1:04:34-21		1:10:43-28	37:12-32
	Lillomarka OL	2499	903	754		729	842
22	<b>Vidar G. Ydse</b>	02:21:21	36:30-25	1:05:35-23		1:09:38-25	35:13-25

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	OK Sør	2476	845	734		750	881
23	<b>Ståle Sønsterudbråten</b>	02:48:54		1:03:43-20	1:05:02-17	1:03:32-12	40:20-42
	Lillomarka OL	2430		771	779	872	779
24	<b>Jon Magne Svendsbøe</b>	02:24:08	37:27-30	1:23:24-39	1:14:45-29	1:06:57-19	39:44-39
	Vikebygd IL	2421	826	378	585	804	791
25	<b>Eivind Lande</b>	02:47:54		1:01:21-14	1:10:14-21	1:06:20-18	40:13-41
	Lifjell OL	2416		819	675	816	781
26	<b>Jussi Partanen</b>	02:21:31	38:36-35	1:06:03-25	1:12:29-27	1:28:58-42	36:52-31
	Finn Karelia Team	2376	803	725	630	364	848
27	<b>Sami Virta</b>	02:22:08	38:55-36	1:07:00-29	1:11:12-23	1:13:05-34	36:13-29
	Finn Karelia Team	2364	797	706	656	681	861
28	<b>Tuukka Tuomala</b>	02:27:38	37:32-33	1:08:46-32		1:09:57-26	40:09-40
	Finn Karelia Team	2351	824	670		744	783
29	<b>Eirik Martens Svensen</b>	02:23:06	37:48-34	1:05:45-24	1:08:08-18	1:13:46-36	39:33-38
	Ås-NLH Orientering	2345	819	731	717	668	795
30	<b>Jon Arne Skrove</b>	02:48:29	37:31-32	1:01:36-16	1:09:22-19		
	Lillomarka OL	2331	825	814	692		
31	<b>Roald Hopsnes</b>	02:53:46	37:15-29	1:05:17-22	1:12:49-28	1:11:14-30	
	Fana IL	2288	830	740	623	718	
32	<b>Trond Gjelstad</b>	02:55:31	37:30-31	1:06:26-26	1:11:35-25		
	Sandefjord OK	2190	825	717	648		
33	<b>Svein Sunde</b>	02:35:44	40:04-38	1:27:25-42	1:10:14-21	1:29:35-43	45:26-48
	Ås-NLH Orientering	2126	774	297	675	351	677
34	<b>Craig Dufty</b>	02:42:29	43:48-41	1:13:52-38	1:16:29-30	1:19:16-39	44:49-47
	Western Nomads	1956	699	568	550	558	689
35	<b>Tore Kornmo</b>	01:34:59				1:01:15-5	33:44-13
	Porsgrunn OL	1829				918	911
36	<b>Lars Skretting Aurebekk</b>	01:07:02	32:43-13				34:19-17
	Oslo Studentenes IK	1820	921				899
37	<b>Leif Terje Arnevik</b>	01:37:00				1:05:10-14	31:50-7
	Kristiansand OK	1789				840	949
38	<b>Glenn Tørå</b>	01:11:22	35:42-24				35:40-27

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
	NTNUI	1733	861				872
39	<b>Bjørnar Valstad</b> Bækkelagets SPK	01:42:20 1682				1:09:15-24 758	33:05-12 924
40	<b>Dag Solberg</b> Kristiansand OK	01:48:18 1563				1:12:33-32 692	35:45-28 871
41	<b>Helge Bakkehøi</b> Østmarka OK	01:44:05 1539	37:07-27 833	1:06:58-28 706			
42	<b>Øivind Due Trier</b> Kongsberg OL	01:45:34 1509	37:08-28 832	1:08:26-31 677			
43	<b>Glenn Ager-Wick</b> IK Grane	01:45:46 1505	35:06-21 873	1:10:40-34 632			
44	<b>Geir Torgersen</b> Halden SK	01:51:26 1500				1:14:36-37 651	36:50-30 849
45	<b>Sten Åge Nygårdseter</b> IK Grane	01:51:44 1494				1:11:01-29 723	40:43-43 771
46	<b>Geir Nilsen</b> Lillomarka OL	01:47:32 1470	36:30-25 845	1:11:02-36 625			
47	<b>Frode Bakkehøi</b> Østmarka OK	01:49:35 1429	41:27-40 746	1:08:08-30 683			
48	<b>Per Olav Gulbrandsen</b> Larvik OK	02:32:01 1183			1:10:09-20 677	1:21:52-40 506	
49	<b>Sverre Johan Nærheim</b> Sørreisa Ol	02:11:59 1089				1:28:39-41 370	43:20-44 719
50	<b>Jan-Rune Larsen Basso</b> IL Skjalg	02:11:02 1011		1:26:59-41 306			44:03-45 705
51	<b>Hans Gunnar Omdal</b> Øvrebø/Vindbjart Orientering	29:18 1000					29:18-1 1000
52	<b>Vidar Solberg</b> Kristiansand OK	29:44 991					29:44-2 991
53	<b>Øyvind Helgerud</b> Halden SK	59:26 954				59:26-3 954	
54	<b>Jan Harald Bakkejord</b>	59:57				59:57-4	

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	IL Gular	944				944	
55	<b>Øyvind Hopsnes</b>	02:14:10	48:07-42	1:26:03-40			
	Nydalens SK	938	613	325			
56	<b>Roy Kristiansen</b>	34:10					34:10-15
	Oslo Studentenes IK	902					902
57	<b>Frode Balchen</b>	33:42	33:42-16				
	IL Tyrving	901	901				
58	<b>Even Lillemo</b>	35:08					35:08-24
	Wing Ok	883					883
59	<b>Jostein Moe</b>	01:04:08				1:04:08-13	
	Kristiansand OK	860				860	
60	<b>Jon Solberg</b>	37:55					37:55-34
	Lifjell OL	827					827
61	<b>Martin Halse</b>	39:05					39:05-37
	Sandefjord OK	804					804
62	<b>Asbjørn Byggland</b>	39:55	39:55-37				
	Høydalsmo IL	777	777				
63	<b>Eivind Frode Rinde</b>	44:09					44:09-46
	Lifjell OL	703					703
64	<b>Espen Marcussen</b>	46:10					46:10-49
	Nydalens SK	662					662
65	<b>Are Løseth</b>	02:53:13		1:12:52-37	1:40:21-31		
	NTNUI	661		588	73		
66	<b>Inge Lindseth</b>	01:09:36		1:09:36-33			
	Nydalens SK	654		654			
67	<b>Kjetil Hvila Solhaug</b>	04:22:44	1:01:43-43	2:16:40-43	1:57:23-32	2:03:10-46	1:04:21-50
	Kongsberg OL	640	341	0	0	0	299
68	<b>Björn Tiemann</b>	04:09:04	1:02:52-44			1:55:13-45	1:10:59-51
	OLG Stäfa	484	318			0	166
69	<b>Fredrik Jomaas</b>	01:51:32				1:51:32-44	
	IK Grane	0				0	

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
	<b>H35AK</b>						
1	<b>Egil Furua</b>	01:51:07	26:24-2	50:31-5	41:08-2	43:35-1	28:06-4
	Berger og Svelvik OL	2204	723	686	731	750	717
2	<b>Øystein Jensen</b>	02:14:00		49:23-3	40:13-1	44:24-3	
	Sarpsborg OL	2191		708	750	733	
3	<b>Magne Knudsen</b>	02:14:17	32:47-20	47:19-1	42:41-5	44:17-2	29:18-9
	Østmarka OK	2186	595	750	700	736	693
4	<b>Harald Klippenberg</b>	01:45:44	27:36-6	49:23-3	46:27-14	1:00:08-19	28:45-7
	Egersund OK	2111	699	708	625	419	704
5	<b>Sverre Ottesen</b>	01:39:35	26:58-3	53:17-10	45:53-10		26:44-2
	Varegg IL	2091	711	630	636		744
6	<b>Mads Henrik Sandnes</b>	01:58:59	33:55-22	57:00-14	42:30-3	48:20-5	28:09-5
	IL Hope	2075	572	556	704	655	716
7	<b>Svein Røseth</b>	01:42:11	27:22-4	58:18-18	46:16-12	54:30-11	28:33-6
	IL Hope	2040	703	530	629	531	708
8	<b>Pål Augland</b>	02:02:56			46:27-14	50:02-8	26:27-1
	Voss IL	1996			625	621	750
9	<b>Per Ingar Hadland</b>	02:05:28	28:53-11	51:32-7	45:03-9	48:53-6	31:29-13
	Egersund OK	1991	673	665	653	644	649
10	<b>Terje Mogstad</b>	02:05:03	34:01-23	56:53-13	46:32-18	49:36-7	28:55-8
	Fana IL	1952	570	558	623	629	700
11	<b>Rolf-Atle Rolfsnes</b>	02:09:05	32:32-19	54:16-11	44:24-7	1:01:49-22	30:25-11
	Odda OL	1947	600	611	666	385	670
12	<b>Finn Henry Lillestrand</b>	01:47:57	30:00-13		46:27-14		31:30-14
	Trøsken IL	1925	651		625		649
13	<b>Per Olav Nærestad</b>	01:57:32	28:25-8	59:05-20	52:02-27	1:03:08-24	30:02-10
	OK Sør	1874	682	514	513	359	678
14	<b>Arne Håkon Jørgensen</b>	02:11:47	27:27-5	57:49-17	46:31-17		
	Sandefjord OK	1866	702	540	624		
15	<b>Torstein Sigurjonson</b>	01:56:03	30:31-14	1:45:11-40	53:12-29	54:59-12	30:33-12
	Drangedal OL	1830	640	0	490	522	668
16	<b>Svein Nygård</b>	02:10:15	29:33-12	1:00:47-22	46:33-19	54:09-10	45:31-30

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Lillomarka OL	1821	660	480	623	538	368
17	<b>Morten Karlsen</b>	01:53:36	32:09-17	1:02:46-24	47:13-20	58:23-16	34:14-17
	Måren OK	1812	608	441	610	454	594
18	<b>Thor Inge Tollehaug</b>	01:55:40	33:09-21	1:01:35-23	50:23-24	1:17:28-34	32:08-16
	Eiker OL	1770	588	464	546	72	636
19	<b>Stein T. Paulsen</b>	02:16:40	27:53-7	57:47-16	51:00-25		
	Kongsberg OL	1767	693	540	534		
20	<b>Bjørn Inge Skage</b>	01:56:36	32:09-17	56:48-12	49:04-21	58:09-14	35:23-19
	IL Gneist	1752	608	560	573	458	571
21	<b>Robert Coward</b>	02:21:44	31:16-15	57:45-15	52:38-28	52:43-9	37:49-25
	OK Sør	1733	625	541	501	567	522
22	<b>Atle Olsen</b>	02:04:45	34:30-24	58:23-19	1:00:19-33	58:01-13	31:52-15
	Egersund OK	1730	561	528	348	461	641
23	<b>Birger Øya</b>	02:03:27	28:33-9	1:06:06-27		59:30-18	35:24-20
	Austre Moland IL	1682	680	374		431	571
24	<b>Svein Ove Båtnes</b>	02:07:16	38:44-30	52:05-8			36:27-21
	Varegg IL	1680	476	654			550
25	<b>Odd Ivar Holte</b>	02:04:21	35:45-27	1:03:42-25	45:53-10	1:01:37-21	42:43-28
	OK Skeidi	1596	536	422	636	389	424
26	<b>Arild Rørholt</b>	02:27:07	35:17-26	59:51-21	51:59-26		
	OK Skeidi	1558	545	499	514		
27	<b>Christopher Schive</b>	02:27:08	34:45-25	1:13:59-30	46:26-13	1:05:57-27	
	OK Moss	1483	556	216	625	302	
28	<b>Morten Hamre</b>	02:31:08		1:07:20-29	49:48-23	1:03:13-25	38:07-26
	IL Hauken	1431		349	558	357	516
29	<b>Jørn Petter Staff</b>	01:13:52				45:48-4	28:04-3
	IL Imås	1422				705	717
30	<b>Lars Audun Granly</b>	01:32:06		49:11-2	42:55-6		
	Nydalens SK	1408		712	696		
31	<b>Aksel Slettebøe</b>	02:13:59	40:30-32	1:05:03-26	56:52-30	1:09:43-30	36:37-22
	Søgne & Songdalen OK	1404	441	395	417	227	546
32	<b>Morten Heir</b>	01:18:02	25:03-1	52:59-9			

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	BP Stavanger	1386	750	636			
33	<b>Tormod Jensen</b>	01:33:56		51:20-6	42:36-4		
	Sarpsborg OL	1371		669	702		
34	<b>Jan Petter Holst</b>	02:17:02	28:52-10		58:44-31	1:07:02-28	49:26-31
	Varegg IL	1342	673		379	281	290
35	<b>Jon Kvisli</b>	02:24:16	31:41-16	1:15:18-31			37:17-23
	Notodden OL	1340	617	190			533
36	<b>Atle Valestrand</b>	02:27:43	37:25-29	1:35:20-36	1:05:37-35	1:18:49-35	44:41-29
	Bergens TF	1129	502	0	242	45	385
37	<b>Johannes Gjesdal</b>	02:47:12	59:30-40	1:34:17-35	49:13-22	1:07:11-29	50:48-32
	Varegg IL	1111	61	0	570	278	263
38	<b>Håkon Mogstad</b>	02:32:46	47:23-38	1:16:58-32		1:11:03-31	34:20-18
	Fana IL	1095	303	157		200	592
39	<b>Tom Blix</b>	02:48:43	45:39-36	1:22:47-33	1:00:19-33	1:02:45-23	59:24-35
	Sandefjord OK	1052	338	40	348	366	91
40	<b>Johan Mattsson</b>	02:52:25	46:38-37	1:06:39-28	59:08-32	1:25:40-36	
	Lillomarka OL	1052	318	363	371	0	
41	<b>Roy Birkeland</b>	02:37:22	40:33-33			58:20-15	58:29-34
	Søgne & Songdalen OK	1004	440			455	109
42	<b>Lars Stuland Larsen</b>	01:39:21				1:01:33-20	37:48-24
	IL Gular	913				390	523
43	<b>Jostein Slettemark</b>	02:48:24	53:08-39	1:53:07-41	1:52:40-39	1:13:58-33	41:18-27
	Varegg IL	783	188	0	0	142	453
44	<b>Ole Tom Kroken</b>	44:44			44:44-8		
	Vegårshei IL	659			659		
45	<b>Helge Omsland</b>	03:34:57	35:56-28	1:39:36-37	1:19:25-37		
	Kjose IL	532	532	0	0		
46	<b>Jan Arild Rygg</b>	02:03:45	39:16-31	1:24:29-34			
	Vinn IL	471	465	6			
47	<b>Sofus Gedde-Dahl</b>	59:14				59:14-17	
	Eiker OL	437				437	
48	<b>Arvid N. Pedersen</b>	02:03:15				1:11:22-32	51:53-33

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
	Alta OL	435				194	241
49	<b>Kai Knudsen</b>	02:25:24	41:58-34	1:43:26-38			
	Oddersjaa SSK	411	411	0			
50	<b>Geir Willumsen</b>	02:06:02				1:05:01-26	1:01:01-36
	SPK Freidig	379				321	58
51	<b>Jan Glittum</b>	44:21	44:21-35				
	OK Skeidi	364	364				
52	<b>Øyvind Styrvold</b>	03:02:35		1:44:29-39	1:18:06-36		
	Kjose IL	0		0	0		
53	<b>Guy Bromby</b>	04:58:25	1:06:31-41	2:18:57-42	1:32:57-38		1:08:23-37
	Grambian Orienteers	0	0	0	0		0
54	<b>Nikolay Slobodskoy</b>	05:44:47	1:43:37-42		1:58:33-40	2:02:37-37	1:25:46-38
	OK Mysl	0	0		0	0	0

### H35AL

1	<b>Jens Even Storhov</b>	02:12:57	29:50-2	49:59-1	49:40-4	53:08-1	28:24-2
	OL Trollelg	2985	985	1000	941	1000	985
2	<b>Arnt Ove Femsteinevik</b>	02:32:44	33:38-12	52:43-4	46:43-1	53:18-2	31:55-8
	IL Strand-Ulv	2941	909	945	1000	996	915
3	<b>Håkon Håversen</b>	01:53:01	29:05-1	53:32-6	51:42-5	56:16-7	27:40-1
	Østmarka OK	2937	1000	929	900	937	1000
4	<b>Helge Fossøy</b>	01:54:24	30:40-4			53:24-3	30:20-3
	Lia IL	2908	968			994	946
5	<b>Thor Mella</b>	02:15:01	32:33-11		48:34-2	53:54-5	
	Østmarka OK	2877	930		963	984	
6	<b>Håkon Danevad</b>	01:54:27	30:25-3	52:40-3		1:08:01-17	31:22-4
	Sentrum OK	2845	973	946		702	926
7	<b>Odd Arve Lien</b>	02:14:56	32:12-8	53:20-5	49:24-3		
	IL Tyrving	2816	937	933	946		
8	<b>Terje Urfjell</b>	02:01:08	31:14-5	56:40-7	58:29-12	57:51-9	32:03-9
	IL Imås	2774	957	866	764	905	912
9	<b>Ole Johnny Petersen</b>	01:55:19	31:18-6		52:33-6		31:28-5

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Eiker OL	2762	955		883		924
10	<b>Owen Jarvis Westergård</b>	02:06:11	35:01-14	59:32-11		57:12-8	33:58-11
	Varegg IL	2673	881	809		918	874
11	<b>Bjørn Polland</b>	02:01:08	32:28-9	1:01:17-13	53:26-7		35:14-13
	OK Skeidi	2645	932	774	865		848
12	<b>Petter Løe</b>	02:05:22	32:07-7	1:07:28-18	58:45-13		34:30-12
	Notodden OL	2561	939	650	759		863
13	<b>Jan Petter Hansen</b>	02:34:04	35:49-15	57:45-8	58:50-14	1:00:30-10	38:14-18
	IL Gular	2561	865	844	757	852	788
14	<b>Roger Birkeland</b>	02:30:09	37:04-20	58:10-10	54:55-8	1:06:11-14	37:15-16
	Fossum IF	2512	840	836	836	739	808
15	<b>Harald Kvisli</b>	02:11:08	34:45-13	1:02:58-14	1:00:55-17	1:12:03-18	33:25-10
	Notodden OL	2511	886	740	716	621	885
16	<b>Tim Griffin</b>	02:31:02	36:44-19	58:05-9	56:13-11		
	Grambian Orienteers	2495	847	838	810		
17	<b>Kai-Asser Skog</b>	02:18:16	36:42-18	1:03:47-16	1:00:42-16	1:05:32-12	36:02-15
	Finn Karelia Team	2431	847	724	720	752	832
18	<b>Ole Tørnqvist</b>	02:19:52	36:38-17	1:04:26-17	59:51-15	1:05:51-13	37:23-17
	Fana IL	2399	849	711	737	745	805
19	<b>Axel Eikner</b>	03:04:22		1:03:45-15	55:30-9	1:05:07-11	
	Fana IL	2308		724	824	760	
20	<b>Sverre Thune</b>	02:33:57	38:31-22	1:14:22-21	1:11:33-19	1:15:37-19	39:49-19
	Farum OK	2118	811	512	503	550	757
21	<b>Fred Inge Eilertsen</b>	02:55:39	43:09-23	1:11:50-19	1:04:44-18	1:07:46-16	
	Voss IL	2064	718	563	639	707	
22	<b>Asle Kvaase</b>	01:25:05				53:31-4	31:34-6
	Nydalens SK	1914				992	922
23	<b>Kim Farnes Hansen</b>	01:26:09				54:31-6	31:38-7
	Nydalens SK	1892				972	920
24	<b>Jan-Hugo Hanssen</b>	01:47:52		52:08-2	55:44-10		
	BUL-Tromsø IL	1776		957	819		
25	<b>Morten Johnsen</b>	01:49:58	37:54-21	1:12:04-20			

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Arnadal IL	1381	823	558			
26	<b>Jan Arild Johnsen</b>	32:30	32:30-10				
	IK Grane	931	931				
27	<b>Tore Ulleland</b>	36:24	36:24-16				
	Porsgrunn OL	853	853				
28	<b>Odd Arne Lian</b>	35:59					35:59-14
	Østmarka OK	833					833
29	<b>Jostein Bergane</b>	59:50		59:50-12			
	Ås-NLH Orientering	803		803			
30	<b>Bernt Rønningsbakk</b>	01:06:43				1:06:43-15	
	Liapynten	728				728	
31	<b>Noldi Schneider</b>	02:25:12		1:40:06-22			45:06-20
	OLG Stäfa	651		0			651

### H35C

1	<b>Sven Enger</b>	01:29:36	16:50-1	39:24-1	37:29-4	33:22-1	29:06-3
	Modum OK	2250	750	750	652	750	703
2	<b>Per Gunnar Straume</b>	01:18:12	18:48-2	48:57-3	32:37-1	41:54-6	26:47-1
	Drangedal OL	2210	710	559	750	579	750
3	<b>Arne Aakre</b>	01:29:08	24:37-16	48:47-2	41:41-8	35:19-2	29:12-4
	Drangedal OL	2006	594	562	568	711	701
4	<b>Knut Gjestemoen</b>	01:36:45	21:52-8	57:18-7	46:05-12	42:12-8	32:41-9
	Bergens TF	1854	649	392	480	573	632
5	<b>Øyvind Bjørkevoll</b>	01:40:17	26:12-21	58:06-9	44:24-10	47:34-17	29:41-5
	Odda OL	1768	562	376	514	466	692
6	<b>Jan Henrik Suleng</b>	01:53:16	22:36-11	50:13-4	40:27-6	44:55-11	38:16-15
	OK Moss	1760	634	533	593	519	520
7	<b>Sten Ø. Bjerke</b>	01:40:51	25:49-18	1:01:03-12	41:04-7	47:29-16	33:58-13
	Hedrum OL	1757	570	317	581	467	606
8	<b>Geir Birkeland</b>	01:53:38	20:12-4	57:29-8	35:57-3		
	Årvoll IL	1753	682	388	683		
9	<b>Trond A. Hem</b>	01:42:15	20:43-5		58:38-20	41:55-7	39:37-18

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
	Sandefjord OK	1744	672		229	579	493
10	<b>Steinar Johannessen</b>	01:41:38	25:41-17	1:13:48-19	42:58-9		32:59-10
	Oddersjaa SSK	1742	573	62	543		626
11	<b>Arild Jørgensen</b>	01:42:14	23:38-14	1:09:41-16	37:46-5		40:50-21
	Oddersjaa SSK	1730	614	144	647		469
12	<b>Knut Opdal</b>	01:50:53	23:29-13	58:59-10	44:34-11	42:50-9	39:36-17
	Holt IF	1688	617	358	511	560	493
13	<b>Helge Giil</b>	01:56:30	23:19-12	1:08:31-14	47:32-13	45:39-13	
	Rond OL	1575	620	167	451	504	
14	<b>Trygve Voll</b>	01:51:45	21:14-6		56:46-18		33:45-12
	Haugesund IL	1539	662		267		610
15	<b>Stein Røneid</b>	02:06:50	32:20-26	55:48-5	1:01:46-24	38:42-5	45:42-25
	Odda OL	1505	440	422	167	643	371
16	<b>Torgeir Brochmann</b>	02:02:26	26:58-22	1:03:03-13		57:08-23	32:25-7
	Eiker OL	1461	547	277		274	637
17	<b>Jan Trygve Jensen</b>	02:11:56	21:53-9	55:56-6	54:07-16		
	Berger og Svelvik OL	1388	649	419	320		
18	<b>Tore Karlsen</b>	02:01:28	27:35-23	1:10:00-17	1:05:19-26	51:50-19	42:03-23
	Stavanger OK	1359	535	138	96	380	444
19	<b>Jon Strøm</b>	02:18:36			50:44-14	47:18-15	40:34-19
	Hauketo IF	1332			387	471	474
20	<b>Tom Saga</b>	02:09:10	21:22-7		1:10:28-27	37:20-4	
	Skien OK	1329	659		0	670	
21	<b>Torbjørn Haugen</b>	02:05:22	24:06-15		1:00:40-22		40:36-20
	Drangedal OL	1266	604		189		473
22	<b>Øyvind Rosseland</b>	02:09:56	37:55-31	01:00:55-11	55:38-17	52:26-20	39:35-16
	Odda OL	1190	328	319	289	368	494
23	<b>Kjell Brandsberg</b>	01:15:49				44:54-10	30:55-6
	Egersund OK	1186				519	667
24	<b>Geir A. Hanevik</b>	02:28:01		1:13:29-18	53:47-15	53:22-21	40:52-22
	Fana IL	1144		68	326	350	468
25	<b>Arnfinn Sørum</b>	02:12:33	35:14-30			54:28-22	42:51-24

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Skien OK	1138	382			328	428
26	<b>Tore Arvid Eskilt</b>	01:18:49				45:13-12	33:36-11
	Hisøy OK	1126				513	613
27	<b>Leif Omstvedt</b>	01:19:31				47:03-14	32:28-8
	OK Moss	1112				476	636
28	<b>Anders Gavle</b>	02:31:12	33:41-28	1:09:05-15		48:26-18	
	Odda OL	1017	413	156		448	
29	<b>Terje Tangen</b>	02:18:57	30:58-25		1:11:30-28	59:52-24	48:07-26
	Bergens TF	1010	467		0	220	323
30	<b>Svein Solheim</b>	02:56:25	33:58-29	1:47:55-23			34:32-14
	Fana IL	1002	407	0			595
31	<b>Jan Sigurd Otterlei</b>	01:19:19	22:03-10		57:16-19		
	IF Trauma	902	645		257		
32	<b>Tor Skogstrand</b>	02:24:12	32:43-27	1:17:31-20	59:33-21	1:24:27-26	51:56-27
	Bergens TF	890	432	0	211	0	247
33	<b>Bjørn Nordvik</b>	33:26			33:26-2		
	Asker SK	733			733		
34	<b>Knut Sunde</b>	28:57					28:57-2
	Vegårshei IL	706					706
35	<b>Harald Rønningen</b>	19:34	19:34-3				
	IL Hauken	695	695				
36	<b>Jan Martin Bjerring</b>	01:30:02	29:05-24		1:00:57-23		
	Modum OK	688	505		183		
37	<b>Gunleiv Byremo</b>	01:41:07				36:54-3	1:04:13-29
	Østmarka OK	680				679	1
38	<b>Anders Aaberg</b>	26:04	26:04-19				
	Austre Moland IL	565	565				
39	<b>Trygve Jan Bjerke</b>	26:05	26:05-20				
	Hamar OK	565	565				
40	<b>Trygve Rosseland</b>	02:52:07	47:42-32	1:24:00-21	1:02:11-25	1:14:26-25	1:02:14-28
	Hisøy OK	331	132	0	158	0	41
41	<b>Torgeir Aas</b>	01:38:43		1:38:43-22			

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Notodden OL	0		0			
<b>H35N</b>							
1	<b>Per Våge</b> Varegg IL	01:16:42 2250		30:29-1 750	23:40-1 750	22:33-1 750	
2	<b>Reidar Andersen</b> Odda OL	01:01:38 2201	14:36-1 750	32:07-3 717	49:29-3 233		14:55-2 734
3	<b>Jon Eivind Vollen</b> Rond OL	01:17:41 2062		31:43-2 725	31:49-2 587	34:07-2 518	14:09-1 750
4	<b>Tor Engen</b> IL Jardar	01:19:39 1681	22:40-3 588	44:31-4 469		35:40-3 487	21:19-3 606
5	<b>Per Gudmund Økstra</b> Suldal OL	01:01:00 1013				39:05-4 419	21:55-4 594
6	<b>Jan Reidar Tokheim</b> Odda OL	17:24 694	17:24-2 694				
7	<b>Torkil Myhre</b> Sandefjord OK	51:28 171				51:28-5 171	
<b>H40</b>							
1	<b>Erlend Slokvik</b> Nydalens SK	01:51:44 3000	23:06-1 1000	44:09-1 1000	44:29-1 1000		
2	<b>Jens Kristian Kopland</b> Modum OK	02:03:29 2969	25:51-3 945	44:42-2 989	50:09-2 886	51:35-4 980	27:12-1 1000
3	<b>Tore Sagvolden</b> Østmarka OK	02:04:30 2948	26:43-6 927	46:03-3 962	50:18-3 883	50:35-1 1000	27:52-2 986
4	<b>Roar Fjeldbo</b> Sandefjord OK	02:05:10 2853	24:56-2 963	48:57-5 904	52:34-8 838	51:17-3 986	34:15-18 859
5	<b>Jens Olav Kløvrud</b> Lillomarka OL	01:44:32 2798	26:51-7 925	49:00-6 903	52:10-5 846	1:01:36-18 779	28:41-3 970
6	<b>Lars Roger Lundanes</b> Emblem IL	02:08:16 2790	26:11-5 938	49:22-7 895	52:12-6 845	52:43-5 957	33:07-11 881
7	<b>Markku Hämäläinen</b>	01:54:05	31:42-23	53:26-14	55:02-14	51:06-2	31:17-5

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Finn Karelia Team	2735	828	814	789	989	918
8	<b>Øystein Rønning</b>	02:06:48	26:03-4	48:03-4	52:42-9		
	OK Skøyнар	2698	941	922	835		
9	<b>Martin Granly</b>	01:55:55	28:38-12	50:34-9	57:18-19	56:01-7	31:16-4
	Lillomarka OL	2698	889	871	743	891	918
10	<b>Heikki Vestola</b>	01:56:26	30:43-19	54:49-16	52:12-6	53:35-6	32:08-8
	Finn Karelia Team	2688	847	786	845	940	901
11	<b>Vidar Steen</b>	01:54:38	27:29-8		54:12-11	1:00:57-14	32:57-10
	Fana IL	2602	912		805	792	885
12	<b>Kjell Markset</b>	02:01:36	28:36-11	1:03:54-28	57:58-20	1:01:20-17	31:40-7
	IL Koll	2585	890	605	730	785	910
13	<b>Tor Lohne</b>	02:12:57	29:46-14	51:21-10	51:50-4		
	Søgne & Songdalen OK	2575	866	856	853		
14	<b>Erik Bobach</b>	02:02:34	32:26-27	55:42-18	1:00:24-23	56:52-9	33:16-14
	Silkeborg OK	2565	813	769	681	874	878
15	<b>Eivind Tokheim</b>	02:02:47	31:18-22	55:09-17	1:01:35-27	57:33-12	33:56-17
	Odda OL	2561	836	780	658	860	865
16	<b>Ole-Arthur Juveli</b>	02:03:13	31:08-21	1:00:17-24	54:55-12	57:28-10	34:37-20
	Konnerud IL	2552	839	677	791	862	851
17	<b>Andreas Huber</b>	01:56:52	32:56-30	52:36-13	56:10-15	1:01:08-16	31:20-6
	Tynset IF	2551	803	831	766	789	917
18	<b>Frode Olsen</b>	01:57:19	30:42-18	57:37-20	53:22-10	1:08:12-29	33:15-13
	Nittedal OL	2549	848	730	822	647	879
19	<b>Tormod Strand</b>	02:04:25	33:20-31	1:07:26-31	57:11-17	56:35-8	34:30-19
	Måren OK	2529	795	534	746	880	854
20	<b>Erling Mysen</b>	02:16:33	29:25-13	50:03-8	57:05-16		
	Indre Østfold OK	2503	873	882	748		
21	<b>Øystein Dybesland</b>	02:02:36	32:42-29	56:44-19	1:00:29-24	1:07:18-26	33:10-12
	Søgne & Songdalen OK	2436	808	748	680	665	880
22	<b>Peer Stiansen</b>	02:10:16	32:38-28	1:08:25-34	1:12:32-38	59:42-13	37:56-26
	Nydalens SK	2411	809	514	439	817	785
23	<b>Tore Sannes</b>	02:04:08	30:05-17	58:31-22	1:06:08-30	1:08:53-30	35:32-21

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Lillomarka OL	2405	860	712	567	634	833
24	<b>Sven Undeland</b>	02:21:28	32:12-25	54:18-15	54:58-13		
	Södertälje OK	2405	818	797	790		
25	<b>Bjørn Henning Grandal</b>	02:06:26	34:20-35	52:18-12	1:01:34-26	1:04:11-20	39:48-31
	IL Tyrving	2360	775	837	658	728	748
26	<b>Arne Knudsen</b>	02:07:47	32:24-26	1:01:50-25	58:28-21	1:07:43-28	36:55-23
	IL Gneist	2339	814	646	720	657	805
27	<b>Eirik Tandrevold</b>	02:37:19		59:41-23	1:07:00-32	1:01:02-15	36:36-22
	Fossum IF	2292		689	549	791	812
28	<b>Jon Arne Grammeltvedt</b>	02:10:57	35:06-37	58:26-21	1:00:57-25	1:26:01-42	37:25-25
	Porsgrunn OL	2269	760	714	670	291	795
29	<b>Lars Harald Frugård</b>	02:35:14	29:58-16		59:19-22	1:05:57-23	45:41-37
	Stord IL	2257	862		703	692	630
30	<b>Gunnar Veastad</b>	02:39:31			1:03:58-28	1:01:55-19	33:38-16
	Lillehammer OK	2254			610	773	871
31	<b>Gaute Glemmestad</b>	02:20:41	34:14-34	1:03:52-27	1:05:55-29	1:09:13-32	37:14-24
	OL Toten-Troll	2203	777	605	571	627	799
32	<b>Tommy Sævareid</b>	02:21:49	37:08-40	1:11:38-38		1:04:46-21	39:55-32
	Fana IL	2180	719	450		716	745
33	<b>Rune Eskøy</b>	02:22:42	37:59-45	1:12:51-41		1:05:13-22	39:30-30
	Fossum IF	2163	702	426		707	754
34	<b>Ole-Herman Cappelen</b>	02:29:03	39:33-49		1:08:46-34	1:06:27-25	43:03-35
	Hisøy OK	2036	671		514	682	683
35	<b>Freddy Røed</b>	02:30:19	34:42-36	1:09:32-35	1:10:15-35	1:12:59-34	42:38-34
	OL Vallset -Stange	2011	768	492	484	552	691
36	<b>Lars Peder Vaaje</b>	02:30:41	37:27-42	1:07:41-33	1:11:26-36	1:07:33-27	45:41-37
	Marnardal IL	2003	713	529	461	660	630
37	<b>Steinar Bakken</b>	02:47:44	34:01-33	1:07:34-32	1:17:02-41	1:06:09-24	
	Lillehammer OK	2000	781	531	349	688	
38	<b>Espen Raastad</b>	02:48:07	35:25-38	1:03:34-26	1:07:09-33	1:09:08-31	
	Skien OK	1993	753	611	546	629	
39	<b>Bruno Hess</b>	02:27:47	37:36-44	1:11:35-37	1:20:36-42	1:28:21-43	38:36-28

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	OLV Hindelbank	1933	710	451	277	244	772
40	<b>Terje Johannessen</b>	02:34:48	37:14-41	1:12:13-40		1:16:41-36	40:53-33
	IL Hauken	1921	717	438		478	726
41	<b>Bård Hernes</b>	02:37:09	42:17-52	1:06:53-30		1:11:24-33	43:28-36
	Asker SK	1873	616	545		583	674
42	<b>Lars Vestvik</b>	02:40:33	42:59-55	1:33:02-49	1:13:43-39	1:18:52-38	38:42-29
	Haugesund IL	1806	602	22	415	434	770
43	<b>Nils Gunnar Gjelsten</b>	02:53:58	33:56-32	1:13:14-43	1:06:48-31		
	IL Høvdningen	1754	783	418	553		
44	<b>Arne Okkenhaug</b>	01:30:22				57:29-11	32:53-9
	Verdal OK	1748				862	886
45	<b>Rolf Fasting</b>	01:20:10	28:27-10	51:43-11			
	OK Moss	1741	893	848			
46	<b>Tore Dukefoss</b>	02:45:20	39:41-50	1:13:10-42		1:14:47-35	50:52-41
	Lillehammer OK	1710	668	419		516	526
47	<b>Don Skantze</b>	03:09:10	1:06:23-60	1:10:04-36	1:40:34-48	1:21:01-40	38:05-27
	IL Tyrving	1654	134	481	0	391	782
48	<b>Åge-Geir Skatter</b>	02:43:22	42:17-52	1:11:52-39	1:14:32-40	1:24:32-41	49:13-39
	Notodden OL	1620	616	445	399	321	559
49	<b>Rune Moian</b>	02:52:19	44:14-56	1:18:29-45	1:11:58-37	1:17:48-37	50:17-40
	Asker SK	1570	577	313	450	455	538
50	<b>Thorry Fredrik Kiær</b>	01:33:58	36:43-39		57:15-18		
	Hisøy OK	1471	727		744		
51	<b>Cay Bakkehaug</b>	03:02:40	45:37-57	1:28:17-48	1:30:56-45	1:19:49-39	57:14-42
	Sandefjord OK	1363	549	117	71	415	399
52	<b>Per Arne Røstadsand</b>	01:43:44	38:30-46	1:05:14-29			
	Nydalens SK	1270	692	578			
53	<b>Torgeir Strand</b>	01:57:47	41:29-51	01:16:18-44			
	Fana IL	989	632	357			
54	<b>Terje Dengerud</b>	27:31	27:31-9				
	Nydalens SK	911	911				
55	<b>Ove Martinsen</b>	02:03:11	39:13-48		1:23:58-44		

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Hauketo IF	887	677		210		
56	<b>Jan Blandkjenn</b>	33:31					33:31-15
	Kristiansand OK	873					873
57	<b>Jack Bjørnsen</b>	29:53	29:53-15				
	OK Hammaren	864	864				
58	<b>Geir Svendsen</b>	03:39:09	58:07-58	1:20:12-46	1:20:50-43		
	IF Sturla	851	299	279	273		
59	<b>Inge Glittum</b>	31:00	31:00-20				
	OK Skeidi	842	842				
60	<b>Vidar Benjaminsen</b>	31:52	31:52-24				
	Lillomarka OL	824	824				
61	<b>Rune Pedersen</b>	02:07:38	42:26-54	1:25:12-47			
	IK Grane	792	613	179			
62	<b>Arthur J. Olafsen</b>	03:57:19	38:46-47	1:46:48-50	1:31:45-46		
	Sandefjord OK	740	686	0	54		
63	<b>Morten Mathisen</b>	37:32	37:32-43				
	Skien OK	711	711				
64	<b>Jon Ulvensøen</b>	59:29	59:29-59				
	OK Horten	272	272				
65	<b>Pål Lund Roland</b>	04:47:08	1:06:45-61	2:04:25-51	1:35:58-47		
	IF Sturla	127	127	0	0		
66	<b>Christian Hille</b>	01:17:48					1:17:48-43
	NOTEAM	0					0
<b>H45AK</b>							
1	<b>Ørjan Valestrand</b>	01:34:08	25:02-1	41:36-1	40:51-2	46:01-3	27:30-1
	Fana IL	2250	750	750	702	600	750
2	<b>Arild Bjørkenes</b>	02:01:58		44:56-2	38:29-1	38:33-1	32:01-2
	Marnardal IL	2183		683	750	750	659
3	<b>Bjarne Gimre</b>	01:45:46	29:33-2	50:18-3	54:33-14	43:15-2	32:58-3
	Ganddal IL	1955	659	576	428	656	640
4	<b>Rune Tonaas</b>	01:52:09	32:20-7	56:50-9	45:52-3	49:28-4	33:57-4

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Bergens TF	1827	604	445	602	531	621
5	<b>Dag Sørлие</b>	02:08:57	31:29-5	51:20-5	46:08-4	59:05-10	
	Notodden OL	1773	621	555	597	339	
6	<b>Bjørn Stormoen</b>	02:00:45	31:15-4	54:02-6	52:48-12	1:02:22-16	35:28-6
	Birkenes IL	1716	625	501	463	273	590
7	<b>Audun Kjøstvedt</b>	02:02:15	33:55-10	50:58-4	51:55-9	53:21-6	37:22-8
	IL Høvdingen	1686	572	562	481	454	552
8	<b>Øistein Paulsen</b>	02:01:52	34:11-11	1:15:12-20	49:08-6	1:00:50-14	38:33-11
	Bergens TF	1633	567	78	537	304	529
9	<b>Tron Solberg</b>	02:19:13		55:18-8	47:47-5	57:32-8	36:08-7
	OK Skeidi	1617		476	564	370	577
10	<b>Bernt Johansen</b>	02:04:05	35:43-14	54:56-7	51:23-8	50:55-5	37:27-9
	Porsgrunn OL	1589	536	483	492	502	551
11	<b>Oddbjørn Mong</b>	02:08:28	32:21-8	1:00:38-13	56:05-16		40:02-13
	Egersund OK	1500	603	369	398		499
12	<b>Stein Myhre</b>	02:08:58	37:47-17	1:08:44-18	53:32-13	57:46-9	37:39-10
	IL Strand-Ulv	1491	495	207	449	365	547
13	<b>Morten Benestad</b>	02:26:34	32:04-6	58:50-11	55:40-15		
	IK Grane	1420	609	405	406		
14	<b>Kjell Almeland</b>	02:29:57	51:18-23	57:03-10	1:08:30-21	57:31-7	35:23-5
	Fana IL	1403	224	441	149	370	592
15	<b>Harald Knut Abbedissen</b>	02:29:57	30:52-3	1:09:19-19	49:46-7	1:11:22-20	1:07:58-22
	Varegg IL	1352	633	195	524	93	0
16	<b>Rolf Gunnar Bredesen</b>	02:18:23	37:38-16	1:05:58-17	1:04:53-19	1:00:33-13	40:12-14
	Fossum IF	1304	498	262	222	310	496
17	<b>Tom Pedersen</b>	02:22:54	34:11-11	1:05:13-16	1:17:23-22	1:39:34-23	43:30-17
	TIF Viking	1274	567	277	0	0	430
18	<b>Sveinung Rekaa</b>	02:23:02	34:38-13	1:03:51-14	1:37:45-25		44:33-19
	Notodden OL	1272	558	305	0		409
19	<b>Roy Gjerding</b>	02:25:32	42:04-20	59:52-12	56:58-17	59:18-12	43:36-18
	OK Moss	1221	409	384	380	335	428
20	<b>Even Tore Steinsholt</b>	02:26:04	40:06-18	1:18:13-21	1:06:09-20	1:02:36-17	43:22-16

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Lardal OL	1149	448	17	196	269	432
21	<b>Thomas Førde</b>	02:46:21	50:29-22	1:03:54-15	1:03:47-18	1:05:06-18	38:40-12
	Sveio OL	1074	241	304	244	219	526
22	<b>Torgeir Stenstad</b>	32:26	32:26-9				
	Oppsal IF	602	602				
23	<b>Arnulf Rulnes</b>	01:51:04				1:10:45-19	40:19-15
	Notodden OL	599				106	493
24	<b>Rune Hamre</b>	03:12:18	47:55-21	1:31:19-22	1:20:35-23	1:18:46-22	53:04-21
	IL Hauken	530	292	0	0	0	238
25	<b>Per Larsen</b>	36:52	36:52-15				
	Kristiansand OK	513	513				
26	<b>Reidar Vifstad</b>	52:26			52:26-10		
	IL Tyrving	471			471		
27	<b>Stein Ove Dyngeland</b>	52:39			52:39-11		
	Fana IL	466			466		
28	<b>Øyvind Hasaas</b>	40:10	40:10-19				
	OK Skeidi	447	447				
29	<b>Anders Aaberg</b>	46:27					46:27-20
	Austre Moland IL	371					371
30	<b>Peter Prydz</b>	59:12				59:12-11	
	Neverfjord IL	337				337	
31	<b>Dag Eidstuen</b>	01:00:51				1:00:51-15	
	Lillomarka OL	304				304	
32	<b>Atle Søvik</b>	02:35:00			1:22:04-24	1:12:56-21	
	IL Tyrving	62			0	62	
<b>H45AL</b>							
1	<b>Rune Berge</b>	01:32:12	25:49-3	44:49-2		42:16-1	24:07-4
	IL Tyrving	2982	993	956		1000	989
2	<b>Per Kristian Ekeberg</b>	01:33:29	26:39-4	46:33-3	43:01-2	50:29-6	23:49-3
	IL Tyrving	2959	976	921	988	835	995
3	<b>Reidar Heivoll</b>	01:35:32	27:04-6	51:41-7	44:52-4	49:31-4	23:36-1

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Søgne & Songdalen OK	2919	968	818	951	855	1000
4	<b>Arve Glittum</b>	01:35:51	26:56-5	48:31-4	43:42-3	45:07-2	25:13-6
	OK Skeidi	2913	971	882	975	943	967
5	<b>Simo-Pekka Vennelä</b>	01:55:20	25:48-2	52:01-8	42:27-1	47:05-3	28:33-15
	Finn Karelia Team	2896	993	812	1000	903	901
6	<b>Torgeir Volden</b>	01:37:18	27:34-8	54:49-11	45:58-5	1:05:20-23	23:46-2
	Løten OL	2883	958	756	929	538	996
7	<b>Morten Due</b>	01:42:38	28:24-10	51:25-6	46:58-6	1:03:24-19	27:16-10
	Måren OK	2776	941	824	909	577	926
8	<b>Jan Steineger</b>	01:44:21	27:27-7		48:32-9		28:22-14
	IL Gneist	2742	960		878		904
9	<b>Svein Linga</b>	01:44:26	30:34-16	1:04:20-26	47:20-7	1:05:16-21	26:32-7
	IL Gular	2741	898	565	902	540	941
10	<b>Arne Vilberg</b>	02:04:18	25:29-1	49:09-5	49:40-11	52:22-8	
	Lillomarka OL	2724	1000	869	855	798	
11	<b>Markku Ritanotko</b>	01:46:05	30:06-14	56:43-14	49:06-10	58:21-12	26:53-9
	Turun Metsänkävijät	2708	907	718	867	678	934
12	<b>Per Chr. Hagen</b>	01:50:57	29:03-11	53:46-10	59:57-22	1:02:32-16	28:08-12
	Lifjell OL	2614	928	777	650	594	909
13	<b>Fredrik Steiwer</b>	01:53:42	29:37-12	55:27-13	1:01:49-29	50:50-7	33:15-26
	Lillomarka OL	2552	917	743	612	828	807
14	<b>Torbjørn Evensen</b>	01:57:08	33:22-23	1:04:37-27	54:17-14		29:29-17
	Stavanger OK	2487	842	560	763		882
15	<b>Ketil Kvaale</b>	02:16:13	27:51-9	59:58-21	48:24-8		
	Høydalsmo IL	2486	952	653	881		
16	<b>Axel Damgaard</b>	01:58:59	34:03-25	1:02:48-24	53:50-13	1:06:01-24	31:06-21
	OL Trollo	2450	828	596	772	525	850
17	<b>Dag Haugland</b>	01:58:56	33:25-24	56:54-15	59:33-21	55:30-9	30:01-18
	Østmarka OK	2447	841	714	658	735	871
18	<b>Kristen Langan</b>	02:00:32	35:28-27	59:40-20	58:41-20	57:05-11	27:59-11
	OK Sør	2415	800	659	675	703	912
19	<b>Endre Hallan</b>	02:20:01	32:10-20		57:36-16	50:15-5	

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Lillomarka OL	2403	866		697	840	
20	<b>Morten Johansen</b>	02:01:25	35:07-26	59:23-18		55:57-10	30:21-19
	OK Moss	2398	807	664		726	865
21	<b>Ingar Solberg</b>	02:03:15	35:48-28	58:48-17	1:00:09-24	1:01:22-15	28:39-16
	Olderskog IL	2368	793	676	646	618	899
22	<b>Magne Vollen</b>	02:03:59	32:03-18			1:00:45-14	31:11-22
	Oslo Studentenes IK	2346	868			630	848
23	<b>Per Israelsson</b>	02:07:01	36:36-30	58:28-16	56:44-15	1:10:21-27	33:41-27
	Lillomarka OL	2289	777	683	714	438	798
24	<b>Johan T. Jensen</b>	02:08:35	32:08-19	1:16:20-34	1:03:28-33	1:12:50-31	32:59-25
	Nydalens SK	2258	867	325	579	388	812
25	<b>Thomas Hertner</b>	02:08:52	38:07-34	1:15:04-33	1:00:01-23	1:05:16-21	30:44-20
	OLV Baselland	2252	747	351	648	540	857
26	<b>Ketil Åstebøl</b>	02:09:07	36:49-31	1:02:14-23	58:22-19	1:03:01-18	33:56-28
	Oppsal IF	2247	773	607	681	585	793
27	<b>Gunnar Størset</b>	02:11:49	36:26-29	59:30-19	1:05:43-35		35:53-29
	Molde & Omegn IF	2197	781	662	534		754
28	<b>Keld Abrahamsen</b>	02:11:43	38:33-36	1:14:17-32	01:01:21-27	1:04:21-20	31:49-23
	Aarhus 1900	2195	738	366	622	558	835
29	<b>Gullik Gulliksen</b>	02:13:01	33:16-22	1:03:17-25	58:11-18	1:02:58-17	41:34-35
	Sandefjord OK	2169	844	586	685	586	640
30	<b>Svein-Harald Hansen</b>	02:16:35	46:12-43	1:02:06-22	1:13:15-37	1:07:27-25	28:17-13
	OK Silsand	2101	585	610	384	496	906
31	<b>Beat Hintermann</b>	02:35:40	29:57-13	1:07:49-28	57:54-17	1:08:46-26	
	OLG Basel	2097	910	496	691	470	
32	<b>Gisle Due</b>	02:19:07	37:49-33		1:01:11-26	1:10:31-28	40:07-34
	Måren OK	2047	753		625	435	669
33	<b>Gila Poltéra</b>	02:19:38	42:09-40	1:13:29-31	1:01:05-25		36:24-30
	Quack OK	2037	666	382	627		744
34	<b>Jarle Botnen</b>	02:19:39	44:06-41	1:26:51-36	1:03:31-34	1:11:36-30	32:02-24
	Lifjell OL	2036	627	115	578	413	831
35	<b>Geir Rognsvåg</b>	02:20:31	40:53-38		1:02:30-31	1:44:45-34	37:08-31

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Fana IL	2020	692		599	0	729
36	<b>Jan Kåre Vatne</b>	02:23:06	39:08-37		1:02:00-30	1:18:37-32	41:58-36
	Mo OK	1968	727		609	273	632
37	<b>Harald Wibye</b>	02:28:07	40:54-39	1:20:49-35	1:02:54-32		44:19-37
	OK Moss	1867	691	236	591		585
38	<b>Gunnar Brattli</b>	02:51:26	37:37-32	1:12:13-30	1:01:36-28		57:29-38
	Mo OK	1782	757	408	617		322
39	<b>Erling Strand</b>	02:34:06	44:41-42	1:12:06-29	1:13:45-38	1:11:14-29	38:11-33
	Bergens TF	1744	616	410	374	420	708
40	<b>Tore Ruud</b>	01:23:44	30:23-15	53:21-9			
	Østmarka OK	1687	902	785			
41	<b>Gunnar Halden</b>	01:47:32		55:03-12	52:29-12		
	Nydalens SK	1550		751	799		
42	<b>Helge Rustad</b>	01:35:44				58:35-13	37:09-32
	SPK Freidig	1402				673	729
43	<b>Harald Hovi</b>	42:37		42:37-1			
	Skien OK	1000		1000			
44	<b>Einar Jensen</b>	25:10					25:10-5
	Nydalens SK	968					968
45	<b>Jens Arild Kroken</b>	26:49					26:49-8
	Vegårshei IL	935					935
46	<b>Per Furuheim</b>	31:01	31:01-17				
	Skien OK	889	889				
47	<b>Karl Jørgen Songedal</b>	32:55	32:55-21				
	IL Imås	851	851				
48	<b>Svein Per Thoresen</b>	38:13	38:13-35				
	Alvdal IL	745	745				
49	<b>Ole Petter Rundhaug</b>	03:41:39		1:28:21-37	1:10:29-36	1:24:43-33	1:06:27-39
	Mo OK	733		85	439	151	143
	<b>H50</b>						
1	<b>Frode Sandersen</b>	01:29:25	24:12-2	46:47-4	36:38-3	47:13-8	28:35-6

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
	Nittedal OL	2941	978	895	982	821	981
2	<b>Jørn Torgersen</b>	01:50:42	24:58-4	42:46-2	42:00-9	39:39-2	28:17-3
	TIF Viking	2935	963	975	875	973	987
3	<b>Ivan Chorokhov</b>	01:40:30	23:07-1	49:33-12	39:05-6	38:18-1	
	OK Mysl	2933	1000	840	933	1000	
4	<b>Hans Roar Bakken</b>	01:44:55	25:22-7	43:09-3	36:24-2	40:47-3	30:33-9
	Eiker OL	2910	955	968	987	950	942
5	<b>Hugo Christensen</b>	01:32:01	27:17-13	47:02-5	37:00-4	47:24-9	27:44-2
	Notodden OL	2889	916	890	975	818	998
6	<b>Finn Ole Jørgensen</b>	01:49:47	25:18-6	48:44-7	35:45-1		
	IK Grane	2812	956	856	1000		
7	<b>Kjell Audun Sundsdal</b>	01:35:51	25:14-5	54:50-20	37:53-5	43:55-4	32:44-14
	Melum IL	2812	957	734	957	887	898
8	<b>Øyvvin Simonsen</b>	01:36:47	27:11-11	51:11-15	41:08-8	45:54-7	28:28-4
	IL Imås	2793	918	807	892	848	983
9	<b>Leif Lødeng</b>	01:37:21	26:39-8	1:03:21-29	43:03-12	51:33-13	27:39-1
	OK Moss	2783	929	564	854	735	1000
10	<b>Stein Turtumøygard</b>	01:37:34	24:45-3	55:11-21	40:55-7	56:31-16	31:54-11
	Måren OK	2778	967	727	896	635	915
11	<b>Arne Tiltnes</b>	01:41:55	26:45-9	48:45-8	42:47-11	44:50-5	30:20-8
	IL Tyrving	2742	927	856	859	869	946
12	<b>Arne Torbjørn Jørandli</b>	01:59:45	35:02-30	47:17-6	43:55-14	58:45-24	28:33-5
	Synnfjell OK	2703	761	885	836	591	982
13	<b>Ilmars Limbens</b>	01:44:06	28:35-15	52:33-17	44:06-15	45:36-6	29:55-7
	Sigulda	2698	890	780	833	854	954
14	<b>Olav Østhagen</b>	01:49:02	27:04-10	49:25-11		49:12-10	32:33-12
	OL Vallset -Stange	2665	921	842		782	902
15	<b>Kjell W. Sørensen</b>	01:58:52	27:41-14	49:06-9	42:05-10		
	IK Grane	2630	908	849	873		
16	<b>Atle Remme</b>	01:52:16	29:42-18	49:23-10	46:19-16	58:20-21	33:11-15
	Porsgrunn OL	2600	868	843	788	599	889
17	<b>Atle Alvheim</b>	01:56:51	27:15-12	50:11-13	48:27-21	57:44-18	39:25-19

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Fana IL	2508	917	827	746	611	764
18	<b>Svein Grønhovd</b>	02:12:50	29:21-16	53:21-19	49:57-23	50:08-11	40:00-20
	Modum OK	2402	875	764	716	763	753
19	<b>Inge Skjævesland</b>	01:56:53	31:31-22	1:02:17-26	47:12-18	51:04-12	38:10-18
	IF Trauma	2392	832	585	771	744	789
20	<b>Kristen Daland</b>	02:02:41	29:34-17			59:36-25	33:31-16
	IL Imås	2327	871			574	882
21	<b>Tor Mjaaland</b>	02:14:00	32:43-24	51:43-16	49:34-22		
	Oddersjaa SSK	2327	808	796	723		
22	<b>Jørg Luchsinger</b>	02:00:59	33:08-26	1:06:05-31	50:47-24	58:32-23	37:04-17
	Kongsberg OL	2309	799	509	699	595	811
23	<b>Kjell Halvorsen</b>	02:06:30	33:39-28	1:05:28-30	51:49-26		41:02-23
	Berger og Svelvik OL	2199	789	521	678		732
24	<b>Roald Omdal</b>	02:07:13	32:58-25	1:03:08-27	52:08-27	1:03:43-27	42:07-26
	Øvrebø/Vindbjart Orientering	2185	803	568	672	491	710
25	<b>Holte Arvid</b>	02:07:40	39:24-39	1:08:44-33	47:43-19	1:14:08-32	40:33-22
	Lillehammer OK	2176	674	456	760	283	742
26	<b>Willy Smedberg</b>	02:08:21	33:45-29	1:01:02-25	48:00-20	57:59-19	46:36-29
	Eiker OL	2163	787	610	755	606	621
27	<b>Ernst Kläy</b>	02:11:45	37:06-36		1:08:47-38	54:21-15	40:18-21
	OLV Hindelbank	2146	720		339	679	747
28	<b>Raimo Haapalehto</b>	02:23:33	35:11-32	55:43-22	52:39-28		
	Vetelin Urheilijat	2136	758	716	662		
29	<b>Paul Skjaker</b>	02:12:15	35:04-31	1:15:01-39	53:38-30	1:01:18-26	43:33-28
	Hadeland OL	2085	761	330	642	540	682
30	<b>Robert Zwahlen</b>	02:13:32	38:32-38	1:14:01-37	53:14-29	58:31-22	41:46-25
	OLG Biel	2058	691	350	650	595	717
31	<b>Øyvind Hoveid</b>	02:31:56	36:37-35	1:00:51-24	54:28-32	1:12:35-31	
	Porsgrunn OL	1969	730	614	625	314	
32	<b>Geir Atle Kristiansen</b>	02:20:57	33:28-27	1:14:12-38	1:13:07-39	1:04:36-28	42:53-27
	IL Gneist	1962	793	347	252	474	695
33	<b>Per Fløystad</b>	02:21:37	40:11-41	1:09:38-34	53:44-31	1:10:13-30	47:42-30

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Gjø-Vard OL	1897	658	438	640	361	599
34	<b>Åvald Bakken</b>	02:41:45	32:00-23	1:17:37-40		52:08-14	
	Froland IL	1823	822	278		723	
35	<b>Bjørn Grinde</b>	01:28:32		41:33-1	46:59-17		
	Oslo Studentenes IK	1775		1000	775		
36	<b>Svein Jarl Hansen</b>	02:46:07	46:37-45	1:03:11-28	56:19-34		59:40-33
	Voss IL	1685	530	567	588		359
37	<b>Hogne Kjærås</b>	01:23:15	30:27-19	52:48-18			
	Andebu IL	1628	853	775			
38	<b>Ola Skogstad</b>	02:40:01	37:11-37		1:05:10-36	1:21:04-35	57:40-32
	Mo OK	1528	718		411	144	399
39	<b>Øystein Lien</b>	01:30:03				58:17-20	31:46-10
	Laget IL	1517				600	917
40	<b>Øyvind Svensen</b>	01:30:17				57:34-17	32:43-13
	IL Imås	1512				614	898
41	<b>Odd Einar Larsen</b>	01:35:09	36:29-34	58:40-23			
	Lillehammer OK	1389	732	657			
42	<b>Arne Vidar Pedersen</b>	01:37:34	30:38-20	1:06:56-32			
	IL Tyrving	1341	849	492			
43	<b>Jan Erik Røed</b>	01:40:29	30:40-21	1:09:49-35			
	Sandefjord OK	1283	849	434			
44	<b>Jan Olav Ormberg</b>	03:07:57	43:07-42	1:23:53-42	1:00:57-35		
	Fana IL	1249	600	153	496		
45	<b>Frank Balchen</b>	01:56:47		1:13:21-36	43:26-13		
	Oddersjaa SSK	1210		364	846		
46	<b>Odd Utstumo</b>	03:11:16	45:50-43	1:18:34-41	1:06:52-37		
	IK Grane	1181	545	259	377		
47	<b>Finn Tysland Johnsen</b>	01:48:15	39:49-40			1:08:26-29	
	IF Trauma	1063	666			397	
48	<b>Per Arne Woldbæk</b>	01:56:00				1:14:43-33	41:17-24
	Laget IL	998				271	727
49	<b>Gunnar Dag Tørå</b>	50:50		50:50-14			

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	IK Grane	814		814			
50	<b>Arve Aardal</b>	35:50	35:50-33				
	Raumar OL	745	745				
51	<b>Sverre Valvik</b>	51:24			51:24-25		
	IK Grane	687			687		
52	<b>Karl Johan Emanuelsen</b>	03:43:36	46:18-44	1:47:01-44	1:39:14-41		1:10:17-34
	IK Grane	683	536	0	0		147
53	<b>John Arne Bauge</b>	55:14			55:14-33		
	Haugesund IL	610			610		
54	<b>Bjørn Jakobsen</b>	47:45	47:45-46				
	Molde & Omegn IF	507	507				
55	<b>Jon Isak Lunde</b>	04:12:41		1:44:56-43	1:31:43-40	1:32:49-36	56:02-31
	Drangedal OL	432		0	0	0	432
56	<b>Bernt Tollefsen</b>	55:45	55:45-47				
	Lillomarka OL	347	347				
57	<b>Harald Bøhn</b>	01:19:45				1:19:45-34	
	Kolbotn & Skimt OL	171				171	

## H55

1	<b>Helge Fossheim</b>	01:44:31	26:41-4	42:24-1	35:26-1	55:30-19	32:08-13
	Hedrum OL	2939	939	1000	1000	689	930
2	<b>Magnus Natås</b>	01:54:05	32:36-22	42:47-2	40:35-6	47:28-5	30:43-7
	Bergens TF	2847	820	992	897	849	958
3	<b>Trygve Løland</b>	02:06:07		47:18-4	38:52-3	39:57-1	
	Birkenes IL	2833		902	931	1000	
4	<b>Rolf Gjølberg</b>	01:59:51	31:28-18	46:47-3	45:15-12	42:07-2	30:57-9
	Larvik OK	2821	843	912	803	956	953
5	<b>Helge Revhaug</b>	01:47:15	27:26-6	51:11-8	46:35-16	1:05:26-33	28:38-1
	Ringerike OL	2748	924	824	777	490	1000
6	<b>Ragnar Fremmelid</b>	01:54:26	24:17-2	50:34-7	39:35-4		
	IK Grane	2740	987	836	917		
7	<b>Svein Glendrange</b>	01:41:24	25:13-3	1:04:33-24	45:50-14	58:08-23	30:21-5

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Stavanger OK	2725	968	557	792	636	965
8	<b>Svein Syversen</b>	02:00:37		48:38-6	40:13-5	58:50-25	31:46-12
	Halden SK	2716		875	904	622	937
9	<b>Tor Lea</b>	02:00:37	30:02-12	47:44-5	47:25-19	42:51-3	38:19-21
	Nydalens SK	2707	872	893	760	942	806
10	<b>Thor Palmgren</b>	01:46:57	30:12-16	52:21-10	47:06-17	45:51-4	30:54-8
	Halden SK	2704	868	801	766	882	954
11	<b>Kjell Dolva</b>	01:51:23	30:08-13	51:12-9	45:25-13	55:25-18	30:03-3
	Skien OK	2665	870	824	800	690	971
12	<b>Ronald Bjerva</b>	01:44:32	29:50-9	56:36-16	44:43-11	56:30-21	29:59-2
	Drangedal OL	2663	876	716	814	669	973
13	<b>Steinar Slettemark</b>	01:49:24	31:33-19	1:02:19-21	44:03-9	47:48-6	30:03-3
	Stord IL	2655	841	601	827	843	971
14	<b>Ragnar Hillestad</b>	01:45:02	29:27-8	1:19:02-37	44:01-8	50:36-11	31:34-11
	Lardal OL	2652	883	267	828	787	941
15	<b>Tore Berntsen</b>	01:57:24	29:54-10		36:37-2	50:53-12	
	Søgne & Songdalen OK	2631	874		976	781	
16	<b>Widar Taxth Løland</b>	01:46:30	30:00-11	1:00:00-19	44:07-10	49:39-10	32:23-14
	Lia IL	2623	872	648	826	806	925
17	<b>John Ivar Kjellevoid</b>	01:48:24	30:50-17		46:27-15	53:37-15	31:07-10
	Modum OK	2585	856		779	726	950
18	<b>Fritz Siegenthaler</b>	01:53:56	32:04-20		47:09-18	48:47-9	33:05-16
	SV Lindau	2565	831		765	823	911
19	<b>Øystein Bedford Pedersen</b>	01:54:03	33:06-23	53:49-13	1:03:12-39	48:24-7	32:33-15
	IL Express	2562	810	771	444	831	921
20	<b>Lasse Vråle</b>	01:51:05	26:44-5	57:38-17	43:45-7		40:36-23
	IF Sturla	2531	938	695	833		760
21	<b>Per Vold</b>	02:00:15	30:11-15	1:06:23-26	52:18-26	48:25-8	41:39-25
	Fana IL	2438	869	520	662	830	739
22	<b>Anders Mikkelsen</b>	02:00:34	36:30-34		49:34-23	54:34-17	34:30-20
	Berger og Svelvik OL	2341	742		717	707	882
23	<b>Rolf Palmgren</b>	02:03:24	33:40-25	1:07:22-29	49:07-22	59:40-28	40:37-24

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Porsgrunn OL	2285	799	500	726	605	760
24	<b>Ivar Skåre</b>	02:24:12		1:02:08-20	48:34-20		33:30-17
	Birkenes IL	2244		605	737		902
25	<b>Jonny Huse</b>	02:20:25	33:07-24	55:47-15	51:31-25	1:08:52-38	
	Stord IL	2220	810	732	678	421	
26	<b>Fero Lampi</b>	02:11:57	35:33-29	1:15:13-35	57:35-31	57:10-22	39:14-22
	Finn Karelia Team	2204	761	343	557	655	788
27	<b>Erling Lauvrak</b>	02:21:50	35:39-30	1:09:39-31	53:24-28	52:47-14	49:10-34
	IL Imås	2142	759	455	640	743	589
28	<b>Svein Endre Hove</b>	02:30:57		1:03:22-23	48:50-21	59:34-26	42:33-26
	Byåsen IL	2060		580	732	607	721
29	<b>Sverre P. Paulsen</b>	02:25:51	45:19-42	1:12:22-33	57:43-32	51:52-13	48:40-32
	OK Skeidi	1926	566	400	554	761	599
30	<b>Arne Brandsberg</b>	02:28:14	36:22-33	1:11:47-32	59:08-33	1:00:08-30	51:44-38
	Egersund OK	1879	745	412	526	596	538
31	<b>Tore Svein Langås</b>	02:37:46	38:30-37	1:05:23-25	53:53-29	1:04:45-32	
	Torridal IL	1873	702	540	631	504	
32	<b>Andrè Roth</b>	02:31:32	45:22-43	1:27:05-41	1:01:04-36	1:00:10-31	46:00-29
	OLG Cordoba	1812	565	106	487	595	652
33	<b>Michael Frenzel</b>	02:46:11		1:20:05-38	1:01:51-37	59:45-29	44:35-27
	Esv Lok Berlin	1756		246	471	604	681
34	<b>Svein Eliassen</b>	02:29:57	41:30-39	1:22:31-40	57:08-30		51:19-36
	Vaulen OK	1754	642	197	566		546
35	<b>Tor Sørensen</b>	01:23:31		53:03-12			30:28-6
	Eiker OL	1750		787			963
36	<b>Jan S Larsen</b>	02:45:45	38:07-36	1:06:41-27	1:00:57-35		
	IK Grane	1713	710	514	489		
37	<b>Bjørn Bratland</b>	02:55:31		1:06:43-28	1:08:09-40	59:37-27	49:11-35
	IF Trauma	1708		513	345	606	589
38	<b>Knut Hundland</b>	02:43:58	36:09-32		1:00:48-34	1:07:01-35	
	Sandefjord OK	1699	749		492	458	
39	<b>Sven G. Aurebekk</b>	02:51:40	35:44-31	1:08:52-30		1:07:04-36	

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Torridal IL	1685	758	470		457	
40	<b>Magne Moy</b>	01:23:09	30:10-14	52:59-11			
	OK Sør	1657	869	788			
41	<b>Lars Ole Larsen</b>	02:41:30	45:08-41		1:17:40-44	1:08:39-37	47:43-31
	Silkeborg OK	1614	570		155	426	618
42	<b>Nils Egil Johannessen</b>	01:29:37				55:31-20	34:06-19
	IL Høvdingen	1578				688	890
43	<b>Dagfinn Hole</b>	02:47:04	59:14-47	1:03:05-22		1:17:17-41	44:45-28
	Bergens TF	1551	288	586		253	677
44	<b>Olav Olsen</b>	01:28:29	33:54-26	54:35-14			
	IK Grane	1550	794	756			
45	<b>Trond Wettergreen</b>	01:31:28	32:27-21	59:01-18			
	Driv IL	1490	823	667			
46	<b>Ørn Midttun</b>	02:55:27	46:13-44	1:47:06-45	1:14:05-43	1:15:25-40	53:49-39
	Bergens TF	1334	548	0	227	290	496
47	<b>Sergey Chizhikov</b>	02:55:38	41:25-38	1:52:30-46		58:18-24	1:15:55-40
	OK Mysl	1331	644	0		633	54
48	<b>Rolf Mikkelsen</b>	01:32:27	43:44-40				48:43-33
	IL Imås	1196	598				598
49	<b>Odd Werner-Erichen</b>	01:55:52			1:01:55-38	53:57-16	
	Vandarringen	1190			470	720	
50	<b>Bjarte Thunold</b>	02:04:56		1:14:23-34	50:33-24		
	Porsgrunn OL	1057		360	697		
51	<b>Jens Harald Aarnes</b>	23:38	23:38-1				
	Skien OK	1000	1000				
52	<b>Erik Grorud</b>	27:56	27:56-7				
	Haslum IL	914	914				
53	<b>Ole Kr. Lauvnes</b>	33:40					33:40-18
	Kristiansand OK	899					899
54	<b>Sergey Bortnovskiy</b>	03:26:54	52:21-45	01:37:17-44	1:24:42-46	1:09:51-39	
	OK Mysl	841	425	0	14	402	
55	<b>Martin Nikolaisen</b>	03:45:48		1:20:27-39	1:19:10-45	1:06:11-34	

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	OK Skeidi	839		239	125	475	
56	<b>Floke Bredland</b>	34:20	34:20-27				
	Søgne & Songdalen OK	786	786				
57	<b>Alf Svenning Berg</b>	34:27	34:27-28				
	IL Dyre Vaa	783	783				
58	<b>Dag Pettersen</b>	37:21	37:21-35				
	IL Express	725	725				
59	<b>Einar Straume</b>	53:02			53:02-27		
	Drangedal OL	648			648		
60	<b>Odd Hesthag</b>	47:16					47:16-30
	Austre Moland IL	627					627
61	<b>Terje Dybvik Hasle</b>	02:30:13		1:17:17-36	1:12:56-41		
	Sandefjord OK	552		302	250		
62	<b>Lars Simonstad</b>	51:34					51:34-37
	Vegårshei IL	541					541
63	<b>Odd Jakobsen</b>	04:03:04	58:01-46	1:29:31-42		1:35:32-42	
	Skjåk IL	369	312	57		0	
64	<b>Arne Lande</b>	01:14:03			1:14:03-42		
	Lifjell OL	227			227		
65	<b>Anders Noddeland</b>	01:32:15		1:32:15-43			
	Austre Moland IL	3		3			
<b>H60</b>							
1	<b>Erik Engebråten</b>	01:40:25	20:13-1	44:24-1	35:48-1	39:10-1	27:25-1
	Rudsbygd IL	3000	1000	1000	1000	1000	1000
2	<b>Helge Bjaaland</b>	01:35:45	20:40-2	44:56-2	47:06-13	42:39-5	30:09-5
	Heming/Njård OL	2925	991	989	774	930	945
3	<b>Bjørn Egner</b>	01:49:48	22:40-4	46:16-4	41:36-5	40:52-4	32:55-8
	Heming/Njård OL	2879	951	962	884	966	890
4	<b>Karl Ingvald Westerheim</b>	01:50:59	23:46-9	47:54-5	40:41-2	39:19-2	32:27-6
	Stord IL	2856	929	930	902	997	899
5	<b>Odd Aure</b>	01:50:33		51:01-10	41:20-4	40:34-3	28:39-2

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Drangedal OL	2836		867	889	972	975
6	<b>Paul Biseth</b>	02:03:10	26:44-17	45:54-3	48:09-14	43:27-6	33:49-10
	Kongsberg OL	2756	869	970	753	914	872
7	<b>Öyvind Jensen</b>	02:04:41	30:31-28	50:50-9	52:20-25	44:24-8	29:27-3
	Hässleholms OK	2725	794	871	669	895	959
8	<b>Magne Klovning</b>	02:04:18	29:38-24	51:03-12	40:41-2	48:08-13	32:34-7
	Porsgrunn OL	2666	811	867	902	820	897
9	<b>Tor A. Ommundsen</b>	01:43:56	24:59-15	1:00:56-24	51:45-23	49:17-16	29:40-4
	DNVBIL	2656	904	669	681	797	955
10	<b>Bjørn Syvertsen</b>	02:01:53	23:05-8	48:44-6	57:47-28	50:04-18	41:16-17
	Øvrebø/Vindbjart Orientering	2637	942	913	560	782	723
11	<b>Tor Kvammen</b>	02:02:25	22:44-6	51:35-14		48:06-12	38:07-14
	Kongsberg OL	2626	949	856		821	786
12	<b>Steinar Ruud</b>	02:09:50	28:41-20	49:31-8	44:46-10	47:13-10	33:06-9
	Konnerud IL	2622	830	897	820	839	886
13	<b>Ingolf Dybvik</b>	02:03:00	24:21-12	51:02-11		47:37-11	58:38-28
	IL Solid	2615	917	867		831	375
14	<b>Gunnar Olsen</b>	01:51:23	24:12-11	51:15-13	54:35-27	1:06:26-31	35:56-13
	IL Imås	2612	920	863	624	454	829
15	<b>Knut Skjæveland</b>	01:55:48	22:55-7		42:36-6	50:17-19	
	Søgne & Songdalen OK	2587	946		864	777	
16	<b>Per Øystein Andersen</b>	02:20:18		51:40-15	44:26-9	44:12-7	
	Larvik OK	2580		854	827	899	
17	<b>Ivor Noot</b>	02:05:17	22:24-3	53:14-16	49:40-17	49:39-17	49:09-22
	East Pennine Orienteers	2569	956	823	722	790	565
18	<b>Åge Thorjussen</b>	01:55:04	25:25-16	54:31-18	51:24-22	51:40-20	35:08-12
	Skien OK	2538	896	797	688	750	845
19	<b>Arild Telstø</b>	02:15:22		49:30-7	50:51-20	45:44-9	40:08-16
	Øvrebø/Vindbjart Orientering	2511		898	699	868	745
20	<b>Elling Frøvoll</b>	02:06:57	31:41-30	1:14:40-36	43:31-7	48:36-15	34:50-11
	IF Sturla	2507	770	394	845	811	851
21	<b>Per Reidar Spieler</b>	02:08:37	22:43-5	56:57-19	48:57-15		

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	IK Grane	2436	950	749	737		
22	<b>Oddvar Gjelstad</b>	02:09:21	24:38-13	58:10-22	46:33-12		
	Sandefjord OK	2420	911	724	785		
23	<b>Per Fersnes</b>	02:11:53	28:32-19	57:12-20	46:09-11		
	Kristiansand OK	2370	833	744	793		
24	<b>Harald Augland</b>	01:55:28	23:46-9		51:48-24		39:54-15
	IL Høvdingen	2359	929		680		750
25	<b>Kjell Birkeland</b>	02:12:47	24:39-14	53:50-17	54:18-26		
	IK Grane	2352	911	811	630		
26	<b>Alfred Steiner</b>	02:16:50	28:47-21	58:21-23	49:42-18	55:13-23	52:01-25
	SV Lindau	2271	828	721	722	679	508
27	<b>Kjell Saastad</b>	02:37:12		1:05:14-30	43:44-8	48:14-14	
	Ski og Fotb.kl LYN	2242		583	841	818	
28	<b>Olav Strisland</b>	02:32:35		57:18-21		53:48-22	41:29-18
	Øvrebø/Vindbjart Orientering	2167		742		707	718
29	<b>Hubert Hugosson</b>	02:29:07	28:50-22	1:03:30-27	1:02:55-32	56:47-24	52:47-26
	OK Gyngje	2092	827	618	457	647	492
30	<b>Thor Edvardsen</b>	02:36:16		1:01:11-25	50:30-19		44:35-21
	Larvik OK	2026		664	706		656
31	<b>Einar Strøm</b>	02:24:44	33:41-33	1:13:08-35	51:21-21	59:42-25	1:03:57-31
	Hedrum OL	2008	730	425	689	589	269
32	<b>Arne Karlsen</b>	02:36:24	28:55-23	1:05:02-29		1:02:27-26	51:41-24
	Stavanger OK	1947	826	587		534	514
33	<b>Rolf Pedersen</b>	02:35:30			58:27-29	53:01-21	44:02-19
	Alta OL	1937			547	723	667
34	<b>Håkon Andersen</b>	02:37:50	31:34-29	1:03:23-26		1:02:53-28	
	Sandefjord OK	1918	773	620		525	
35	<b>Reidar Døskeland</b>	02:26:35	29:38-24	1:12:41-34		1:14:51-35	44:16-20
	Fana IL	1908	811	434		286	663
36	<b>Ivar Lindland</b>	02:41:44	28:31-18	1:04:48-28	1:08:15-35	1:08:25-32	
	Voss IL	1841	834	592	351	415	
37	<b>Peter Rosendahl</b>	02:31:51	29:48-26	1:21:43-38		1:10:28-34	51:35-23

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
	Øvrebø/Vindbjart Orientering	1698	808	253		374	516
38	<b>Nils Asbjørn Sunde</b>	03:08:39	1:08:04-37	1:05:37-31	1:00:22-30	1:02:40-27	
	Søgne & Songdalen OK	1613	43	575	508	530	
39	<b>Yngvar Lie</b>	02:49:21	43:18-36			1:09:09-33	56:54-27
	Hedrum OL	1348	538			400	410
40	<b>Gudmund Lykkjen</b>	03:22:39		1:09:45-33	1:07:12-33	1:05:42-30	
	Måren OK	1334		493	372	469	
41	<b>John Laukli</b>	03:05:55	41:36-35	1:26:26-40	1:07:29-34	1:16:50-36	1:22:38-33
	Konnerud IL	1184	572	159	366	246	0
42	<b>Vladimir Makarov</b>	03:03:54	40:41-34	1:21:14-37	1:18:50-36	1:30:39-38	1:01:59-30
	OK Mysl	1161	590	263	139	0	308
43	<b>Tor Ausen</b>	02:10:31		1:09:09-32	1:01:22-31		
	Porsgrunn OL	993		505	488		
44	<b>Ronald Malcom</b>	02:11:58		1:22:28-39	49:30-16		
	Larvik OK	964		238	726		
45	<b>Knut Jacobsen</b>	03:19:02	32:31-32	1:38:28-41		1:34:08-39	1:08:03-32
	Sandefjord TIF	941	754	0		0	187
46	<b>Knut Bere</b>	29:58	29:58-27				
	Volda T&IL	805	805				
47	<b>Arne Dalsøren</b>	02:01:17	32:20-31		1:28:57-37		
	IK Grane	757	757		0		
48	<b>Tellef Lillemo</b>	02:35:30				1:04:51-29	1:30:39-35
	Kongsberg OL	486				486	0
49	<b>Halvor A Lilleholt</b>	02:59:25				1:59:41-40	59:44-29
	Holt IF	353				0	353
50	<b>Jon Irgens</b>	02:48:00				1:23:35-37	1:24:25-34
	Lia IL	111				111	0
<b>H65</b>							
1	<b>Toivo Ryyppö</b>	01:28:26	20:15-1	41:49-5	31:11-1	37:00-1	25:35-1
	Finn Karelia Team	3000	1000	913	1000	1000	1000
2	<b>Axel Ingvaldsen</b>	01:38:19	21:35-4	37:29-1	33:29-4	39:15-2	28:33-4

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
	TIF Viking	2928	973	1000	954	955	940
3	<b>Magne Sandal</b>	01:38:58	24:34-7	38:42-2	31:42-3	53:45-17	28:34-5
	Fana IL	2904	913	975	989	665	940
4	<b>Arne Jordal</b>	01:32:39	24:44-9	39:20-3	40:48-14		28:35-6
	Nydalens SK	2813	910	963	807		940
5	<b>Helge Kvaase</b>	01:43:39		43:20-8	31:14-2	48:37-12	29:05-8
	Bækkelagets SPK	2812		883	999	767	930
6	<b>Finn Åge Østern</b>	01:33:54	24:43-8	41:54-6	36:06-7	46:25-10	27:17-2
	Kongsberg OL	2787	910	911	901	811	966
7	<b>Einar Jørundland</b>	01:45:06		1:14:41-31	36:00-6	40:19-4	28:47-7
	OK Sør	2772		256	903	933	936
8	<b>Arne Lie</b>	01:41:05	21:08-2	44:48-12	35:09-5		
	Stokke IL	2755	982	853	920		
9	<b>Arnfinn Bujordet</b>	01:31:44	25:24-11	44:40-11	38:02-9	48:18-11	28:18-3
	Kristiansand OK	2705	897	856	863	774	945
10	<b>Helge Halvorsen</b>	01:46:44	25:34-12	54:38-20	39:15-10	41:55-6	45:35-23
	Larvik OK	2632	893	657	838	901	600
11	<b>Asbjørn Gammelsæter</b>	02:05:45	32:29-26	44:07-10	36:12-8	45:26-8	34:47-12
	Skien OK	2597	755	867	899	831	816
12	<b>Magnar Reppesgård</b>	01:55:01	28:07-19	45:07-13	41:21-15	41:47-5	35:36-14
	Hedrum OL	2593	842	847	796	904	799
13	<b>Leiv Hope</b>	01:54:55		55:11-21	43:17-17	39:19-3	32:19-11
	Kongsberg OL	2576		646	758	953	865
14	<b>Odd Gunbjørnsen</b>	01:38:25	28:30-21	1:03:16-25	39:26-11	49:56-13	30:29-9
	Konnerud IL	2572	835	484	835	741	902
15	<b>Jens Håversen</b>	01:50:59	21:23-3	43:58-9	45:38-21		
	IK Grane	2558	977	870	711		
16	<b>Audun Myrvold</b>	01:46:37	27:55-18	41:27-4	51:33-27	1:03:45-22	37:15-17
	IFK Hedemora OK	2532	846	920	592	465	766
17	<b>Eivind Thune</b>	01:46:56	27:44-16			44:21-7	34:51-13
	OK Sør	2517	850			853	814
18	<b>Tor Drage</b>	01:59:24	24:44-9	49:16-15	45:24-20	52:33-15	39:48-19

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Haugerud IF	2389	910	764	715	689	715
19	<b>Roald Lunde</b>	02:00:40	30:11-24	56:23-22	40:24-13	50:05-14	38:56-18
	IL Hauken	2354	801	622	815	738	733
20	<b>Hans John Ellefsen</b>	01:51:14	29:53-23	54:23-18	44:56-19	1:01:21-20	36:25-16
	OK Moss	2315	807	662	725	513	783
21	<b>Sigurd Reppesgård</b>	02:13:29	37:01-29	53:29-17	40:06-12	55:18-18	39:54-20
	Hedrum OL	2214	664	680	821	634	713
22	<b>Erling Bakken</b>	02:11:09	25:56-13	54:26-19	50:47-25		
	Asker SK	2155	886	661	608		
23	<b>Einar Larsen</b>	02:16:06		1:11:29-29	47:05-22	52:57-16	36:04-15
	IF Sturla	2153		320	682	681	790
24	<b>Klaus Schlittermann</b>	01:59:57	30:32-25	1:19:18-33	44:23-18		45:02-22
	Esv Lok Berlin	2141	794	163	736		611
25	<b>Ola Kjell Ottesen</b>	02:12:45	28:27-20	56:23-22	47:55-23		
	Haugesund IL	2123	836	622	665		
26	<b>Hans Ruud</b>	02:17:53	26:24-14	58:20-24	53:09-28	1:06:56-23	
	Hamar OK	2020	877	583	560	401	
27	<b>Alf Ytterbøl</b>	02:12:23	28:53-22	1:04:17-27		59:01-19	44:29-21
	Gimle IF	2008	827	464		559	622
28	<b>Odd Anda</b>	02:11:07	27:51-17	1:17:18-32	51:00-26		52:16-26
	Østmarka OK	1917	848	203	603		466
29	<b>Ola Tellesbø</b>	01:05:05	22:56-5	42:09-7			
	Porsgrunn OL	1852	946	906			
30	<b>Sverre G. Johansen</b>	02:18:33	33:26-27		50:16-24	1:14:57-25	54:51-27
	Sauda OK	1768	736		618	241	414
31	<b>Per Lund</b>	01:09:55	24:16-6	45:39-14			
	Larvik OK	1755	919	836			
32	<b>Dagfinn Kvaase</b>	01:18:23				46:22-9	32:01-10
	IL Høvdningen	1683				812	871
33	<b>Svein Haukaas</b>	01:09:37	27:10-15		42:27-16		
	Årstad IL	1635	861		774		
34	<b>Eugeny Tarantsev</b>	02:31:02	42:12-31	1:14:04-30	57:26-31	1:13:04-24	51:24-25

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
	OK Yeisk	1519	561	268	475	278	483
35	<b>Dag Kjernsmo</b>	02:45:41	37:22-30		53:21-29	1:14:58-26	1:22:49-29
	Lillomarka OL	1453	657		556	240	0
36	<b>Harald Birkeland</b>	01:26:11	36:01-28	50:10-16			
	Årvoll IL	1430	684	746			
37	<b>Lars Damsgaard</b>	01:49:09				1:02:37-21	46:32-24
	Hisøy OK	1068				487	581
38	<b>Roald Rundberget</b>	03:20:54		1:03:23-26	54:29-30		1:23:02-30
	Kjellmyra IL	1016		482	534		0
39	<b>Harald Jahren</b>	02:03:57		1:05:31-28			58:26-28
	Bærums SK	782		439			343
40	<b>Arne B Tosseviken</b>	04:39:48	47:02-32		1:43:01-32	2:09:45-27	1:31:07-31
	Holt IF	464	464		0	0	0

## H70

1	<b>Alf Solås</b>	01:49:07	25:53-1	49:42-1	33:32-1	33:49-1	34:17-1
	Kristiansand OK	3000	1000	1000	1000	1000	1000
2	<b>Einar Strand</b>	01:48:39	1:01:33-21	1:05:45-8	33:47-2	36:39-2	38:13-2
	Høydalsmo IL	2859	286	679	995	943	921
3	<b>Helge Tvedten</b>	01:59:29	29:14-6	51:25-2	44:03-8		38:50-4
	Larvik OK	2807	933	965	789		909
4	<b>Hans Mathisen</b>	01:45:23	27:39-3	1:05:32-7	36:07-4	41:37-4	44:36-8
	Porsgrunn OL	2756	964	683	948	844	793
5	<b>Jacob H. Bøe</b>	01:51:00	30:44-7	1:22:20-15	34:55-3	45:21-5	54:36-11
	Suldal OL	2644	903	347	972	769	593
6	<b>Olaf Larsen</b>	02:09:50	28:06-4	1:00:01-6	41:43-7	1:06:16-16	1:28:12-17
	OK Skeidi	2584	955	793	836	351	0
7	<b>Karl Johan Eilerås</b>	02:10:03	32:11-9	57:02-5	40:50-5	1:03:14-14	45:22-10
	OL Trollo	2581	874	853	854	411	778
8	<b>Håkon Ervik</b>	01:55:07	28:58-5	1:32:45-19	41:26-6	1:08:38-17	44:43-9
	Haugesund IL	2571	938	139	842	303	791
9	<b>Anders Selås</b>	02:19:59	53:35-20	1:06:57-9	47:30-9	48:10-6	44:19-7

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	IL Vardild	2232	446	655	720	713	799
10	<b>Svein Ellingsen</b>	02:28:10	41:38-17	55:30-4		51:02-7	
	Fana IL	2224	685	884		655	
11	<b>Ragnar Borgen</b>	02:29:10	30:59-8	1:19:09-13			39:02-5
	Porsgrunn OL	2214	898	411			905
12	<b>Kåre Ritland</b>	02:27:21			48:55-10	58:26-8	40:00-6
	Fana IL	2084			692	507	885
13	<b>Helge Monsrud</b>	01:20:17	25:53-1	54:24-3			
	Frogner IL	1906	1000	906			
14	<b>Klaus Fröhner</b>	02:28:41	33:27-10	1:23:34-16	56:31-14	58:43-10	1:09:25-15
	MTV Dannenberg	1890	848	322	540	502	297
15	<b>Georg Lund</b>	02:34:47	37:08-15	01:17:30-11	1:23:49-19	1:00:50-13	56:49-12
	Ski og Fotb.kl LYN	1783	775	444	0	459	549
16	<b>Kåre Børresen</b>	02:34:48	42:04-18	1:20:46-14	52:09-12	1:04:30-15	1:00:35-13
	Indre Østfold OK	1777	676	378	627	386	474
17	<b>Gunnar Taxerås</b>	01:20:10				41:21-3	38:49-3
	Vegårshei IL	1758				849	909
18	<b>Rem Kouzmine</b>	02:52:48	33:53-11	1:18:13-12	1:02:29-16	1:00:42-12	1:06:39-14
	OK Mysl	1731	840	429	421	462	352
19	<b>Franz Olsen</b>	02:58:19	37:17-16	1:26:24-17	54:38-13		
	Vaulen OK	1616	772	266	578		
20	<b>Gabriel Arnfinn Lillemo</b>	02:52:37	34:45-12		1:19:18-17	58:34-9	
	IL Dristug	1411	822		84	505	
21	<b>Ernst Andorsen</b>	03:20:36	35:43-14	1:09:41-10		1:35:12-18	
	Porsgrunn OL	1403	803	600		0	
22	<b>Anders Dagestad</b>	01:35:51	46:04-19		49:47-11		
	Vaulen OK	1271	596		675		
23	<b>Lars Kr. Dyrkorn</b>	03:16:24	35:09-13	1:38:59-20	1:02:16-15		
	Eiker OL	1253	814	14	425		
24	<b>Ragnar Strand</b>	03:47:48	1:01:52-22	1:27:54-18	1:20:01-18		1:18:02-16
	IL Hauken	641	280	236	70		125
25	<b>Finn Løvgren</b>	59:41				59:41-11	

Plass	Løper	Totalt	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5
	IL Express	482				482	
<b>H75</b>							
1	<b>Martin Dreng</b> Larvik OK	02:13:44 3000	30:56-1 1000	58:19-1 1000	46:52-2 867	44:29-1 1000	42:37-3 974
2	<b>Arne Mosberg</b> IL Vardild	02:29:51 2863		1:03:03-3 905	40:13-1 1000	46:35-3 958	47:30-7 877
3	<b>Henrik Spets</b> Byåsen IL	02:33:03 2821	1:09:35-13 227	1:02:53-2 908	49:22-4 817	48:49-5 913	41:21-1 1000
4	<b>Adolf Kempf</b> KTV Altdorf	02:34:16 2796	40:27-5 809	1:05:30-4 856	55:11-6 700	45:39-2 976	43:07-5 964
5	<b>Jan Henrik Tveten</b> Oppsal IF	02:25:08 2709	34:05-3 937	1:09:27-5 777	1:08:32-9 433		41:36-2 995
6	<b>Arnulf S. Hernes</b> Frosta IL	02:20:18 2528	40:59-6 799	1:35:12-9 262	1:05:04-8 503	51:51-6 852	47:28-6 877
7	<b>Kåre Birkeland</b> Birkenes IL	02:29:28 2345	33:47-2 943	1:18:32-6 595	59:21-7 617	55:58-7 770	59:43-10 632
8	<b>Jens Bøhle</b> OL Trollo	02:31:29 2282	39:45-4 823	1:22:49-7 510	48:36-3 832	1:03:08-9 627	1:02:11-11 583
9	<b>Per Eikeland</b> OL Tønsberg & Omegn	02:33:48 2258	41:54-8 780	1:47:00-10 26	1:21:52-11 167	56:21-8 762	55:33-8 716
10	<b>Lorentz Haugland</b> Kristiansand OK	01:31:21 1889				48:29-4 920	42:52-4 969
11	<b>Magnus Watterdal</b> OL Tønsberg & Omegn	02:59:50 1715	43:44-9 744	1:51:46-11 0	53:45-5 729	1:22:21-10 242	
12	<b>Einar B. Gjestrum</b> Sandefjord TIF	01:53:31 1175	54:20-12 532				59:11-9 643
13	<b>Per Sørås</b> Fana IL	03:27:57 1153	41:04-7 797		1:17:21-10 257	1:29:32-11 99	
14	<b>Mons Hamre</b> IL Hauken	02:16:18 1058	50:12-10 614	1:26:06-8 444			
15	<b>John A. Kristiansen</b>	02:30:47	51:13-11			1:39:34-12	

<b>Plass</b>	<b>Løper</b>	<b>Totalt</b>	<b>Løp 1</b>	<b>Løp 2</b>	<b>Løp 3</b>	<b>Løp 4</b>	<b>Løp 5</b>
	Sandefjord TIF	594	594			0	
16	<b>Peder Knutsen</b>	01:23:50					1:23:50-12
	Austre Moland IL	150					150